

STUDENTS**Student Sports and Athletic Related Activities — Concussion, Head Injury and Sudden Cardiac Arrest****Concussion and Head Injury**

Consistent with Washington law, the district will utilize guidelines developed with the Washington Interscholastic Activities Association (WIAA) and other pertinent information to inform and educate coaches, advisors, students, athletes, and their parents/guardians of the nature and risk of concussions or head injuries, including the dangers associated with continuing to play after a concussion or head injury. Annually, the district will distribute a head injury and concussion information sheet to all parents/guardians of student participants in sports and identified activities.

All coaches and advisors, including volunteers, will complete training as required in [Procedure 3424P](#) to recognize warning signs and symptoms of concussion and head injury. Additionally, all coaches of competitive sport activities will comply with WIAA guidelines for the management of concussions and head injuries.

Prior to their first use of school facilities, all private nonprofit youth programs must provide a written statement of compliance with this policy in regard to concussion and head injury with proof of insurance as required by [RCW 4.24.660](#).

Sudden Cardiac Arrest

The district will work with the WIAA and the University of Washington Medicine Center for Sports Cardiology to make available an online pamphlet that provides student athletes, their parents/guardians and coaches with information about sudden cardiac arrest. To this end, the district will maintain a link on its website to the OSPI website where the online pamphlet will be posted.

Annually, prior to participating in an interscholastic athletic activity, students and their parent/guardian must review the online pamphlet and return a signed statement to the school documenting their review. This form may be combined with the annually distributed head injury and concussion information sheet referenced above.

The district will also work with the WIAA and the University of Washington Medicine Center for Sports Cardiology to make available an existing online sudden cardiac arrest prevention program for coaches. Every three (3) years, prior to coaching an interscholastic athletic activity, all coaches will complete the online program and provide a certificate of completion to the district.

Prior to their first use of school facilities, all private nonprofit youth programs must provide a written statement of compliance with this policy in regard to sudden cardiac arrest with proof of insurance as required by [RCW 4.24.660](#).

Cross references:	Board Policy 2151	Interscholastic Athletics/Activities Student Sports and Athletic Related Activities — Concussion, Head Injury and Sudden Cardiac Arrest
	Procedure 3424P	
	Board Policy 4333	Non School Use of Buildings, Grounds and Equipment
Legal references:	RCW 4.24.660	Liability of school districts under contracts with youth programs.
	RCW 28A.600.190	Youth sports—Concussion and head injury guidelines—Injured athlete restrictions— Short title

Adopted: April 20, 2010
Updated: January 2012
Revised: September 8, 2015
Updated: March 2017
Updated: February 2018