

**STUDENTS****Student Sports and Sport Related Activities—Concussion, Head Injury and Sudden Cardiac Arrest****A. Athletic Director or Administrator in Charge of Athletics Duties**

1. *Updating:* Each spring, the athletic director or designee shall review any changes that have been made in forms required for concussion, head injury and sudden cardiac arrest management by consulting with the WIAA or the WIAA Web site. If there are updated forms, they will be reviewed, and appropriate revisions made for the upcoming school year.
2. *Identifying Sports:* By June 30 of each year, the athletic director or designee will identify sport activities in the district for which compliance with [Board Policy 3424](#) is required. Prior to the beginning of the season, the district's [Policy 3424](#) and [Procedure 3424P](#) will be distributed to all coaching staff and volunteers.

**B. Coach and Advisor Training**

All coaches and advisors supervising events which resemble a sport or athletic activity shall complete training in head injury and concussion management prior to student participation. The training shall occur at least once every two (2) years by one of the following means:

1. Through attendance at a WIAA or similar clock hour presentation which uses WIAA guidelines;
2. By completing WIAA online training; or,
3. By completing a district sponsored training utilizing WIAA materials.

All coaches will undergo training in sudden cardiac arrest prevention every two (2) years by completing an online program developed by the WIAA and the University of Washington Medicine Center for Sports Cardiology and providing proof of completion of same to the district.

**C. Parent Information and Student Permission**

1. *Sports and Athletic Activities:* On a yearly basis and prior to the student's initiating practice or competition, a concussion and head injury information form shall be signed and returned by the student and the student's parent/guardian. The information sheet will also incorporate a statement attesting to the student and parent/guardian's review of the online pamphlet on sudden cardiac arrest posted on the OSPI website. The statement must be signed by both the student and parent. This information may be incorporated into the Athletic Eligibility or parent permission form which allows students to participate in extracurricular athletics.

2. *Special Event Athletic Activities:* When a school offers a special event that resembles a sport or athletic activity, a concussion, head injury and sudden cardiac arrest information form shall be signed and returned by the student and the student's parent/guardian prior to the student's participation in the activity. This information may be incorporated into the parent permission form which allows students to participate in the special event.

**D. Suspected Injury**

1. *Removal from Play When Concussion or Head Injury Suspected:* A student who is suspected of sustaining a concussion or head injury in a practice, game or event or one who exhibits symptoms of sudden cardiac arrest shall be immediately removed from play.
2. *Return to Play after Concussion, Head Injury or Symptoms of Sudden Cardiac Arrest:* A student who has been removed from play may not return to play until the student is evaluated by a licensed health care provider trained in the evaluation and management of concussion and sudden cardiac arrest and receives written clearance to return to play from that health care provider. The health care provider may be an approved volunteer.

Cross reference:

[Board Policy 3424](#)

Student Sports and Athletic Related  
Activities – Concussion and Head  
Injuries

Adopted: April 2010  
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