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### **ECEAP and Developmental Preschool – AM/PM sessions**

*In what range of ways can I expect the teacher to engage my student in the “learning zone”?*

- Post daily or weekly schedule of lessons
- Communicate with the classroom through Zoom, via phone or through email
- Assign independent work; tutorials
- Provide feedback on daily work
- Hold “Office hours” (open-ended; student specific needs; student/parent consultation)
- Differentiate outreach (teacher to student); individual or group assistance
- Provide flexible options for families who need a different schedule

*What should my student and I be doing in the learning zone?*

- Visit classroom website to access scheduled lessons
- Communicate with teacher(s) and complete assignments or activities
- Aim to engage in one activity per area of focus (reading, math, science, social-emotional)
- Talk, talk, talk with your child! Conversations and questions encourage language development
- Limit screen time and keep activities hands-on, active, and engaging
- Remember you are your child’s first teacher and your interactions and play encourage brain development

*How should my student engage in learning outside of the learning zone?*

- Learning, as a continuous process, should happen throughout the day and can be student/family initiated in addition to teacher assigned
- Exercise; students need physical activity and mental breaks each day

*What is the commitment to completing independent work?*

- The Office of the Superintendent of Public Instruction (OSPI) recommends the student commitment for each day should not exceed 30 minutes for PreK students. This is not a maximum number of minutes a student should be engaged in learning per day. Required independent work assigned by your teacher (not counting instruction, such as Zoom class meetings) should be able to be completed within these guidelines.
- If you or your child are concerned over the workload assigned, please connect with your teacher. The common approach in these uncommon times is to keep the social-emotional needs of our students and families in the forefront; to monitor and adjust the “just right” approaches for new learning with students’ and families’ unique situations in mind.

## Sample daily schedule – PreK students

<b>Time</b>	<b>M</b>	<b>T</b>	<b>W</b>	<b>Th</b>	<b>F</b>
<b>8:00-9:00</b>	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
<b>9:00-11:30</b>  <b>“Learning Zone”</b>	Teachers engage students in learning: e.g., circle time, student learning activities	Teachers engage students in learning: e.g., circle time, student learning activities	Teachers engage students in learning: e.g., circle time, student learning activities	Teachers engage students in learning: e.g., circle time, student learning activities	Student independent work at home
<b>11:30-1:00</b>	Lunch and Physical Activity	Lunch and Physical Activity	Lunch and Physical Activity	Lunch and Physical Activity	Lunch and Physical Activity
<b>1:00-2:00</b>	Independent work / connect with teachers as necessary	Independent work / connect with teachers as necessary	Independent work / connect with teachers as necessary	Independent work / connect with teachers as necessary	Open choice at home; arts/crafts
<b>2:00-3:30</b>	Time to explore something they have always wanted to learn about	Time to explore something they have always wanted to learn about	Time to explore something they have always wanted to learn about	Time to explore something they have always wanted to learn about	Time to explore something they have always wanted to learn about