

## **High School**

*In what range of ways can I expect teachers to engage my student in the learning “periods”?*

- Post daily or weekly schedule of lessons
- Communicate with the classroom through Zoom, via phone or through email
- Assign independent work; tutorials
- Provide feedback on daily work
- Hold “Office hours” (open-ended; student specific needs; student/parent consultation)
- Differentiate outreach (teacher to student); individual or group assistance
- Provide flexible options for families who need a different schedule

*What should my student be doing in the learning periods?*

- Visit classroom website to access scheduled lessons
- Communicate with teacher(s) and submit completed assignments

*How should my student engage in learning outside of the learning periods?*

- Learning, as a continuous process, should happen throughout the day and can be student/family initiated in addition to teacher assigned
- Exercise; students need physical activity and mental breaks each day

*What is the commitment to completing independent work?*

- Washington state’s Office of the Superintendent of Public Instruction (OSPI) recommends the student commitment for each day in grades 9-12 should not exceed 3 hours. This is not a maximum number of minutes a student should be engaged in learning per day. Required independent work (not counting instruction) should be able to be completed within these guidelines.
- If you or your child are concerned over the workload assigned, please connect with your teachers. The common approach in these uncommon times is to keep the social-emotional needs of our students and families in the forefront; to monitor and adjust the “just right” approaches for new learning with students’ and families’ unique situations in mind.

## Sample daily schedule – High school students

Time	M	T	W	Time	Th	F
<b>8:00-9:00</b>	Breakfast & independent reading	Breakfast & independent reading	Breakfast & independent reading	<b>8:00-9:00</b>	Breakfast & independent reading	Breakfast & independent reading
<b>9:00-10:00</b>	Independent work / connect with teachers as necessary	Independent work / connect with teachers as necessary	Independent work / connect with teachers as necessary	<b>9:05-9:50</b>	<i>5 min. transition</i>	
					Period 1 (45 min.)	Period 4 (45 min.)
<b>10:00-11:30</b>	Period 1	Period 3	Period 5	<b>9:55-10:40</b>	<i>5 min. transition</i>	
					Period 2 (45 min.)	Period 5 (45 min.)
					<i>5 min. transition</i>	
<b>11:30-1:00</b>	Lunch and Physical Activity	Lunch and Physical Activity	Lunch and Physical Activity	<b>11:30-1:00</b>	Lunch and Physical Activity	Lunch and Physical Activity
<b>1:00-2:30</b>	Period 2	Period 4	Period 6	<b>1:00-2:30</b>	Independent work / connect with teachers as necessary	Independent work / connect with teachers as necessary
<b>2:30-3:30</b>	Independent work / connect with teachers as necessary	Independent work / connect with teachers as necessary	Independent work / connect with teachers as necessary	<b>2:30-3:30</b>	Independent work / connect with teachers as necessary	Independent work / connect with teachers as necessary