



Menu Cycle & Pick-up Days	Home Delivery Day	Breakfast Meal Kit	Café Select Meal Kit (Curbside Only)	Vegetarian Meal Kit (Curbside & Home Delivery)	Grab & Go Meal Kit (Curbside & Home Delivery)
September 9-15 Pick-up Day September 9	W TH F M T	Banana Bread Mini Cinnamon Roll Strawberry Oatmeal Bar Cold Cereal Breakfast Bar	Not available this week	Not available this week	Protein Pack Cheese Pizza Turkey & Cheese Sandwich Yogurt Combo PB&J Combo
September 16-22 Pick-up Day September 16	W TH F M T	Banana Bread Mini Cinnamon Roll Strawberry Oatmeal Bar Cold Cereal Breakfast Bar	Orange Chicken Cheese Pizza Yogurt Combo Chicken Strips Beef Nacho Kit	Protein Pack Yogurt Combo Cheese Pizza Vegetarian Nuggets Cheese Nacho Kit	Protein Pack Cheese Pizza Turkey & Cheese Sandwich Yogurt Combo PB&J Combo
September 23-29 Pick-up Day September 23	W TH F M T	Banana Bread Mini Cinnamon Roll Strawberry Oatmeal Bar Cold Cereal Breakfast Bar	Ravioli with Cheese Personal Pizza Cheesy Garlic Ripper Chicka Boom Sandwich Chicken Quesadilla Kit	Ravioli with Cheese Personal Pizza Cheesy Garlic Ripper Chicka Boom Sandwich Cheese Quesadilla Kit	Protein Pack Cheese Pizza Turkey & Cheese Sandwich Yogurt Combo PB&J Combo
September 30-October 6 Pick-up Day September 30	W TH F M T	Banana Bread Mini Cinnamon Roll Strawberry Oatmeal Bar Cold Cereal Breakfast Bar	Cheeseburger Cheese Pizza Chicken Drumstick French Bread Pizza Spaghetti	Yogurt Combo Cheese Pizza Protein Pack French Bread Pizza Spaghetti	Protein Pack Cheese Pizza Turkey & Cheese Sandwich Yogurt Combo PB&J Combo

**PRE-ORDER MEAL KITS**

Choose one of two ways to receive your FREE pre-ordered meal kits. Meals are free to all children ages 1-18. They do not need to be enrolled with the school district.

- Curbside Pick-Up**
  - 5 breakfast, 5 lunches per child
  - 3 meal kit options
  - Pick-up on Wednesday
  - Children do not need to be present-be ready to provide their name and ages
  - Pre-order recommended [everettsd.org/page/37760](http://everettsd.org/page/37760)
- Home Delivery**
  - 1 breakfast, 1 lunch per child
  - Meals delivered daily Wednesday thru Tuesday
  - Must commit to the 5 days
  - 2 meal kit options
  - Pre-order is required [everettsd.org/page/37760](http://everettsd.org/page/37760)

- \* Pre-order form opens each week on Wednesdays at 3:00 p.m. and closes Mondays at noon
- \* Be ready to provide student name and age when picking up meals
- \* All meal kits will include fruit, veggies and side for each day
- \* Only choose one way to pre-order per week.
- \* Please see the back of this menu for frequently asked questions

**SCHOOL SITE WEDNESDAY PICK-UP**

USE CURBSIDE PICK-UP PRE-ORDER

Sites listed in Morning or Evening will also have a Midday pick-up time. Check the website or pre-order form for exact times.

Morning	Midday	Evening
Forest View	Evergreen	Cedar Wood
Hawthorne	Garfield	Emerson
Jefferson	Lowell	Penny Creek
Monroe	Mill Creek	View Ridge
Silver Lake	Morning/Evening sites	Whittier

**PRE ORDER ONLINE AT**  
[WWW.EVERETTS.D.ORG/PAGE/37760](http://WWW.EVERETTS.D.ORG/PAGE/37760)

Locations, times and menu are subject to change without notice. This institution is an equal opportunity provider.

**APARTMENT DAILY PICK-UP**

USE HOME DELIVERY PRE-ORDER FORM

Apartments listed below require 5 day commitment. Meals will be delivered daily based on the Wednesday-Tuesday menu.

11:30-12:00	12:15-12:45
District Apts.	Canyon Creek Apts.
Housing Hope	Heatherwood Apts.
New Century Village	Hope Works
River View Apts.	Mill Pointe Apts
	Trailside Apts.

## SCHOOL MEAL PICK UP FREQUENTLY ASKED QUESTIONS

**Q: Do we need to pre-order our meals?**

A: Yes. Please use the Meal Pre-Order form found on the district website to order your meals in advance. This allows us to provide contactless curbside service.

**Q: Will home deliveries be available?**

A: Yes. Pre-order is required for home delivery.

**Q: Can I pick up a meal kit if I didn't pre-order?**

A: Each location will have extra meal kits on hand but there are no guarantees that your preferred choice will be available.

**Q: Do I have to pick meals up at the school my student is enrolled in?**

A: No, meals can be picked up at any of our listed locations.

**Q: My student will be attending childcare at a school location. Can they get meals?**

A: Yes. If your childcare site is receiving free school meals, you cannot do curbside or home delivery meal kits as that would duplicate meals which is not allowed

**Q: Who can pick up the meals?**

A: The person who completed the pre-order form which could include parent, guardian or even the student. Students do not need to be present when picking up meals.

**Q: What if my child can't drink milk or has a medically diagnosed food allergy?**

A: Soy milk is offered at each of our meal pick-up sites. Further dietary accommodation requests require medical documentation. Please contact Jenna Lewis for further details: [JLewis@everettsd.org](mailto:JLewis@everettsd.org)

**Q: Can I receive a meal kit for a child that does not attend Everett Public Schools?**

A: Yes. Meal kits are FREE for ALL children ages 1-18 regardless if they attend Everett Public Schools or not. This is a waiver that has been extended to December 31 2020.

**Q: Do I need to provide identification?**

A: No, we do not require identification. You will only need to provide the name and age of the children.

**Q: When can I pick up meals?**

A: You can pick up meals on Wednesdays. Times are listed on our website and the pre-order form.

**Q: What if I can't make my pick up time or location that I originally selected?**

A: You can go to a different location or time slot that day or call the Food & Nutrition department to discuss possible alternate arrangements.

**Q: Can I pick up only 1 day worth of meals or just breakfast?**

A: No. At this time we are only doing 5 day meal kits. You will receive 5 days worth of breakfast and lunch on pick-up day.

**Q: Are the meals free?**

A: Yes. Meals are free for all children ages 1-18 until December 31. We encourage you to still apply for free or reduced lunch online at <https://frapps.horizonsolana.com/EVEP01>. Free and reduced approved applications help fund other programs and can also help waive other fees for your family.

Further Questions? Call 425-385-4380 or email [foodservices@everettsd.org](mailto:foodservices@everettsd.org)