Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Date\_\_\_\_\_\_\_\_\_\_\_\_\_\_Period\_\_\_\_\_\_\_

**Pregnancy Unit Quiz**

**Please write the letter that best represents the stages of labor in FRONT of the number.**

**Stages of Labor**

1. First Stage B. Second Stage C. Third Stage

\_\_\_1. Involves little or no discomfort.

\_\_\_2. Episiotomy may be performed.

\_\_\_3. At the beginning of this stage, contractions are about 2-4 minutes apart.

\_\_\_4. Relaxation is important to prevent muscles from tightening.

\_\_\_5. Mother may be asked to bear down to help baby along.

\_\_\_6. Shortest stage

\_\_\_7. Baby moves down into the lower pelvis and into position for birth.

\_\_\_8. Near the end of this stage, contractions are strong and frequent.

\_\_\_9. Longest stage

\_\_\_10. Baby is born

\_\_\_11. Uterus contracts to deliver placenta

\_\_\_12. Cervix dilates and becomes thinner

13. Please list **FOUR** signs/symptoms of pregnancy

1.

2.

3.

4.

14. Please list **FOUR** considerations for expectant MOMs to be Careful of.

1.

2.

3.

4.

**T/F- Please put a T or F in FRONT of the number of the statement.**

\_\_\_15. A baby always starts out as a Zygote.

\_\_\_16. After being a Zygote the next stage is the fetus stage.

\_\_\_17. A full term pregnancy is 36 weeks.

\_\_\_18. The first three months of a pregnancy is where all the vital organs are

forming.

\_\_\_19. Pregnancy is broken up into quarters.

\_\_\_20. By the ninth month the mother gains a pound a week.