

Screen Out the Mean

* DID YOU KNOW ...

Being nice to other people not only makes them feel happy, but it makes you happier too!

Match the words to their definitions

caution	the words you use to search for information about a topic
digital footprint	the information about you on the Internet
cyberbullying	to be careful
keywords	doing something on the Internet, usually again and again, to make another person feel angry, sad, or scared

* WHAT DO YOU THINK?

What is the most important thing to do if someone starts cyberbullying you?

* DO YOU REMEMBER ...

What you can do when someone is mean to you online?

1. Family Activity

With a parent or family member, read the following two dilemmas. First, think together about how the kids in the stories might feel when this happens. Then, use the S-T-O-P rules to describe how they should respond. --> Kyle keeps getting IMs from someone saying means things about him. The person who is sending the messages doesn't use a real name, but Kyle can tell the messages are coming from someone who also makes fun of him at school in gym class. --> Sasha is a new girl at school, and she's making a lot of friends. Then Sasha finds out that another girl sent around an email that had a picture of a cow with Sasha's name on it.

2. Tech It Up!

On YouTube, watch Sesame Street's "Because We're Friends" song (<https://www.youtube.com/watch?v=SAjXikmipv4>). What do the Muppets in the video do because they're friends? What do you think friends should do if another friend is being cyberbullied?

3. Common Sense Says ...

If someone is cyberbullying you, remember the S-T-O-P rules!

S: Stop using the computer until it's safe.

T: Tell an adult you trust.

O: Go Online only when a trusted adult says it's OK

P: Play online only with kids who are nice.