

**PRICES:**

Student Lunch	\$3.25
Reduced Lunch	\$0.40
Student Breakfast	\$1.50
Reduced Breakfast	FREE
Adult Lunch with drink	\$4.25

MARCH

HIGH SCHOOL MENU

#EPS_Cafe

2019-2020

Prepay online at:

www.mypaymentsplus.com

- Make checks payable to: Everett Public Schools.
- Second meals for ALL students are full price.

Monday	Tuesday	Wednesday	Thursday	Friday
2 Orange Chicken or Chicken Teriyaki Vegetable Stir Fry Fresh & Canned Fruit Crisp Veggies & Dip	3 Pulled Chicken Sandwich Coleslaw Fresh & Canned Fruit Crisp Veggies & Dip	4 Orange Chicken or Teriyaki Beef Dippers Steamed Broccoli Fresh & Canned Fruit Crisp Veggies & Dip	5 Turkey Gravy over Mashed Potatoes with Homemade Roll Green Beans Fresh & Canned Fruit Crisp Veggies & Dip	6 Chef's Choice. Check with your school. Fresh & Canned Fruit Crisp Veggies & Dip
9 Orange Chicken or Beef & Broccoli Steamed Broccoli Fresh & Canned Fruit Crisp Veggies & Dip	10 Pasta Bar Spaghetti or Alfredo & Garlic Toast Classic Caesar Salad Fresh & Canned Fruit Crisp Veggies & Dip	11 Orange Chicken or General Tso Chicken Vegetable Stir Fry Fresh & Canned Fruit Crisp Veggies & Dip	12 Chicken Drumstick, Mashed Potatoes with Homemade Roll Green Beans Fresh & Canned Fruit Crisp Veggies & Dip	13 Chef's Choice. Check with your school. Fresh & Canned Fruit Crisp Veggies & Dip
16 Orange Chicken or Chicken Teriyaki Vegetable Stir Fry Fresh & Canned Fruit Crisp Veggies & Dip	17 Toasted Cheese Sandwich Tomato Soup Fresh & Canned Fruit Crisp Veggies & Dip	18 Orange Chicken or Teriyaki Beef Dippers Steamed Broccoli Fresh & Canned Fruit Crisp Veggies & Dip	19 Turkey Gravy over Mashed Potatoes with Homemade Roll Green Beans Fresh & Canned Fruit Crisp Veggies & Dip	20 Chef's Choice. Check with your school. Fresh & Canned Fruit Crisp Veggies & Dip
23 Orange Chicken or Beef & Broccoli Steamed Broccoli Fresh & Canned Fruit Crisp Veggies & Dip	24 Beef Philly Sandwich with Tater Tots Classic Caesar Salad Fresh & Canned Fruit Crisp Veggies & Dip	25 Orange Chicken or General Tso Chicken Vegetable Stir Fry Fresh & Canned Fruit Crisp Veggies & Dip	26 Chicken Drumstick with Potato Salad & Biscuit Baked Beans Fresh & Canned Fruit Crisp Veggies & Dip	27 <i>Full Day</i> Chef's Choice. Check with your school. Fresh & Canned Fruit Crisp Veggies & Dip
30 Orange Chicken or Teriyaki Chicken Vegetable Stir Fry Fresh & Canned Fruit Crisp Veggies & Dip	31 Pasta Bar Spaghetti or Alfredo & Garlic Toast Classic Caesar Salad Fresh & Canned Fruit Crisp Veggies & Dip	Ala Carte Items: Whole Grain Cookie \$0.35 Baked Chips \$0.85 Naked Juice \$2.00 12 oz Juices \$1.35 Milk or Juice \$0.55		Breakfast is Offered Daily! Breakfast is served before school for only \$1.50; students who qualify for free or reduced-price meals eat breakfast at no charge. Menu on backside.



Additional Daily Entrée Choices

Pizza & Cold Grab n' Go

- Cheese Pizza
- Specialty Pizza
- Pepperoni Pizza
- Protein Pack
- Yogurt Parfaits

**Hot Grab n' Go Line**

- Hamburger
- Chicken Burger
- Fishwich
- Chicken Strips
- Cheese Dippers
- Daily Rotating Item



My Payments Plus is your way to stay informed of your meal account. Create a **FREE** account at: www.mypaymentsplus.com

- To receive **low balance push notifications**
- Make **reoccurring automatic payments**
- **Prepay** (small fee for online payments & automatic payments)
- View meal history purchases

Made to Order Salads & Wraps

Select from a variety of fresh ingredients like:

- Lettuce
- Tomatoes
- Cucumbers
- Carrots
- Broccoli
- Peas
- Beans
- Chicken
- Homemade Dressing

**Made to Order Fiesta Line**

Create your own nachos, taco salad, burrito or rice bowl by choosing from a variety of fresh ingredients like:

- Lettuce
- Cheese
- Onions
- Tomatoes
- Black olives
- Beans
- Corn
- Jalapeños
- Salsa & Sour Cream
- Beef or Chicken

