Everett Public Schools



**NJROTC CTSO**

**WASHINGTON STATE CAREER AND TECHNICAL EDUCATION**

**Core Leadership Skills**

**The leadership skills listed in the three categories below are the core leadership skills that students should be able to demonstrate prior to their completion of a Career and Technical Education program. These core leadership skills are common to all of the recognized Washington Career and Technical Student Organizations. When planning an individual course, districts may choose which core leadership skills from each category will be addressed in that course. Upon completion of a program (sequence of courses), students will be able to demonstrate knowledge and skills in all of the leadership competencies. All students will apply leadership skills in real-world, family, community, and business and industry applications.**

**Leadership: Individual Skills**

1.1 The student will analyze, refine, and apply decision-making skills through classroom, family, community, and business and industry (work related) experiences.

1.2 The student will identify and analyze the characteristics of family, community, business, and industry leaders.

1.3 The student will demonstrate oral, interpersonal, written, and electronic communication and presentation skills and understands how to apply those skills.

1.4 The student will be involved in activities that require applying theory, problem-solving, and using critical and creative thinking skills while understanding outcomes of related decisions.

1.5 The student will demonstrate self-advocacy skills by achieving planned, individual goals.

1.6 The student will conduct self in a professional manner in practical career applications, organizational forums, and decision-making bodies.

**Leadership: Group Skills**

2.1 The student will communicate, participate, and advocate effectively in pairs, small groups, teams, and large groups in order to reach common goals.

2.2 The student will demonstrate knowledge of conflict resolution and challenge management.

2.3 The student will analyze the complex responsibilities of the leader and follower and demonstrate the ability to both lead and follow.

2.4 The student will demonstrate skills that assist in understanding and accepting responsibility to family, community, and business and industry.

2.5 The student will demonstrate a working knowledge of parliamentary procedure.

2.6 The student will use knowledge, build interest, guide and influence decisions, organize efforts, and involve members of a group to assure that a pre-planned group activity is completed.

2.7 The student will demonstrate the ability to train others to understand the established rules and expectations, rationale, and consequences and to follow those rules and expectations.

2.8 The student will demonstrate the ability to incorporate and utilize the principles of group dynamics in a variety of settings.

**Leadership: Community and Career Skills**

3.1 The student will analyze the roles and responsibilities of citizenship.

3.2 The student will demonstrate social responsibility in family, community, and business and industry.

3.3 The student will understand their role, participate in and evaluate community service and service learning activities.

3.4 The student will understand the organizational skills necessary to be a successful leader and citizen and practices those skills in real-life.

3.5 The student will understand and utilize organizational systems to advocate for issues on the local, state, and international level.

3.6 The student will understand the importance of and utilize the components and structure of community based organizations.

3.7 The student will participate in the development of a program of work or strategic plan and will work to implement the organization’s goals.

**Leadership: Individual Skills**

* 1. **The student will analyze, refine, and apply decision-making skills through classroom, family, community, and business and industry (work related) experiences.**
* **Cadet Chain-of-Command**
* **JROTC: National, Regional Competitions**
* **Team leadership/followership dynamics**
* **Leadership Academy**
* **North West Drill & Rifle Conference (NWDRC): Competitions**

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| **CIP Code: 280301** | **Total Framework Hours: 540 (550 w Marksmanship)** | |
| **Course: Navy JROTC** | **Exploratory:**  **Preparatory: X** | |
| ***STANDARDS AND COMPETENCIES*** | | |
| **Standard:** Know how to properly handle and identify the **National and Organizational Flags** | | Total Learning Hours for Standard: 4 |
| **Standard:** Cadets will gain knowledge of events in the **1990’s and beyond** and how it has affected the Navy. | | Total Learning Hours for Standard: 10 |
| **Standard: Sea Power and National Security -** Cadets will increase further the foundation of citizenship and leadership established in Naval Science One and Two and will expound upon the virtues of United States citizenship with knowledge of uses of the world’s waterways through the viewpoint of National power and International law. | | Total Learning Hours for Standard: 20 |
| **Standard: Merchant Marine -** Cadets will increase further the foundation of citizenship and leadership established in Naval Science One and Two and will expound upon the virtues of United States citizenship with knowledge of uses of the world’s waterways through the viewpoint of National power and International law. | | Total Learning Hours for Standard: 5 |
| **Standard: Naval Operations, Communications, and Intelligence -** Cadets will increase further the foundation of citizenship and leadership established in Naval Science One and Two and will expound upon the virtues of United States citizenship with knowledge of uses of the world’s waterways through the viewpoint of National power and International law. | | Total Learning Hours for Standard: 20 |
| **Standard: Military Justice and International Law -** Cadets will increase further the foundation of citizenship and leadership established in Naval Science One and Two and will expound upon the virtues of United States citizenship with knowledge of uses of the world’s waterways through the viewpoint of National power and International law. | | Total Learning Hours for Standard: 20 |
| **Standard: Shipboard Organization and Watchstanding -** Cadets will further their understanding of citizenship and leadership established in Naval Science One and to provide classroom and practical application in Naval Organization and ship. | | Total Learning Hours for Standard: 10 |
| **Standard: Seamanship and Rules of the Nautical Road -** Cadets will further their understanding of citizenship and leadership established in Naval Science One and to provide classroom and practical application in Naval Organization and ship. | | Total Learning Hours for Standard: 20 |
| **Standard: Navigation and Maneuvering -** Cadets will further their understanding of citizenship and leadership established in Naval Science One and to provide classroom and practical application in Naval Organization and ship. | | Total Learning Hours for Standard: 20 |
| **Standard: Gunnery, Aircraft, Missiles, and other forms of warfare -** Cadets will further their understanding of citizenship and leadership established in Naval Science One and to provide classroom and practical application in Naval Organization and ship. | | Total Learning Hours for Standard: 21 |
| **Standard: Learning and Communication -** Know how the communication process works, the definitions of encoding and decoding, verbal and nonverbal communication cues, barriers to effective communication, the importance of feedback, the difference between listening and hearing, the types of listening, the importance of listening, the importance of learning to think, the parts of thinking, the standards for critical thinking, how to ask good questions. | | Total Learning Hours for Standard: 8 |

**Leadership: Individual Skills**

**1.2 The student will identify and analyze the characteristics of family, community, business, and industry leaders.**

* **Team leadership/followership class studies**

**Leadership: Individual Skills**

* 1. **The student will demonstrate oral, interpersonal, written, and electronic communication and presentation skills and understands how to apply those skills.**

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| ***STANDARDS AND COMPETENCIES*** | |
| **Standard:** Know basic facts about the importance and significance of the different parts of the **NJROTC uniform.** | Total Learning Hours for Standard: 8 |
| **Standard:** Know basic facts about the importance and significance **NJROTC Rates/Ranks** and U.S. Navy Rates/Ranks as well as various military customs, courtesies, etiquette, and ceremonies. Cadets will also gain knowledge of Personnel Inspection | Total Learning Hours for Standard: 8 |
| **Standard:** Cadets will gain knowledge of **Military Drill and Military Drill without arms.** | Total Learning Hours for Standard: 5 |
| **Standard:** Cadets will display the knowledge and ability to drill with **rifles, swords** and knowledge of the **Guidon Manual** | Total Learning Hours for Standard: 10 |
| **Standard:** Cadets will gain knowledge about **Orienting.** | Total Learning Hours for Standard: 10 |
| **Standard:** Cadets will have knowledge and understand the importance of **survival, chain of command and orders to the sentry** in the NJROTC program. | Total Learning Hours for Standard: 10 |
| **Standard:** Cadets will gain a fundamental knowledge of the **history and background of the NJROTC Program**, the mission, goals and policies of the NJROTC Program, and the basics of the Naval Science curriculum. | Total Learning Hours for Standard: 10 |
| **Standard:** Cadets will complete unit activities to demonstrate the benefits of the **NJOTC Program**. | Total Learning Hours for Standard: 5 |
| **Standard:** Cadets will gain fundamental knowledge of citizenship, the role of our government and the **rights and responsibilities citizens of the U.S. possess.** | Total Learning Hours for Standard: 30 |
| **Standard:** Cadets will gain knowledge about the **Declaration of Independence** and the **Constitution of the United States.** | Total Learning Hours for Standard: 5 |
| **Standard:** Cadets will gain an understanding of our **Nation’s Defense and the organization of the Navy.** | Total Learning Hours for Standard: 10 |
| **Standard:** Cadets will gain an understanding of the **mission of Navy ships, ship terminology, and Navy ships.** | Total Learning Hours for Standard: 15 |
| **Standard:** Cadets will gain knowledge of **Naval Aviation** and the role aircraft play in our Nation’s defense. | Total Learning Hours for Standard: 5 |
| **Standard:** Cadets will gain knowledge of events in the **1990’s and beyond** and how it has affected the Navy. | Total Learning Hours for Standard: 10 |
| **Standard: Geography of the eastern and western seas, oceanography, and undersea landscapes -** Cadets will be expected to illustrate and understanding of maritime geography as it relates to our national resources, landforms, climate, soil bodies of water, people, governments, military, and geopolitics | Total Learning Hours for Standard: 20 |
| **Standard: Meteorology -** Cadets will be expected to illustrate and understanding of maritime geography as it relates to our national resources, landforms, climate, soil bodies of water, people, governments, military, and geopolitics | Total Learning Hours for Standard: 20 |
| **Standard: Astronomy -** Cadets will be expected to illustrate and understanding of maritime geography as it relates to our national resources, landforms, climate, soil bodies of water, people, governments, military, and geopolitics | Total Learning Hours for Standard: 20 |
| **Standard: Physical Science -** Cadets will be expected to illustrate and understanding of maritime geography as it relates to our national resources, landforms, climate, soil bodies of water, people, governments, military, and geopolitics | Total Learning Hours for Standard: 15 |
| **Standard: Sea Power and National Security -** Cadets will increase further the foundation of citizenship and leadership established in Naval Science One and Two and will expound upon the virtues of United States citizenship with knowledge of uses of the world’s waterways through the viewpoint of National power and International law. | Total Learning Hours for Standard: 20 |
| **Standard: Merchant Marine -** Cadets will increase further the foundation of citizenship and leadership established in Naval Science One and Two and will expound upon the virtues of United States citizenship with knowledge of uses of the world’s waterways through the viewpoint of National power and International law. | Total Learning Hours for Standard: 5 |
| **Standard: Naval Operations, Communications, and Intelligence -** Cadets will increase further the foundation of citizenship and leadership established in Naval Science One and Two and will expound upon the virtues of United States citizenship with knowledge of uses of the world’s waterways through the viewpoint of National power and International law. | Total Learning Hours for Standard: 20 |
| **Standard: Military Justice and International Law -** Cadets will increase further the foundation of citizenship and leadership established in Naval Science One and Two and will expound upon the virtues of United States citizenship with knowledge of uses of the world’s waterways through the viewpoint of National power and International law. | Total Learning Hours for Standard: 20 |
| **Standard: Shipboard Organization and Watchstanding -** Cadets will further their understanding of citizenship and leadership established in Naval Science One and to provide classroom and practical application in Naval Organization and ship. | Total Learning Hours for Standard: 10 |
| **Standard: Seamanship and Rules of the Nautical Road -** Cadets will further their understanding of citizenship and leadership established in Naval Science One and to provide classroom and practical application in Naval Organization and ship. | Total Learning Hours for Standard: 20 |
| **Standard: Navigation and Maneuvering -** Cadets will further their understanding of citizenship and leadership established in Naval Science One and to provide classroom and practical application in Naval Organization and ship. | Total Learning Hours for Standard: 20 |
| **Standard: Gunnery, Aircraft, Missiles, and other forms of warfare -** Cadets will further their understanding of citizenship and leadership established in Naval Science One and to provide classroom and practical application in Naval Organization and ship. | Total Learning Hours for Standard: 21 |
| **Standard: Learning and Communication -** Know how the communication process works, the definitions of encoding and decoding, verbal and nonverbal communication cues, barriers to effective communication, the importance of feedback, the difference between listening and hearing, the types of listening, the importance of listening, the importance of learning to think, the parts of thinking, the standards for critical thinking, how to ask good questions. | Total Learning Hours for Standard: 8 |
| **Standard: Communicating Effectively -** Know the purpose of the basic checklist, the six steps in the basic checklist for communication, the organizational patterns, the importance of feedback, the elements of effective writing, the three-part structure of a draft paper, how to recognize active voice in writing, the rules of subject-verb agreement, the rules for the use of personal pronouns, the basics of e-mail protocol. Apply the elements of effective writing. Know the steps for preparing to speak effectively, the steps for organizing a presentation, the techniques for presenting a talk. Apply the elements of effective speaking. | Total Learning Hours for Standard: 16 |
| **Standard: Cadets will gain knowledge about Marksmanship.** | Total Learning Hours for Standard: 10 |

**Leadership: Individual Skills**

**1.4 The student will be involved in activities that require applying theory, problem-solving, and using critical and creative thinking skills while understanding outcomes of related decisions.**

* **Cadet Chain-of-Command**
* **JROTC: National, Regional Competitions**
* **Team leadership/followership dynamics**
* **Leadership Academy**
* **North West Drill & Rifle Conference (NWDRC): Competitions**

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| ***STANDARDS AND COMPETENCIES*** | |
| **Standard:** Cadets will gain knowledge of events in the 1990’s and beyond and how it has affected the Navy. | Total Learning Hours for Standard: 10 |
| **Standard: Sea Power and National Security -** Cadets will increase further the foundation of citizenship and leadership established in Naval Science One and Two and will expound upon the virtues of United States citizenship with knowledge of uses of the world’s waterways through the viewpoint of National power and International law. | Total Learning Hours for Standard: 20 |
| **Standard: Merchant Marine -** Cadets will increase further the foundation of citizenship and leadership established in Naval Science One and Two and will expound upon the virtues of United States citizenship with knowledge of uses of the world’s waterways through the viewpoint of National power and International law. | Total Learning Hours for Standard: 5 |
| **Standard: Naval Operations, Communications, and Intelligence -** Cadets will increase further the foundation of citizenship and leadership established in Naval Science One and Two and will expound upon the virtues of United States citizenship with knowledge of uses of the world’s waterways through the viewpoint of National power and International law. | Total Learning Hours for Standard: 20 |
| **Standard: Military Justice and International Law -** Cadets will increase further the foundation of citizenship and leadership established in Naval Science One and Two and will expound upon the virtues of United States citizenship with knowledge of uses of the world’s waterways through the viewpoint of National power and International law. | Total Learning Hours for Standard: 20 |
| **Standard: Shipboard Organization and Watchstanding -** Cadets will further their understanding of citizenship and leadership established in Naval Science One and to provide classroom and practical application in Naval Organization and ship. | Total Learning Hours for Standard: 10 |
| **Standard: Seamanship and Rules of the Nautical Road -** Cadets will further their understanding of citizenship and leadership established in Naval Science One and to provide classroom and practical application in Naval Organization and ship. | Total Learning Hours for Standard: 20 |
| **Standard: Navigation and Maneuvering -** Cadets will further their understanding of citizenship and leadership established in Naval Science One and to provide classroom and practical application in Naval Organization and ship. | Total Learning Hours for Standard: 20 |
| **Standard: Gunnery, Aircraft, Missiles, and other forms of warfare -** Cadets will further their understanding of citizenship and leadership established in Naval Science One and to provide classroom and practical application in Naval Organization and ship. | Total Learning Hours for Standard: 21 |
| **Standard: Learning and Communication -** Know how the communication process works, the definitions of encoding and decoding, verbal and nonverbal communication cues, barriers to effective communication, the importance of feedback, the difference between listening and hearing, the types of listening, the importance of listening, the importance of learning to think, the parts of thinking, the standards for critical thinking, how to ask good questions. | Total Learning Hours for Standard: 8 |
| **Standard: Understanding Your Attitude -** Know Maslow’s hierarchy of needs, the elements of an attitude, how goals influence actions, the ways that attitudes affect actions, common defense mechanisms, the key elements of a positive attitude, the priority of task completion and people, the qualities of perseverance in a leader, the qualities of courage in a leader, the qualities of patience in a leader. | Total Learning Hours for Standard: 8 |
| **Standard: Understanding Your Action -** Know the traits of integrity in good citizens, what it means to be a positive role model, the impact of character on behavior, the eight basic elements of personality types described in the Myers-Briggs Type Indicator® (MBTI®), the ways in which personality influences actions, the strengths and weaknesses of different personality types and styles, the consequences of taking or avoiding responsibility, the common ways in which people use defense mechanisms to avoid responsibility, the consequences of actions and decisions. | Total Learning Hours for Standard: 8 |

**Leadership: Individual Skills**

**1.5 The student will demonstrate self-advocacy skills by achieving planned, individual goals.**

* **Cadet Chain-of-Command**
* **Team leadership/followership dynamics**
* **Leadership Academy**

**Leadership: Individual Skills**

**1.6 The student will conduct self in a professional manner in practical career applications, organizational forums, and decision-making bodies.**

* **Cadet Chain-of-Command**
* **JROTC: National, Regional Competitions**
* **Team leadership/followership dynamics**
* **Leadership Academy**
* **North West Drill & Rifle Conference (NWDRC): Competitions**

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| ***STANDARDS AND COMPETENCIES*** | |
| **Standard: Understanding Your Attitude -** Know Maslow’s hierarchy of needs, the elements of an attitude, how goals influence actions, the ways that attitudes affect actions, common defense mechanisms, the key elements of a positive attitude, the priority of task completion and people, the qualities of perseverance in a leader, the qualities of courage in a leader, the qualities of patience in a leader. | Total Learning Hours for Standard: 8 |
| **Standard: Understanding Your Action -** Know the traits of integrity in good citizens, what it means to be a positive role model, the impact of character on behavior, the eight basic elements of personality types described in the Myers-Briggs Type Indicator® (MBTI®), the ways in which personality influences actions, the strengths and weaknesses of different personality types and styles, the consequences of taking or avoiding responsibility, the common ways in which people use defense mechanisms to avoid responsibility, the consequences of actions and decisions. | Total Learning Hours for Standard: 8 |
| **Standard: Developing Vision and Teams -** Know how to work as a team, the characteristics of effective teams, the four stages of team development, how to plan for and run an effective meeting. | Total Learning Hours for Standard: 8 |
| **Standard: A Leadership Model -** Know the basic elements of leadership, the Navy Core Values, the reasons for recognizing the Core Values, the traits of effective leaders, the importance of competence in a leader, the importance of commitment in a leader, the key principles of leadership, the importance of setting the example, the importance of caring for your people, the importance of accepting responsibility. | Total Learning Hours for Standard: 8 |
| **Standard: Adaptive Leadership -** Know the two orientations to leadership behavior, the four leadership styles, the primary factors of the leadership situation, the readiness factors of followers, effective ways to relate to leaders, the ways to prepare for leadership, the key elements of effective coaching and mentoring. Apply ways to practice leadership. | Total Learning Hours for Standard: 8 |

**Leadership: Group Skills**

**2.1 The student will communicate, participate, and advocate effectively in pairs, small groups, teams, and large groups in order to reach common goals.**

* **Cadet Chain-of-Command**
* **JROTC: National, Regional Competitions**
* **Team leadership/followership dynamics**
* **Leadership Academy**
* **North West Drill & Rifle Conference (NWDRC): Competitions**

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| ***STANDARDS AND COMPETENCIES*** | |
| **Standard:** Know basic facts about the importance and significance of the different parts of the **NJROTC uniform.** | Total Learning Hours for Standard: 8 |
| **Standard:** Know basic facts about the importance and significance **NJROTC Rates/Ranks** and U.S. Navy Rates/Ranks as well as various military customs, courtesies, etiquette, and ceremonies. Cadets will also gain knowledge of Personnel Inspection | Total Learning Hours for Standard: 8 |
| **Standard:** Cadets will gain knowledge of **Military Drill and Military Drill without arms.** | Total Learning Hours for Standard: 5 |
| **Standard:** Cadets will display the knowledge and ability to drill with **rifles, swords and knowledge of the Guidon Manual** | Total Learning Hours for Standard: 10 |
| **Standard:** Cadets will gain a fundamental knowledge of the history and background of the **NJROTC Program**, the mission, goals and policies of the NJROTC Program, and the basics of the Naval Science curriculum. | Total Learning Hours for Standard: 10 |
| **Standard: Developing Your Career Skills -** Know: how to plan your professional development, dimensions of communication, how to seek promotions. Comprehend: personal and organizational value, dimensions of collaboration, how to seek and receive feedback. | Total Learning Hours for Standard: 10 |
| **Standard:** Cadets will learn about the importance of leadership, followership, and opportunities within **the NJROTC program** that supports both these roles | Total Learning Hours for Standard: 36 |
| **Standard:** Cadets will gain fundamental knowledge of **citizenship, the role of our government** and the rights and responsibilities citizens of the U.S. possess. | Total Learning Hours for Standard: 30 |
| **Standard:** Cadets will gain knowledge about the **Declaration of Independence** and the **Constitution of the United States.** | Total Learning Hours for Standard: 5 |
| **Standard:** Cadets will gain an understanding of our Nation’s Defense and the **organization of the Navy.** | Total Learning Hours for Standard: 10 |
| **Standard:** Cadets will gain an understanding of the mission of **Navy ships, ship terminology, and Navy ships.** | Total Learning Hours for Standard: 15 |
| **Standard:** Cadets will gain knowledge of **Naval Aviation** and the role aircraft play in our Nation’s defense. | Total Learning Hours for Standard: 5 |
| **Standard:** Cadets will gain knowledge of **Sea Power and Early Western Civilization** as well as The American Revolution. | Total Learning Hours for Standard: 15 |
| **Standard:** Cadets will gain knowledge of **WWI and the interwar years** and the Navy’s role in this transition. | Total Learning Hours for Standard: 10 |
| **Standard:** Cadets will gain knowledge of **WWII** and the Navy’s role in the war. | Total Learning Hours for Standard: 10 |
| **Standard**: Cadets will gain knowledge of the **Cold War Era** and the Navy’s role in it. | Total Learning Hours for Standard: 15 |
| **Standard:** Cadets will gain knowledge of events in the **1990’s and beyond** and how it has affected the Navy. | Total Learning Hours for Standard: 10 |
| **Standard: Sea Power and National Security -** Cadets will increase further the foundation of citizenship and leadership established in Naval Science One and Two and will expound upon the virtues of United States citizenship with knowledge of uses of the world’s waterways through the viewpoint of National power and International law. | Total Learning Hours for Standard: 20 |
| **Standard: Merchant Marine -** Cadets will increase further the foundation of citizenship and leadership established in Naval Science One and Two and will expound upon the virtues of United States citizenship with knowledge of uses of the world’s waterways through the viewpoint of National power and International law. | Total Learning Hours for Standard: 5 |
| **Standard: Naval Operations, Communications, and Intelligence -** Cadets will increase further the foundation of citizenship and leadership established in Naval Science One and Two and will expound upon the virtues of United States citizenship with knowledge of uses of the world’s waterways through the viewpoint of National power and International law. | Total Learning Hours for Standard: 20 |
| **Standard: Military Justice and International Law** - Cadets will increase further the foundation of citizenship and leadership established in Naval Science One and Two and will expound upon the virtues of United States citizenship with knowledge of uses of the world’s waterways through the viewpoint of National power and International law. | Total Learning Hours for Standard: 20 |
| **Standard: Shipboard Organization and Watchstanding -** Cadets will further their understanding of citizenship and leadership established in Naval Science One and to provide classroom and practical application in Naval Organization and ship. | Total Learning Hours for Standard: 10 |
| **Standard: Seamanship and Rules of the Nautical Road -** Cadets will further their understanding of citizenship and leadership established in Naval Science One and to provide classroom and practical application in Naval Organization and ship. | Total Learning Hours for Standard: 20 |
| **Standard: Navigation and Maneuvering -** Cadets will further their understanding of citizenship and leadership established in Naval Science One and to provide classroom and practical application in Naval Organization and ship. | Total Learning Hours for Standard: 20 |
| **Standard: Gunnery, Aircraft, Missiles, and other forms of warfare -** Cadets will further their understanding of citizenship and leadership established in Naval Science One and to provide classroom and practical application in Naval Organization and ship. | Total Learning Hours for Standard: 21 |
| **Standard: Learning and Communication -** Know how the communication process works, the definitions of encoding and decoding, verbal and nonverbal communication cues, barriers to effective communication, the importance of feedback, the difference between listening and hearing, the types of listening, the importance of listening, the importance of learning to think, the parts of thinking, the standards for critical thinking, how to ask good questions. | Total Learning Hours for Standard: 8 |
| **Standard: Developing Vision and Teams -** Know how to work as a team, the characteristics of effective teams, the four stages of team development, how to plan for and run an effective meeting. | Total Learning Hours for Standard: 8 |
| **Standard: Solving Conflicts and Problems -** Know about solving problems and conflicts, types of problems in groups, levels of conflict in groups, patterns of reacting to conflict, common group problems, common indicators of group problems, the six steps of problem solving, the nature of consensus, methods of building consensus. | Total Learning Hours for Standard: 8 |
| **Standard: Adaptive Leadership -** Know the two orientations to leadership behavior, the four leadership styles, the primary factors of the leadership situation, the readiness factors of followers, effective ways to relate to leaders, the ways to prepare for leadership, the key elements of effective coaching and mentoring. Apply ways to practice leadership. | Total Learning Hours for Standard: 8 |
| **Standard: Wellness Program -** Cadets will be given the opportunity to put into practice the wellness concepts that are taught in Leadership Education I. The exercises develop all muscle groups and provide sufficient anaerobic and aerobic intensity. Motivate JROTC cadets to lead active, healthy lifestyles beyond program requirements and into their adult lives. | Total Learning Hours for Standard: 36 |

**Leadership: Group Skills**

**2.2 The student will demonstrate knowledge of conflict resolution and challenge management. .**

* **Cadet Chain-of-Command**
* **Team leadership/followership dynamics**
* **Leadership Academy**
* **North West Drill & Rifle Conference (NWDRC): Competitions**

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| ***STANDARDS AND COMPETENCIES*** | |
| **Standard:** Cadets will gain knowledge of events in the 1990’s and beyond and how it has affected the Navy. | Total Learning Hours for Standard: 10 |
| **Standard: Sea Power and National Security -** Cadets will increase further the foundation of citizenship and leadership established in Naval Science One and Two and will expound upon the virtues of United States citizenship with knowledge of uses of the world’s waterways through the viewpoint of National power and International law. | Total Learning Hours for Standard: 20 |
| **Standard: Merchant Marine -** Cadets will increase further the foundation of citizenship and leadership established in Naval Science One and Two and will expound upon the virtues of United States citizenship with knowledge of uses of the world’s waterways through the viewpoint of National power and International law. | Total Learning Hours for Standard: 5 |
| **Standard: Naval Operations, Communications, and Intelligence -** Cadets will increase further the foundation of citizenship and leadership established in Naval Science One and Two and will expound upon the virtues of United States citizenship with knowledge of uses of the world’s waterways through the viewpoint of National power and International law. | Total Learning Hours for Standard: 20 |
| **Standard: Military Justice and International Law -** Cadets will increase further the foundation of citizenship and leadership established in Naval Science One and Two and will expound upon the virtues of United States citizenship with knowledge of uses of the world’s waterways through the viewpoint of National power and International law. | Total Learning Hours for Standard: 20 |
| **Standard: Shipboard Organization and Watchstanding -** Cadets will further their understanding of citizenship and leadership established in Naval Science One and to provide classroom and practical application in Naval Organization and ship. | Total Learning Hours for Standard: 10 |
| **Standard: Seamanship and Rules of the Nautical Road -** Cadets will further their understanding of citizenship and leadership established in Naval Science One and to provide classroom and practical application in Naval Organization and ship. | Total Learning Hours for Standard: 20 |
| **Standard: Navigation and Maneuvering -** Cadets will further their understanding of citizenship and leadership established in Naval Science One and to provide classroom and practical application in Naval Organization and ship. | Total Learning Hours for Standard: 20 |
| **Standard: Gunnery, Aircraft, Missiles, and other forms of warfare -** Cadets will further their understanding of citizenship and leadership established in Naval Science One and to provide classroom and practical application in Naval Organization and ship. | Total Learning Hours for Standard: 21 |
| **Standard: Learning and Communication -** Know how the communication process works, the definitions of encoding and decoding, verbal and nonverbal communication cues, barriers to effective communication, the importance of feedback, the difference between listening and hearing, the types of listening, the importance of listening, the importance of learning to think, the parts of thinking, the standards for critical thinking, how to ask good questions. | Total Learning Hours for Standard: 8 |
| **Standard: Solving Conflicts and Problems -** Know about solving problems and conflicts, types of problems in groups, levels of conflict in groups, patterns of reacting to conflict, common group problems, common indicators of group problems, the six steps of problem solving, the nature of consensus, methods of building consensus. | Total Learning Hours for Standard: 8 |
| **Standard: Adaptive Leadership -** Know the two orientations to leadership behavior, the four leadership styles, the primary factors of the leadership situation, the readiness factors of followers, effective ways to relate to leaders, the ways to prepare for leadership, the key elements of effective coaching and mentoring. Apply ways to practice leadership. | Total Learning Hours for Standard: 8 |

**Leadership: Group Skills**

**2.3 The student will analyze the complex responsibilities of the leader and follower and demonstrate the ability to both lead and follow. .**

* **Cadet Chain-of-Command**
* **JROTC: National, Regional Competitions**
* **Team leadership/followership dynamics**
* **Leadership Academy**
* **North West Drill & Rifle Conference (NWDRC): Competitions**

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| ***STANDARDS AND COMPETENCIES*** | |
| **Standard: Developing Your Career Skills -** Know: how to plan your professional development, dimensions of communication, how to seek promotions. Comprehend: personal and organizational value, dimensions of collaboration, how to seek and receive feedback. | Total Learning Hours for Standard: 10 |
| **Standard: Understanding Your Attitude -** Know Maslow’s hierarchy of needs, the elements of an attitude, how goals influence actions, the ways that attitudes affect actions, common defense mechanisms, the key elements of a positive attitude, the priority of task completion and people, the qualities of perseverance in a leader, the qualities of courage in a leader, the qualities of patience in a leader. | Total Learning Hours for Standard: 8 |
| **Standard: Understanding Your Action -** Know the traits of integrity in good citizens, what it means to be a positive role model, the impact of character on behavior, the eight basic elements of personality types described in the Myers-Briggs Type Indicator® (MBTI®), the ways in which personality influences actions, the strengths and weaknesses of different personality types and styles, the consequences of taking or avoiding responsibility, the common ways in which people use defense mechanisms to avoid responsibility, the consequences of actions and decisions. | Total Learning Hours for Standard: 8 |
| **Standard: A Leadership Model -** Know the basic elements of leadership, the Navy Core Values, the reasons for recognizing the Core Values, the traits of effective leaders, the importance of competence in a leader, the importance of commitment in a leader, the key principles of leadership, the importance of setting the example, the importance of caring for your people, the importance of accepting responsibility. | Total Learning Hours for Standard: 8 |
| **Standard: Adaptive Leadership -** Know the two orientations to leadership behavior, the four leadership styles, the primary factors of the leadership situation, the readiness factors of followers, effective ways to relate to leaders, the ways to prepare for leadership, the key elements of effective coaching and mentoring. Apply ways to practice leadership. | Total Learning Hours for Standard: 8 |

**Leadership: Group Skills**

**2.4 The student will demonstrate skills that assist in understanding and accepting responsibility to family, community, and business and industry.**

* **Cadet Chain-of-Command**
* **JROTC: National, Regional Competitions**
* **Team leadership/followership dynamics**
* **Leadership Academy**
* **North West Drill & Rifle Conference (NWDRC): Competitions**

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| ***STANDARDS AND COMPETENCIES*** | |
| **Standard: A Leadership Model -** Know the basic elements of leadership, the Navy Core Values, the reasons for recognizing the Core Values, the traits of effective leaders, the importance of competence in a leader, the importance of commitment in a leader, the key principles of leadership, the importance of setting the example, the importance of caring for your people, the importance of accepting responsibility. | Total Learning Hours for Standard: 8 |

**Leadership: Group Skills**

**2.5 The student will demonstrate a working knowledge of parliamentary procedure.**

**Leadership: Group Skills**

**2.6 The student will use knowledge, build interest, guide and influence decisions, organize efforts, and involve members of a group to assure that a pre-planned group activity is completed. .**

* **Cadet Chain-of-Command**
* **JROTC: National, Regional Competitions**
* **Team leadership/followership dynamics**
* **Leadership Academy**
* **North West Drill & Rifle Conference (NWDRC): Competitions**

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| ***STANDARDS AND COMPETENCIES*** | |
| **Standard: Developing Vision and Teams** - Know how to work as a team, the characteristics of effective teams, the four stages of team development, how to plan for and run an effective meeting. | Total Learning Hours for Standard: 8 |
| **Standard: Solving Conflicts and Problems -** Know about solving problems and conflicts, types of problems in groups, levels of conflict in groups, patterns of reacting to conflict, common group problems, common indicators of group problems, the six steps of problem solving, the nature of consensus, methods of building consensus. | Total Learning Hours for Standard: 8 |
| **Standard: Adaptive Leadership -** Know the two orientations to leadership behavior, the four leadership styles, the primary factors of the leadership situation, the readiness factors of followers, effective ways to relate to leaders, the ways to prepare for leadership, the key elements of effective coaching and mentoring. Apply ways to practice leadership. | Total Learning Hours for Standard: 8 |

**Leadership: Group Skills**

**2.7 The student will demonstrate the ability to train others to understand the established rules and expectations, rationale, and consequences and to follow those rules and expectations.**

* **Cadet Chain-of-Command**
* **JROTC: National, Regional Competitions**
* **Team leadership/followership dynamics**
* **Leadership Academy**
* **North West Drill & Rifle Conference (NWDRC): Competitions**

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| ***STANDARDS AND COMPETENCIES*** | |
| **Standard: Developing Vision and Teams** - Know how to work as a team, the characteristics of effective teams, the four stages of team development, how to plan for and run an effective meeting. | Total Learning Hours for Standard: 8 |

**Leadership: Group Skills**

**2.8 The student will demonstrate the ability to incorporate and utilize the principles of group dynamics in a variety of settings. .**

* **Cadet Chain-of-Command**
* **JROTC: National, Regional Competitions**
* **Team leadership/followership dynamics**
* **Leadership Academy**
* **North West Drill & Rifle Conference (NWDRC): Competitions**

**Leadership: Community and Career Skills**

**3.1 The student will analyze the roles and responsibilities of citizenship. .**

* **JROTC Community Service training and awards program**

**Leadership: Community and Career Skills**

**3.2 The student will demonstrate social responsibility in family, community, and business and industry. .**

* **JROTC Community Service training and awards program**

**Leadership: Community and Career Skills**

**3.3 The student will understand their role, participate in and evaluate community service and service learning activities. .**

* **JROTC Community Service training and awards program**

**Leadership: Community and Career Skills**

**3.4 The student will understand the organizational skills necessary to be a successful leader and citizen and practices those skills in real-life.**

* **Cadet Chain-of-Command**
* **JROTC: National, Regional Competitions**
* **Team leadership/followership dynamics**
* **Leadership Academy**
* **North West Drill & Rifle Conference (NWDRC): Competitions**

**Leadership: Community and Career Skills**

**3.5 The student will understand and utilize organizational systems to advocate for issues on the local, state, and international level.**

**Leadership: Community and Career Skills**

**3.6 The student will understand the importance of and utilize the components and structure of community based organizations.**

* **JROTC Community Service training and awards program**

**Leadership: Community and Career Skills**

**3.7 The student will participate in the development of a program of work or strategic plan and will work to implement the organization’s goals.**