**2019 Senior Brag Sheet**

Below are the steps to you obtaining a letter of recommendation from your teacher and/or counselor.

1) Submit your request for a Letter of Recommendation in Naviance Student.

2.) Follow up with the teachers you have sent requests to **in person** to let them know you filled out the brag sheet.

3.) If you applying via Common App, you will need to complete the Common App Matching process in Naviance *Student*.

4.) You will need to complete all the above steps a minimum of TWO WEEKS PRIOR to your application deadline.

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| First and Last Name: |  |
| Email Address: |  |
| Provide five adjectives that describe yourself and explain why those words describe you. |  |
| What do you consider your greatest personal strengths? |  |
| What do you consider your greatest academic strengths? |  |
| Please describe your current academic and career goals for the future. |  |
| Please describe any factors related to any course grades that you would like colleges to be aware of. |  |
| Please describe any factors that affected your admission test scores that you would like to address. (SAT, ACT, etc.) |  |
| Please describe any circumstances in your life that might have had a negative impact on your school performance and how you learned from these circumstances and/or tried to overcome them. |  |
| Describe an event or activity (positive or negative) that has had the most significant impact on your life. How has it shaped the person you are today? |  |
| Describe an activity (club, sport, community service, job, organization, etc.) that has been the most meaningful to you and why? |  |
| Describe your proudest academic accomplishment in school. |  |
| Describe your proudest personal accomplishment in or outside of school. |  |
| Please list activities you have been involved in and put them in order, starting with the most recent. |  |
| School Related Activities: For the above list, please provide the date and grade level when you were a participant and specify the role you play(ed) in each activity (i.e. if you hold/held an office or had a specific responsibility). |  |
| Non-School Related Activities: For the above list, please provide the date and grade level when you were a participant and specify the role you play(ed) in each activity (i.e. if you hold/held an office or had a specific responsibility). |  |
| Awards and Honors: List the name of the award/honor, provide a brief explanation, and when you received it. |  |