

Culminating Project: Self-Evaluation

Name: _____
 Period: _____

Seminar Teacher: _____

Date: _____

Draft: 1 2 3

Evaluation

Summarize difference between what was planned and what actually occurred.	
Actions planned that needed to be revised and how revised	What were the revisions you made in order to complete the Project
<ul style="list-style-type: none"> • Projecting out a year in my current salary full time • Finding scholarship options that would be available a year out • Able to job shadow not just interview at Impact Therapy • Sign up to volunteer hours on Saturday • Estimate the income I would need to earn to match the budget I came up with in a typical entry job 	<ul style="list-style-type: none"> • I had to quit my current job based on a time conflict between school, activities and work so I didn't want to use that as my basis for budgeting any more. Instead I chose to determine what I could live on and see if an entry level job would match or if I would need to find something better. • My interview at Impact was really successful and my student loan research helped me understand I could afford school so I decided to go next fall so I did not need to research scholarships a year out.

Summarize what was learned as a result of completing the project
Explain what you learned about the topic you selected

- I really was excited after spending time working with the Physical Therapist to go after this kind of work. I decided it was better to actually enroll to become a therapist. In looking at salary and schooling costs – as well as the work I want to really be doing- this was a more exciting choice. I am already lined up to continue volunteering. The connection I made with the PTWA Western WA Director is proving to be a great resources. The director helped me really see that people who love what they do will reach out to students who are interested just to share that enjoyment...

A student would continue here with specific examples of what they learned that was of most interest to the them – this segment should be about 4 paragraphs long and highlight entries from both the reflection and research logs.

Explain what you learned about yourself

- I have never really thought ahead of what I would do to learn. Creating the big plan for this course was the first time I thought through for myself what steps I need to take to get somewhere. I have been used to those ideas being laid out before me by a teacher or my parents.
- Creating the project proposal was even more of challenge since I had to think about not only what but when and how long it would take. What I found was that takes a lot of time to get you going –but once you start – it helped keep me focused.
- Looking back at my plan I realize that I way underestimated how long it would take me to write my applications or create a budget – but then I had too much time planned to “Research”. There are so many sources – it really was just a matter of comparing a few – finding out who created the site and if they were credible. Once I did that – I used the information that was consistent across different sites.
- I really see how much things will cost. I never thought about the insurance, the car, the cable, the phone I think I get it more that I have to think ahead rather than just buy. Of all I have learned so far in planning – that is the most important.

Again – students will want to use more specific examples.

Explain what you learned about following through on your plan

- That even though I had to make revisions, I was able to accomplish working towards my long-term goal. I also learned that it is important to find a way to accomplish what I want, no matter how hard it is because in the end my goal is important to me.

Summarize what changes will be needed

Describe the revisions you will make to your overall plan as a result of completing this project.

- After completing the project, I have gone back and rewritten the segment about “deciding” whether I want to be a physical

therapist or an assistant. I know that I want to be a therapist. What I need to do now is invest more time in finding a school that fits me and apply for next fall entry. I also need to get more serious about volunteering. I want to build my resume. I am also adding short term a goal related to finding work in a health field area – even entry level so that I can observe more on the job since learning about the anatomy is going to be more of a challenge for me.

- I am way more aware of the need to make connections with people in the field. I am going to see if there is more I can do – even volunteering with PTWA...

Here again a student would expand based on their personal outlook re-examining their plan as a whole, both for content and for the actions and timelines they have set out for themselves.