



# ES Counselor Meeting

January 16, 2025

# Today's Agenda



## District Counselor Meeting Agenda

Thursday, January 16, 2025

ELEMENTARY SCHOOL COUNSELORS | 11:30-12:30


Port Gardner A&B

- Use of Time Data
- Practical Guide for ES Staff - Suicidal Ideation
- CPU Lessons | Online Safety
- 5<sup>th</sup> Grade Transitions | Home Access Center

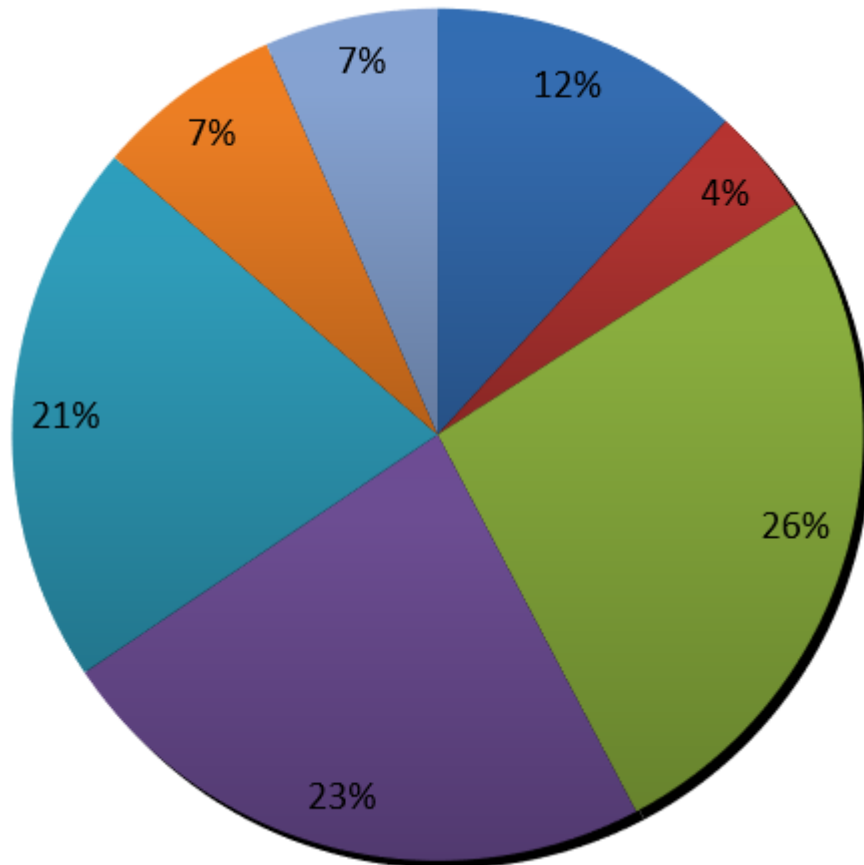
Dave Peters



# CSCP | Use of Time Calculator Results



Direct Student Services			Indirect Student Services	Program Planning and School Support		Non-School-Counseling Tasks
Instruction	Appraisal & Advisement	Counseling	Referrals/ Consultation/ Collaboration	Defining, Managing, Assessing Activities	Fair-Share Responsibility Activities	Non-School- Counseling Tasks



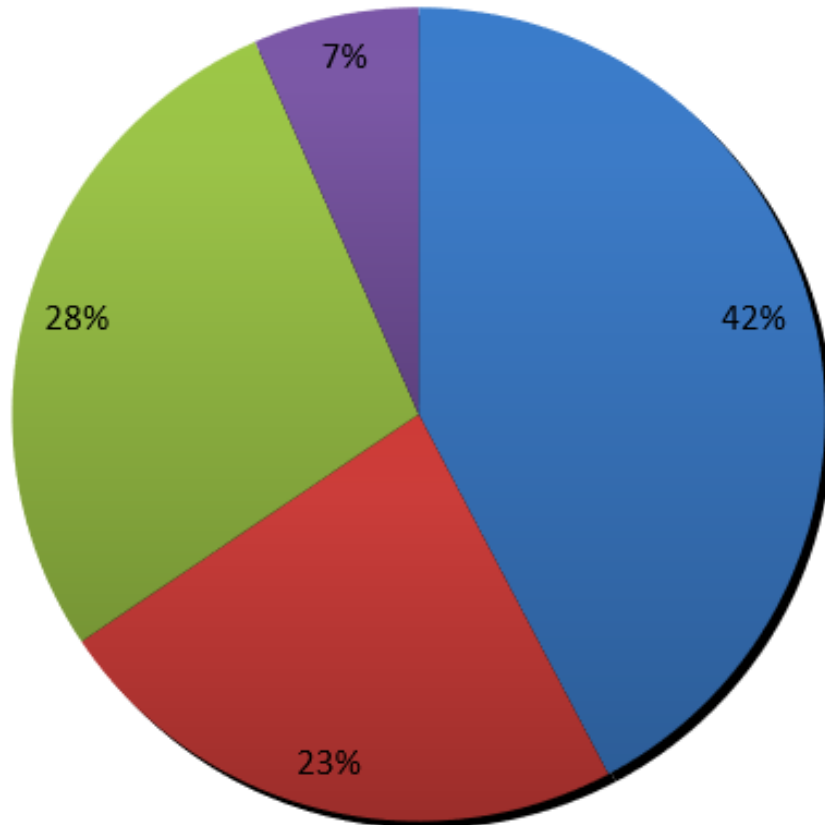
- Instruction
- Appraisal & Advisement
- Counseling
- Referrals/Consultation/Collaboration
- Defining, Managing, Assessing Activities
- Fair-Share Responsibility Activities
- Non-School Counseling Tasks



# CSCP | Use of Time Calculator

## Results

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- Direct Student Services
- Indirect Student Services
- Program Planning and School Support
- Non-School Counseling Tasks



# Practical Guide for ES Staff

## **“Magical Thinking”** about Suicide by Younger Children



When younger children experience suicidal ideations, their thought processes can often include elements of "magical thinking" due to their developmental stage. Magical thinking refers to the belief that thoughts, wishes, or specific actions can influence reality in ways that defy logic or natural laws. Here are some examples of how this might manifest in the context of suicidal ideation:

### **1. Belief in Reversal of Pain or Situations**

- A child might believe that by dying, they will be able to see how much they are missed and valued, which will "fix" their problems or relationships.
- Example: "If I go away, everyone will finally realize they love me and apologize."

### **2. Perceived Continuation of Consciousness**

- Younger children may not fully grasp the permanence of death and might think they can still observe or participate in life after dying.
- Example: "I'll be able to watch my family from heaven and see if they miss me."

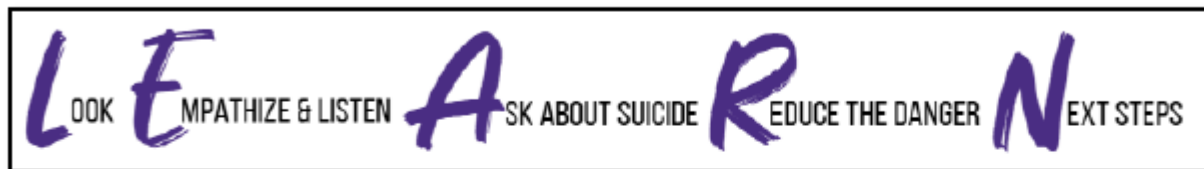
### **3. Belief in Escape Without Consequences**

- Children might imagine that ending their life is a temporary solution to escape a bad situation and that they can "come back" later.
- Example: "I'll die for a little while, and when I come back, everything will be better."



# Practical Guide for ES Staff

## Practical Guide for Elementary School Staff Responding to Student Suicidal Ideation



### Look for Signs of Suicidal Ideation in Elementary Students

#### “Magical Thinking” About Suicide

When younger children experience suicidal ideations, their thought processes can often include elements of **“magical thinking”** due to their **developmental stage**. Magical thinking refers to the belief that thoughts, wishes, or specific actions can influence reality in ways that defy logic or natural laws. [Click here](#) for some examples of how this might manifest in the context of suicidal ideation.

**Other signs** of suicidal ideation in young children can look very different than in older students or adults. However, there are key **signs that go beyond** usual developmental behaviors or emotional expression and may indicate a more serious concern. Here are some examples of distinct warning signs to look for:

- **Verbal Indicators Beyond Typical Expressions of Frustration:**





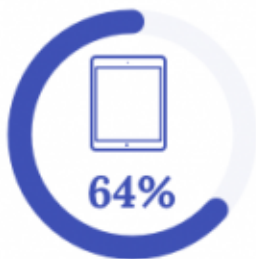
# CPU Lessons | Online Safety



## How are Kids Getting Online?



Cell Phone



Tablet



Computer in Bedroom



# 5<sup>th</sup> Grade Transitions



## ★ 5<sup>th</sup>-6<sup>th</sup> Transition

### Resource List

**ONE-PAGER** | *Includes all the resources listed below (and more)*

- [Course Requests via Home Access Center \(HAC\)](#) | For prep prior to Pre-Reg meetings
- [6th Grade Course Requests via Home Access Center \(HAC\)](#) | During Pre-Reg meetings
- How to Enter 6th Grade Course Requests in Home Access Center (HAC) | [VIDEO](#)
- [6th Grade Elective Landscape](#)
- [MS Course Catalog Highlights](#)
- [General Timeline of Events](#) | Pg. 2

Updated  
resources coming  
soon for 2025-26!







# Thank You!

Best wishes for a  
smooth semester  
transition!

