

**ESEBT Board Report**

**August 2015**

* **New Wellness Coordinator Introduction**
	+ Rickie Lee Marker-Hoffman
* **Onboarding and Transition with Gail Buquicchio**
	+ Met with vendor and wellness partners
		- United Health Care
			* Decided not to offer onsite screening opportunity Fall 2015
		- Group Health
		- Sean White (Mercer)
		- Weight Watchers
		- YMCA
		- American Heart Association
		- Workplace Health Research Network (WHRN)
	+ Reviewed Wellness Program initiatives, activities, and goals
	+ Training on Wellness Program and Everett Public School online systems
* **Wellness Presentations and Introductions: August 2015**
	+ SLT Retreat
	+ Office Managers
	+ Maintenance
	+ Transportation
	+ New Employee
	+ *Food Service (September)*
* **Getting to know Everett Public School District**
	+ Principal meetings
		- 15 as of 8/20
	+ Wellness Champion interviews
	+ Employee survey
* **Weight Watchers at Work**
	+ Community Resource Center: Summer Session
		- 17 attendees, 34.2 pounds lost to date
* **Fall Initiative Preparations**
	+ Health Fair and Flu Vaccine Clinics
		- September 29: CRC (Health Fair and Flu Vaccine Clinic)
		- October 6: North MS (Flu Vaccine Clinic)
		- October 7: Gateway MS (Flu Vaccine Clinic)
		- October 8: Evergreen MS (Flu Vaccine Clinic)
		- October 13: North MS (Flu Vaccine Clinic)
	+ WALKTOBER
	+ Communications
		- Wellness web page
		- Wellness Wednesday weekly newsletter
		- Promotional emails and flyers