

**ESEBT Board Report**

**August 2015**

* **New Wellness Coordinator Introduction**
  + Rickie Lee Marker-Hoffman
* **Onboarding and Transition with Gail Buquicchio**
  + Met with vendor and wellness partners
    - United Health Care
      * Decided not to offer onsite screening opportunity Fall 2015
    - Group Health
    - Sean White (Mercer)
    - Weight Watchers
    - YMCA
    - American Heart Association
    - Workplace Health Research Network (WHRN)
  + Reviewed Wellness Program initiatives, activities, and goals
  + Training on Wellness Program and Everett Public School online systems
* **Wellness Presentations and Introductions: August 2015**
  + SLT Retreat
  + Office Managers
  + Maintenance
  + Transportation
  + New Employee
  + *Food Service (September)*
* **Getting to know Everett Public School District**
  + Principal meetings
    - 15 as of 8/20
  + Wellness Champion interviews
  + Employee survey
* **Weight Watchers at Work**
  + Community Resource Center: Summer Session
    - 17 attendees, 34.2 pounds lost to date
* **Fall Initiative Preparations**
  + Health Fair and Flu Vaccine Clinics
    - September 29: CRC (Health Fair and Flu Vaccine Clinic)
    - October 6: North MS (Flu Vaccine Clinic)
    - October 7: Gateway MS (Flu Vaccine Clinic)
    - October 8: Evergreen MS (Flu Vaccine Clinic)
    - October 13: North MS (Flu Vaccine Clinic)
  + WALKTOBER
  + Communications
    - Wellness web page
    - Wellness Wednesday weekly newsletter
    - Promotional emails and flyers