

EMERGENCY ASSISTANCE

9-1-1 Police, Fire, Paramedics	
Care Crisis Line 24 Hour Hotline	425-258-4357 or 1-800-584-3578
<i>Interpreters are available</i>	
Adult Protective Services	1-800-562-6078
Child Abuse Hotline	1-800-422-4453
CPS (Children's Protective Services) Hotline	1-866-END-HARM (363-4276)
	TTY 1-800-624-6186
Crisis Response—Compass Health 24 Hour Hotline	425-349-7300 1-800-584-3578
Domestic Violence Hotline	1-800-562-6025
Domestic Violence Services of Snohomish County	425-252-2873
National Runaway Switchboard (24 Hour Hotline)	1-800-RUNAWAY (786-2929)
<i>HOME-FREE Program—Provides transportation to get home</i>	www.nrscrisisline.org
Poison Control Center	1-800-732-6985
Providence Sexual Assault Hotline	425-252-4800

FOOD BANKS and FOOD PROGRAMS

Arlington Food Bank	360-435-1631
Boys & Girls Club (Kindergarten through 12 th grade)	425-259-5147
Concern for Neighbors (Mountlake Terrace)	425-778-7227
Darrington Food Bank	360-436-9603
Edmonds Food Bank	425-778-5833
Edmonds Senior Center Food Bank	425-774-5555
Everett Food Bank	425-259-3192, xt. 221
Everett Gospel Mission & Day Center (hot meals)	425-252-4776
Hands of Hope Food Bank	425-387-2149
Lake Stevens Community Food Bank	425-334-3430
Lynnwood Food Bank	425-745-1635
Maltby Food Bank	360-668-7900
Marysville Food Bank	360-658-1054
Meals on Wheels (60 years and older)	425-347-1229
Mukilteo Presbyterian Food Bank	425-212-2651
Oso Community Food Bank	360-403-7954
Salt of the Earth Food Bank	425-355-1042
Salvation Army Food Bank	425-259-8129
Sky Valley Food Bank	360-794-7959
Snohomish Community Food Bank	360-568-7993
Stanwood-Camano Food Bank	360-629-2789
St. Vincent de Paul Food Bank	425-355-3505
Granite Falls Food Bank	360-691-5290
Victory Foursquare Gospel Church (Marysville)	360-651-1110
Westgate Chapel	425-775-2776
WIC (Women's, Infants, Children) Nutrition Program	425-252-5303

FINANCIAL ASSISTANCE

American Red Cross	425-438-4103
Catholic Community Services	425-257-2111
DSHS, Diversion Cash Assistance	425-339-4000
Millionaires Club	206-728-5627

Navy-Marine Corps Relief Society	425-304-3203
<i>Active and retired military and their families</i>	
Pathways for Women (YWCA)	425-774-9843
Refugee and Immigrant Services	425-388-9307
Salvation Army	425-259-8129
Snohomish County Energy Assistance Program	425-388-3880
Social Security Administration	1-800-772-1213
St. Vincent De Paul	425-355-3504
Volunteers of America	
<i>Emergency assistance—rent/mortgage/utilities</i>	425-259-3191
Washington State Dept of Labor and Industries	
Crime Victims' Compensation	1-800-762-3716
Workers' Compensation	1-800-831-5227
Washington Telephone Assistance Program	1-888-700-8880
Washington State WorkSource (Employment Security)	1-800-362-4636

HOUSING ORGANIZATIONS and SHELTERS

Cocoon House (ages 13-17)	425-259-5802
Community Housing Improvement Program (CHIP)	425-257-8700
Domestic Violence Services	425-252-2873
Everett Gospel Mission	425-740-2521
Everett Housing Authority (EHA)	425-258-9222
Housing Authority of Snohomish County (HASCO)	425-290-8499
Housing Hope	425-347-6556
Interfaith Family Shelter	425-303-9774
Senior Information and Housing Assistance	425-513-1900 or 1-800-422-2024
Senior Services of Snohomish County	425-355-1112
Snohomish County Human Services	425-388-7200
Snohomish County Human Services—Weatherization Program	425-388-7205
YWCA	425-774-9843

CHILD / YOUTH / YOUNG ADULT PROGRAMS

Al-Anon and/or Alateen Families/friends/teens of alcoholics	1-888-4Al-Anon
Alcohol and Drug Helpline	1-800-562-1240
Big Brothers & Big Sisters of Snohomish County	425-252-2227
Boys and Girls Club of Snohomish County	425-258-2436
Children's Domestic Violence Program	425-258-2766 xt.119
Cocoon House (Shelter ages 13-17)	425-259-5802
Youth Outreach Advocates	1-800-259-6042
Cocoon House / U-Turn 1421 Broadway, Everett, 98201	425-387-6776
DCFS (Dept of Child & Family Services @ DSHS)	1-800-927-4665
YMCA Programs and locations	425-258-9211

CHILDCARE, CHILDREN and PARENTING

Child Care Referral Services Volunteers of America	2-1-1 or 1-800-223-8145
Boys and Girls Club of Snohomish County	425-259-5147
Snohomish County ECEAP (free pre-school)	425-388-7268
EdCC Parent Education Co-Op	425-640-1665
EvCC Parent Education Co-Op	425-388-9300

Family Help Line	1-800-932-4673
Family Interagency Coordinating Council	425-339-1965
Head Start of Snohomish County	425-712-9000
CHILD STRIVE (formerly Little Red Schoolhouse General info)	425-353-5656
Parent to Parent: Parents of children with special health care needs	425-258-2459
Pathways for Women YWCA	425-774-9843
Pregnancy Resource Center	425-339-2175
Volunteers of America Neighborhood Center	425-259-2973
Washington Women In Need	1-888-440-9946
WIC (Women, Infants, and Children)	1-877-501-2233
Working Connections Childcare Program through DSHS	1-877-501-2233
YMCA Programs and locations	425-258-9211

MEDICAL, DENTAL, VISION, etc.

Alderwood Optical (accepts Medicaid coupon)	425-771-8472
Cascade Valley Hospital & Regional Medical Center Arlington	360-435-2133
Catholic Community Services	425-257-2111 or 1-888-240-8572
Children with Special Health-Care Needs/ Sno. Co. Health District	425-339-8652
Children's Hospital (Seattle) Resource Line	1-206-987-2000 or 1-866-987-2000
Citrine Health Programs	425-259-9899
Community Health Center Medical & Dental Clinic locations:	
Marysville	360-653-1742
N. Everett	425-551-1000
S. Everett	425-551-6001
Lynnwood	425-835-5204
Prescription Help	425-789-2050
Elks Therapy Program	1-800-825-3557
<i>In-home occupational & physical therapy Ages: Birth to 21 years</i>	
Everett Dental Clinic Everett	425-347-0547
Everett Denture Clinic Everett	425-259-2800
Everett Family Vision (accepts Medicaid coupon)	425-353-5544
Harborview Medical Center Dental Clinic Seattle	1-206-731-3189
Iglesias Santa Fe (Through Northwest Medical Team) Monroe	360-805-8181
Lake Washington Technical College (Dental Clinic) Kirkland	425-739-8130
Lions Club	1-800-223-8145
<i>Free and low cost hearing aids, eyesight screening, health clinics, service dogs and assistance...</i>	
Pregnancy Resource Center	425-339-2175
Providence Regional Medical Center (Colby Campus) Everett	425-261-2000
Providence Regional Medical Center (Pacific Campus) Everett	425-258-7123
Providence Sexual Assault 24 hour hotline	425-252-4800
Sea Mar Community Health Centers Marysville	360-428-4075
Shoreline Community College Dental Hygiene Clinic	1-206-546-4711
University of Washington: Children's dental care	1-206-543-3525
Adult dental care	1-206-616-6996
Snohomish County Dental Resource Line	425-339-5219
Snohomish Health District Well Child Clinic / Immunizations	425-339-5220
Swedish Edmonds Hospital (Formerly Stevens Hospital) Edmonds	425-640-4000

HEALTH INSURANCE

SHIBA (Statewide Health Insurance Benefits Advisors)

425-290-1276

www.insurance.wa.gov

Washington Health Plan Finders

1-855-923-4633

<https://www.wahealthplanfinder.org>

COUNSELING and MENTAL HEALTH

Bridgeways

425-355-8668

Catholic Community Services

425-257-2111

Compass Health

425-349-7300 or 1-800-584-3578

Crisis Response Services

1-800-584-3578

TTY

1-800-846-8517

Fairfax Hospital

425-821-2000

Family Reconciliation Services (DSHS)

Everett

425-438-4972

Lynnwood

425-438-4974

Lutheran Community Services

1-800-509-0515

Network of Care (Service members, Veterans & Families)

<http://snohomish.wa.networkofcare.org/veterans>

Northshore Youth & Family Services

425-485-6541

Pathways for Women (intake)

425-258-2766 or 425-412-2360

Planned Parenthood

1-800-230-7526

Public Mental Health Access Line

1-888-693-7200

Sea Mar Behavioral Health

Everett

425-609-5505

Lynnwood

425-977-2560

Monroe

360-805-3122

Stillaguamish Tribe

360-652-7362

Sunrise Services

425-231-4607

Tulalip Tribes of Washington

360-716-4400

Summit Counseling

425-355-9614

PROGRAMS, SUPPORT GROUPS, & DEPENDENCY TREATMENT

ADATSA (Alcohol & Drug Abuse Treatment and Support Act)

1-877-501-2233

AIDS Outreach

425-259-7142 ext 103

Al-Anon and Alateen

425-348-7828

Alcohol and Drug Helpline 24 hours a day / 7 days a week

1-800-562-1240

Alcoholics Anonymous

425-252-2525

Catholic Community Services Recovery Center

425-258-5270

EvCC Support Services

425-388-9292

Evergreen Manor Outpatient

425-493-5310

Evergreen Detoxification

425-258-3255

Gamblers Anonymous

1-800-547-6133

Grief and Loss Support Groups

425-771-1234

Kinship Caregiver Support Groups

Legal options, state benefits, special needs services, advocacy...

425-670-8984, xt. 12

For drop-in locations and times (childcare provided)

425-501-6665

M.A.D.D. Mothers Against Drunk Driving

1-800-364-6233

Narcotics Anonymous

425-609-6170

PFLAG (Parents, Families and Friends of Lesbians & Gays)	360-863-8222
Providence Hospice and Home Care	425-261-4800
Providence Pavilion For Women & Children	425-261-4800
Safe Babies / Safe Moms	425-259-7142 ext 141
Snohomish Health District—Gay Men's Information Line	425-339-5251
Therapeutic Health Services, Adult	425-347-5121
Therapeutic Health Services, Youth	425-263-3006

SCHOOLS / TRAINING / EMPLOYMENT

Community Trades and Careers (Division of Sunrise Services)	425-374-5478
<i>Assists individuals with disabilities to find and keep employment</i>	
disAbility Resource Connection	425-290-7651
<i>Designed to empower youths with disabilities</i>	1-800-315-3583
Diversified	425-355-1253
<i>Career and employment services for individuals with disabilities</i>	
Division of Vocational Rehabilitation (DVR)	
Employment & training for the disabled	
Everett	425-339-4880
Lynnwood	425-673-3180
Smokey Point	360-651-6401
Edmonds Community College	
Main number	425-640-1500
Enrollment Services	425-640-1458
Career Center	425-640-1256
Workforce Training and Development	425-640-1421
	www.edcc.edu
Everett Community College	
Main number	425-388-9100
Counseling, Advising and Career Center	425-388-92693
GED, ESL, USA Citizenship classes	425-388-9291
Workforce Training and Development	425-388-9565
	www.everettcc.edu
Familias Unidas ESL and USA Citizenship class information	425-513-2880
Goodwill Industries Job Training & Education Center	
S. Everett	425-267-9718
Marysville	360-657-4058
	www.seattlegoodwill.org
Job Corps (16-24 years old)	1-800-733-5627
Mountlake Terrace Library ESL classes	425-776-8722
Project Self-Sufficiency	425-388-7200
Service Alternatives, Inc (For individuals with disabilities)	425-710-0107
Snohomish County Developmental Disabilities	425-388-7476
Sno-Isle Libraries	360-651-7000
Volunteers of America (life skills classes, training programs)	425-259-3191
	www.voaww.org
WA State Division of Developmental Disabilities (DDD)	425-339-4833
Washington Vocational Services	425-258-6300
	www.wvs.org
Washington State Worksource (Employment Security)	425-258-6300

TRANSPORTATION

Dial-a-Ride Transportation (DART)	425-347-5912
Everett Para Transit	425-257-8801
Cedar Park Church Ministry (Vehicle mechanics)	425-939-1347
Community Transit	425-353-7433 or 1-800-562-1375
Senior Services of Snohomish County	425-423-8517
Special Needs Transportation Hotline	1-800-223-8145

CLOTHING and HOUSEHOLD ITEMS

Catholic Community Services (Baby Layette Program)	425-257-2111
Clothes For Kids	425-670-7285
Operation School Bell	425-252-8671
Pregnancy Aid (Maternity/infant clothing)	425-252-6444
Pregnancy Resource Center	425-339-2175
Salvation Army	425-259-8129
Snohomish Food Bank and Clothing	360-568-7993
St. Vincent de Paul (Clothing and furniture)	425-355-3504
The Mission	425-252-4776
Volunteers of America	425-259-3192
Westgate Chapel	425-775-2776
Working Wardrobe (YMCA)	425-258-2766 ext. 228

DISABILITY RESOURCES

ARC of Snohomish County	425-258-2459
Children's Hospital & Regional Medical Center	1-206-528-2760
<i>Learning Disabilities Clinic</i>	
Children with Special Health Care Needs	425-339-8652
Community Services for the Blind/ Partially sighted	1-800-458-4888
Community Trades and Careers	425-374-5478
Department of Services for the Blind	1-800-552-7103
Division of Vocational Rehabilitation (DVR)	425-673-3180
Eagle Wings disAbility Ministries	360-658-6093
National Dissemination Center for Children with Disabilities	1-800-695-0285
Outdoors for All: Recreation for Individuals with Disabilities	1-206-838-6030

LEGAL ASSISTANCE

CLEAR Senior Intake Advice and referral: over 60 years old	1-888-387-7111
Dispute Resolution Center of Snohomish, Island & Skagit Counties	425-339-1335 or 1-800-280-4770
Legal Voice (Information and referrals)	206-621-7691
Northwest Justice Project Advice and referral: under 60 years old	1-888-201-1014
Pathways for Women (Legal Services Clinic)	1-877-773-9843
Protection Order Program (Within Washington State)	425-388-3638
Snohomish County Family Law Facilitator Program	425-388-3795
Snohomish County Legal Services (Divorce, landlord/tenant)	425-258-9283
Team Child (Legal advocacy for Youth)	425-258-3132

ADDITIONAL RESOURCES

AT&T Lifeline Telephone assistance in specific areas	1-800-377-9450
Bureau of Indian Affairs	425-258-2651
Clearpoint Financial Solutions	1-800-634-2227
Familias Unidas Hispanic Family Support Center	425-513-2880
Northwest Immigrant Rights Project	1-800-445-5771
Operation Lookout—Center for Missing Children	1-800-782-7335
PSE (Puget Sound Energy)	1-800-CALL-PSE
PUD (Public Utility District #1 of Snohomish County)	425-783-1000
Refugee and Immigration Services Northwest	425-388-9307
S.C.O.R.E. Service Corps of Retired Executives	1-206-553-7320
Senior Information & Assistance	425-513-1900
Senior Information & Assistance (Hispanic Outreach)	1-800-422-2024
Snohomish County Human Services, Veteran's Assistance	425-388-7255
Voter Registration	425-388-3444
Washington State Tribal Directory	http://www.goia.wa.gov

HOMELESS EDUCATION LIAISONS

Denise Putnam	Arlington Public Schools	360-618-6209
Brett Galbraith	Darrington School District	360-436-1323
Leanne Brisbois	Edmonds School District	425-431-7146
Cynthia Jones	Everett Public Schools	425-385-4039
Carol Panagos	Granite Falls School District	360-691-7717
Martin Boyle	Index School District	360-793-1330
Gina Anderson	Lake Stevens School District	425-335-1582
Michael Mack	Lakewood School District	360-652-4500
Scott Irwin	Marysville School District	360-653-0887
Ginnie Ayres	Monroe School District	360-804-2558
Beth VanderVeen	Mukilteo School District	425-356-1260
Chris Bigelow	Northshore School District	425-408-7726
Vivian Rogers Decker	Oak Harbor School District	360-279-5072
Dinah Ladd	Seattle Public Schools	1-206-252-0857
Pamela Kinnaird	Shoreline School District	1-206-393-3387
Sharon Jantz	Snohomish School District	360-563-7314
Elisse Sahlin	Stanwood-Camano School District	360-629-1286
Robin Briganti	Sultan School District	360-793-9801