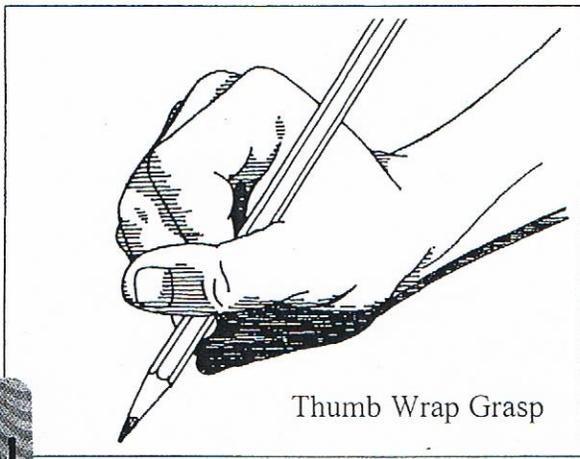
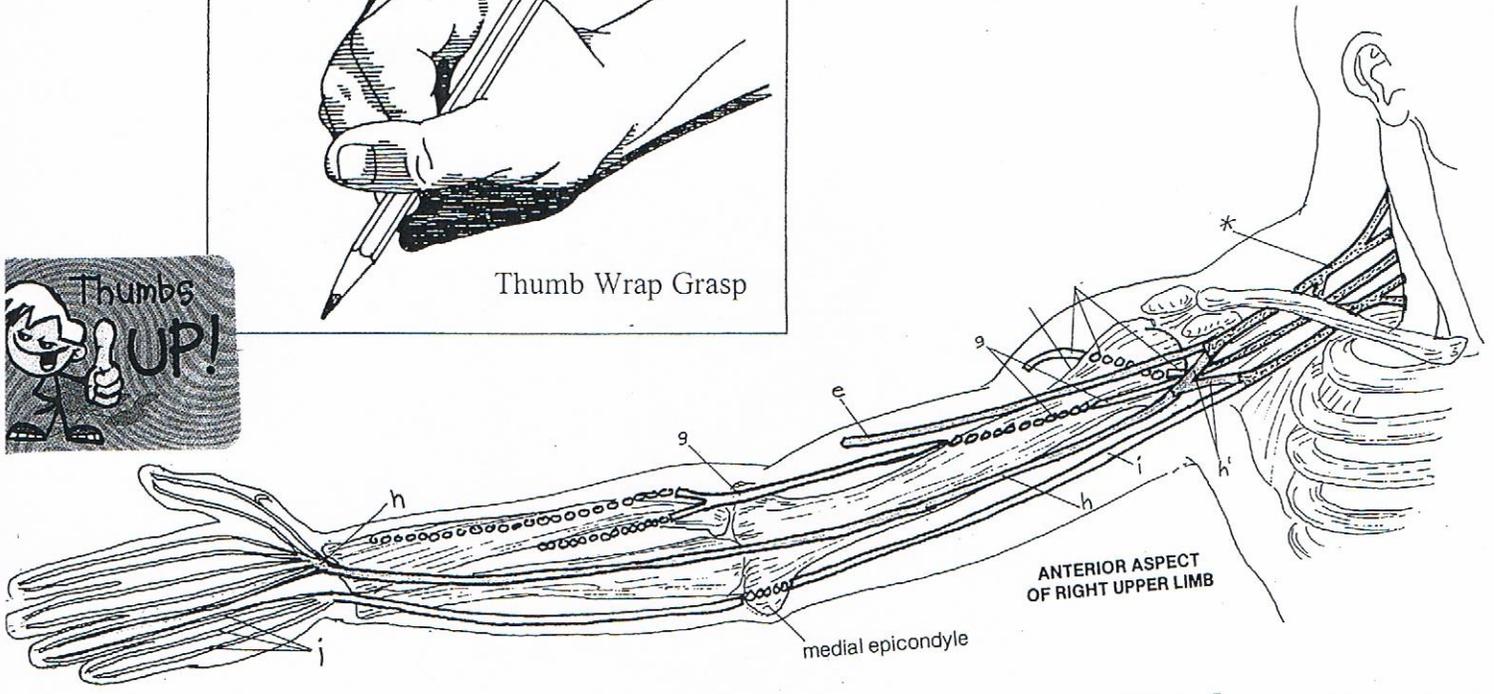


# The Why of a Good Grip



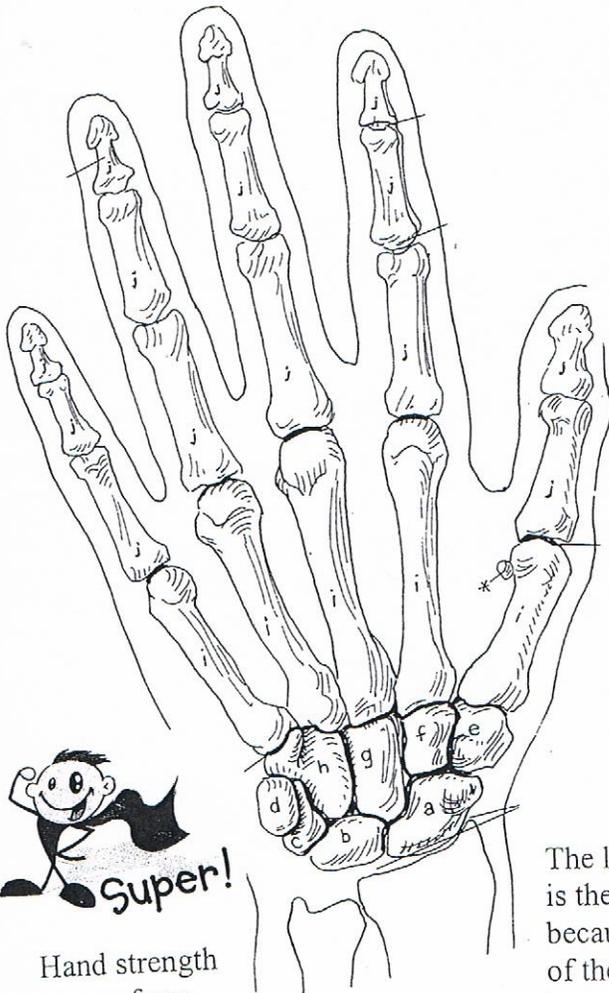
Thumb Wrap Grasp



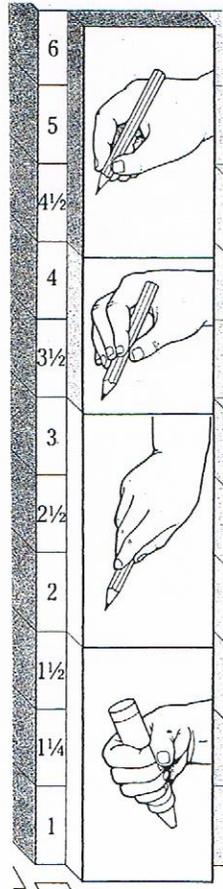
ANTERIOR ASPECT OF RIGHT UPPER LIMB

Median Nerve

Ulnar Nerve

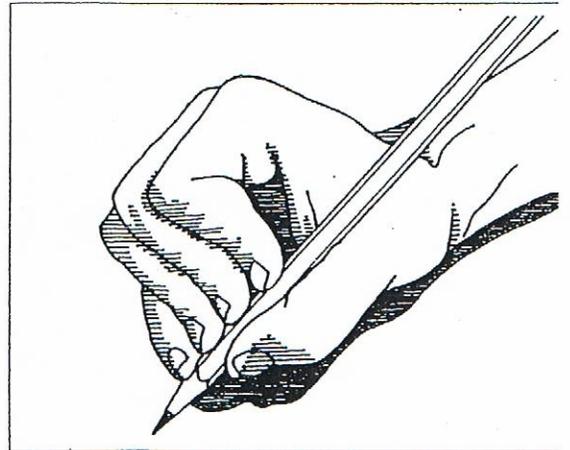


Hand strength comes from the fourth and fifth fingers

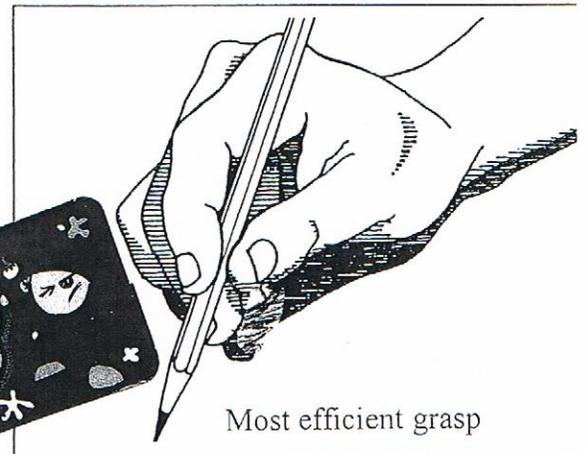


The long finger is the most stable because the base of the long bone is trapped the most tightly of all the fingers of the hand.

## Four Fingers or Quadrapod Grasp



## Dynamic Tripod Grasp



Most efficient grasp

