

# EPS Preschool, Transitional Kindergarten & Kindergarten Learning Engagement Guide

## Spring Break: April 6 - 10

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Reading &amp; Writing</b>	<p><i>Read a book</i> Choose a favorite picture book. Encourage your student to tell the story by “reading” the pictures on each page. Adults might have to model this by talking about the pictures first. Older students can retell the story including characters, setting and event.</p>	<p><i>Rhyme with Me</i> Choose an object in your home and encourage your student to make a rhyme (real or nonsense word) Example: cup – pup or jup Older students can write a list of their rhyming words.</p>	<p><i>Write a story</i> Encourage your child to tell a story about something that happened to them and then draw and write the story. This might include scribbles, letters, words or a sentence “below the line”, write their name, include speech or thought bubbles and labels.</p>	<p><i>Letter hunt</i> Look for the letters in your name and other familiar words throughout your home. Older students can practice writing the letters they find and make them into familiar words or sentences.</p>	<p><i>Write a card</i> Write a card or draw a picture for a neighbor, first responder or someone else. Address it, mail it, deliver it or find another way to share it.</p>
<b>Math</b>	<p><i>Shapes</i> Use the shape cards to trace or cut. Make a shape collage. Talk about the attributes (corners, lines, sides). Identify the names and talk about the letters.</p>	<p><i>Sorting</i> Have your student help you organize a drawer or cupboard. Encourage them to sort and categorize the items. Students can also practice counting the items in each set.</p>	<p><i>Counting</i> Create small sets (3-10 for PreK and TK, 10-30 for K) of objects you have around the house (pens, coins, paperclips, etc.). Encourage students to count each set and draw a picture of their set and older students can write the number. Extend the activity by having students order the sets from smallest to largest.</p>	<p><i>Counting aerobics</i> Count aloud as you do each exercise. 1 deep breath 2 push ups 3 sit ups 4 jumping jacks 5 hops (per foot) 6 frog jumps 7 toe touches 8 crab walks 9 gallops 10 deep breathes Older student can do two to three sets and count higher.</p>	<p><i>Number hunt</i> Talk a walk and look for numbers in your neighborhood (street names, house numbers, license plates, etc.). What number did you see most frequently? Older students could write down the numbers they find.</p>

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<b>Science</b>	<i>Paint rocks</i> Gather rocks and paint them. Explore mixing colors. Hide them around your neighborhood for other families to find.	<i>Nature walks</i> Go on a nature walk (or look out your window). Look for bugs and other interesting creatures. Talk about their characteristics and where they live.	<i>Leaf collection</i> Gather a leaf collection from bushes, trees, and needles (they're leaves too!). Count and sort the collection. Trace the leaves on paper.	<i>Flower search</i> Walk around your neighborhood (or look out the window) and look for plants that have flowers. Ask your child to draw a picture of a flower they see.	<i>Sink &amp; float</i> Pull a stool up to the sink, some water in the bathtub, or a container of water outside. Gather various objects that your child can experiment with to see if they sink or float (rocks, leaves, wooden objects, etc.).
<b>Social-emotional</b>	<i>Family emotional check-in</i> Use emotions card. Sit together and have each person share how they are feeling and why.	<i>Play with me</i> Spend 10 minutes playing with your child doing an activity they want to play. Follow their lead. Make sure it's not a video or screen. Use this time to ask questions but try not to direct the play.	<i>Go on a Bear Hunt</i> Some communities are asking people to put bears in their windows. Walk around your neighborhood and look for bears in your neighbor's windows. Talk with your child about what you see.	<i>Turn taking games</i> <ul style="list-style-type: none"><li>• Candy land</li><li>• Shoots &amp; Ladders</li><li>• Create a simple board game, use household items for board pieces and take turns rolling a dice, drawing a number or just alternating moving game pieces through the board.</li></ul>	<i>Family emotional check-in</i> Use emotions card. Sit together and have each person share how they are feeling and why.
<b>Other</b>	Download Vroom app <a href="https://www.vroom.org/">https://www.vroom.org/</a> for daily activities and tips to support your child's learning  Cosmic Kids <a href="https://www.cosmickids.com/">https://www.cosmickids.com/</a>				

Additional activities and resources available on the Everett Public Schools website: [www.everettsd.org](http://www.everettsd.org)

School closure information and updates will also be available on the website.