

"The ultimate measure of a man is not where he stands in moments of comfort and convenience, but where he stands at times of challenge and controversy."—Martin Luther King, Jr.

"When you come to the end of your rope, tie a knot and hang on."—Franklin D. Roosevelt

"We must meet the challenge rather than wish it were not before us."—William J. Brennan, Jr., Former Associate Justice of the U.S. Supreme Court

"And once the storm is over, you won't remember how you made it through, how you managed to survive. You won't even be sure whether the storm is really over. But one thing is certain. When you come out of the storm, you won't be the same person who walked in. That's what this storm's all about."—Haruki Murakami