

# Behavior Pact

Enter School Name:

Dear parents and/or guardians,

Behavior Pacts are a collaborative way for teachers and other school personnel to work with students to co-develop specific goals related to mastering school-wide expectations. With Behavior Pacts, students and teacher develop specific goals and strategies aimed at incrementally building student success and confidence at school.

**Your student has been nominated to participate in the Behavior Pact program!**

**Here's how it works:** Students participating in Behavior Pacts will meet with their teacher and together develop two to three goals needed to master school-wide expectations. The teacher and student will then develop a daily goal and a weekly goal needed to build skills and confidence in meeting the larger goals. As part of the Behavior Pact program, the student and teacher will also list strategies the teacher can use to support/encourage and provide feedback that will be received readily by the student. Teacher and student will also develop a set of "re-enforcements" that the student will be eligible for if s/he/they meet their goals. Examples of re-enforcements are class leadership role, teacher assistant/helper, playground assistant, etc.

**On the back of this page, you'll find strategies for supporting Behavior Pact from home as well as an example of a Behavior Pact:**

If you would **not** like your student to participate in the Behavior Pact program or have any questions, please feel welcome to call me at (425) 385-XXXX, or email me at [insertcontact@everettsd.org](mailto:insertcontact@everettsd.org).

In care,

**Insert Contact**

## How to best support Behavior from home:

- **Celebrate success, resist punishment:** Ask your student each day if they reached their daily goal. Offer positive praise if goal was achieved and provide opportunity for reflection if not. Remind your student that the next day will bring a new opportunity.
- **Utilize incentives:** Is there something positive your student could work towards each week by meeting their weekly goal according to their pact? Incentivizing student success at home can be supportive by helping motivate students to work hard at meeting their personal goal.
  - Examples: picking what to eat for dinner; getting to play a game of choice with you; play date with a friend; getting to choose a movie to watch.
- **Consistency:** Behavior is a program aimed at helping students set incremental goals that will help them achieve broader long-term goals for meeting school-wide expectations around positive behavior. Reinforcing self-reflection, goals-setting and helping your student set attainable next steps at home can be very helpful for your student.

## Example Behavior Pact

**FORM 3.5**  
**Behavior Contract Template**

Student:	Date:
Teacher/School Personnel:	Parent/Caregiver(s):
<b>What behavior(s) will student work to increase?</b> 1. 2. 3. To track each time one of these behavior occurs, _____ will do the following: (teacher/adult at school)	
<b>Daily Goal:</b>	
If _____ reaches this goal, s/he will choose one of the following:	List of daily reward choices:
<b>Weekly Goal:</b>	
If _____ reaches this weekly goal, s/he will choose one of the following:	List of weekly reward choices:
I helped to create this contract, understand it, and agree to the terms of this behavior contract.	
<b>Student Signature:</b> _____	
I understand and agree to follow through with my part of this contract.	
<b>Teacher/School Personnel Signature:</b> _____	
I understand and agree to follow through with my part of this contract.	
<b>Parent/Caregiver Signature(s):</b> _____	

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