

Targeted SEL Group

Insert School Name

Targeted SEL Groups is an intervention aimed at supporting students in gaining key social and emotional strategies and skills connected to one of five social and emotional competencies: Relationship Skills, Self-Awareness, Social-Awareness, Self-Management and Responsible Decision-Making.

_____ has been nominated to participate in Check-In/Check-Out!

Here's how it works: Your student will meet with (Insert Person running the group) every (Insert day of the week) at (insert time of day) along with several other students who will be participating in this same group. These students will all be working on (insert the skill/domain student will be working toward). Each week your student will be asked to try out specific strategies as they engage with adults and students in a positive and engaged manner. These skills, along with a data collector, will be communicated with you weekly. Each week, we ask that you complete the data collector and provide feedback on student success in the SEL competency as well as data on how many times the student used the weekly strategy/skill.

Here are some strategies for supporting SEL Groups in the classroom:

- **Consistency:** Work closely with the SEL group leader. Students participating in Targeted SEL groups are learning new skills and will need support from caring adults. It is important that students hear consistent messages and language.
- **Focusing on strengths:** Build your feedback to students off what they do well. As students begin to implement new strategies it will take time for them to learn to use them fluently.
- **Positive praise:** Remember, you get more of what you see and notice. Look for positives in all students but particularly those students receiving Tier 2 supports. Work closely with the counselor and/or the SEL Group Coordinator to learn about specific strategies to support (insert student name).