### Recognition

Board of Directors Meeting October 25, 2011



#### 2011 Fit-Friendly Company

**American Heart Association Award** for companies which champion employee health and create a culture of physical activity in the workplace.





#### 2011 Golden Apple Award Second Place

Healthy Worksite Summit Award

For an outstanding worksite health promotion program.

Open to all state employers.

EPS was the ONLY school district winner.





#### **Darcie Cooper**

## American Heart Association Lifestyle Change Award

- Seattle's "Big Climb"
- 5K Race
- Seattle to Portland Bike Ride
- Danskin Triathlon
- Mary Meyer Triathlon
- Goal: December Half Marathon



Health, energy, enthusiasm – and a role model for students and staff!



# Washington State's 2011 AHA Fit -Friendly Companies

3 TIER INC.

**CGI Technology** 

City of Wenatchee

**Edmonds Community** 

College

**HealthForce Partners** 

MacDonald-Miller

**Nucor Steel** 

**PCL Construction** 

**Precor** 

RealNetworks

**Swedish Edmonds** 

**UW Medical Center** 

**AAA** Washington

City of Seattle Parks

ClearPoint

**Everett** 

Public

Schools

Infinity Internet, Inc

**MultiCare Health** 

Oberto Sausage Co.

**Philips Healthcare** 

**Premera Blue Cross** 

Virginia Mason

**Alaska Air Group** 

City of Tacoma

**Corwin Beverage** 

**Fairmont Hotel** 

**Inland NW Health** 

**Overlake Hospital** 

Physio-Control, Inc.

**Providence**, Everett

Savers, Inc.

The Polyclinic

**Wright Runstad** 

**Red Lions Hotel** 

Corporation

Swedish Health

Services

**Brooks Sports** 

City of Tukwila

**Drugstore.com** 

**Fisher** 

Communications, Inc.

**King County** 

**Nintendo** 

**Pathology Associates** 

**Port Blakely Company** 

**Puget Sound Energy** 

Seattle Children's

**Trident Seafoods** 

Zetec, Inc

