



- **United Health Care: Simply Engaged Program-Update**
 - Met with UHC representative to get a clear picture of what our role in promoting the Simply Engaged Program is and what the expectation is in terms of enrollment.
- **Seasonal Campaigns**
 - **CRC 1,000 Mile Resolve**
 - **Healthy Heart Challenge-170 participants**
- **Weight Watchers at Work**
 - **Penny Creek and CRC combined weight loss of 400 pounds**
- **Fitness Classes**
 - Ten classes District wide
- **Wellness Wednesday: Weekly Wellness Newsletter**
 - Readership (opens) 200-300