

ESEBT Board Report August 2015

New Wellness Coordinator Introduction

o Rickie Lee Marker-Hoffman

Onboarding and Transition with Gail Buquicchio

- Met with vendor and wellness partners
 - United Health Care
 - Decided not to offer onsite screening opportunity Fall 2015
 - Group Health
 - Sean White (Mercer)
 - Weight Watchers
 - YMCA
 - American Heart Association
 - Workplace Health Research Network (WHRN)
- Reviewed Wellness Program initiatives, activities, and goals
- o Training on Wellness Program and Everett Public School online systems

Wellness Presentations and Introductions: August 2015

- SLT Retreat
- Office Managers
- o Maintenance
- Transportation
- New Employee
- Food Service (September)

Getting to know Everett Public School District

- Principal meetings
 - 15 as of 8/20
- Wellness Champion interviews
- Employee survey

Weight Watchers at Work

- Community Resource Center: Summer Session
 - 17 attendees, 34.2 pounds lost to date

Fall Initiative Preparations

- Health Fair and Flu Vaccine Clinics
 - September 29: CRC (Health Fair and Flu Vaccine Clinic)
 - October 6: North MS (Flu Vaccine Clinic)
 - October 7: Gateway MS (Flu Vaccine Clinic)
 - October 8: Evergreen MS (Flu Vaccine Clinic)
 - October 13: North MS (Flu Vaccine Clinic)
- o WALKTOBER
- o Communications
 - Wellness web page
 - Wellness Wednesday weekly newsletter
 - Promotional emails and flyers