

Everett School Employees Benefit Trust
Wednesday, January 17, 2018
Minutes

Attendance

Gregg Elder
Adam Goldstein
Susan Lindsey
Jeff Moore
Kelly Shepherd

Absent

Cris Bosket
Larry Fleckenstein

Also Attending

Shelly Henderson
Debbie Kovacs
Randi Seaberg
Darla Vanduren
Angie Erickson

Recorder

Kellee Newcomb

Call to Order

The meeting was called to order by Jeff Moore at 4:03 p.m.

Adoption of Agenda

A motion was made by Kelly Shepherd and seconded by Susan Lindsey to adopt the agenda as written. The motion passed unanimously.

Adoption of Minutes

A motion was made by Kelly Shepherd and seconded by Susan Lindsey to approve the minutes from the December 13, 2017 meeting as written. The motion passed. Because they were not present at the December 13, 2017 meeting, Gregg Elder and Jeff Moore abstained.

Financials

Darla provided financials from December 2017 and reviewed them with the group. The Trustees asked about the finances and if spending was going as planned. Darla said the December bills were higher due to the new rates, but that more would be known at the end of January when things started to even out.

Wellness Program Update

Shelly reviewed the monthly Wellness Program report with the group. She shared program results from the recently completed *Feel Like a Million* (FLAM) campaign. She said that most of the feedback from staff participants was positive; however, in the beginning there was confusion with the app on tracking physical activity, and some complaints that it took too much time. There were requests to bring Walktober back. The Trustees' shared their thoughts on the two programs. Shelly said the time of year (going into the holidays) might also have been too much for some.

Benefits Department Update

Open Enrollment Update

Information regarding 2018 enrollment numbers and changes was shared with the group. Overall there was not a lot of movement between plans. Aetna's Core plan and Kaiser Permanente saw the largest increases. The Trustees discussed the information and provided feedback.

Trust Policy/Procedure Review

Policy 220, Investment Guidelines

Proposed revisions to Policy 220, Investment Guidelines, were provided for first reading at the December 13, 2017 Trust meeting. A motion was made by Gregg Elder and seconded by Adam Goldstein to adopt the revisions to Policy 220, Investment Guidelines as presented. The motion passed unanimously.

Upcoming February Agenda items

The Trustees reviewed agenda items for the February 14, 2018 meeting. Because there were no crucial items planned for the next meeting, the Trustees agreed to cancel the February 14, 2018 Trust meeting.

Other

- Randi shared that meetings are being scheduled with Sean to begin discussing next year's plans.
- The Trustees asked that an item be added to the March meeting agenda regarding an update on SEBB. They would like Melanie to be part of the discussion if she is available.
- At the December meeting, the Trustees discussed the option of changing the current subsidy practice to be contingent on staff members attending a certain number of meetings before the subsidy is paid. Shelly reported that Weight Watchers is not able to accommodate this option.

Adjournment

The meeting was adjourned by Jeff Moore at 4:38 p.m.

Sincerely,

Susan Lindsey
Secretary

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