



November 10, 2022

To: Parents/Guardians of high school health students  
From: **Name of Principal, Principal** of **Name of School**  
Regarding: Comprehensive sexual health education

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Dear Parents/Guardians,

Starting in **January** your student's Family Health class will address topics in sexual health education. Consistent with [district policy 2123](#), content will address AIDS and sex education, including information about human anatomy, reproduction and related topics. AIDS prevention education will be limited to the discussion of the life-threatening dangers of the disease, its spread and prevention.

The district's adopted curriculum, *Get Real: Comprehensive Sex Education That Works*, will be used for instruction. The following topics will be addressed:

- Introduction to sexuality
- Reproductive anatomy
- Gender, sex and shared responsibility
- Reasons and methods for preventing pregnancy
- Preventing STIs and HIV
- Sexual risks and low-risk intimacy
- Negotiating postponement and protection
- Social media literacy and sexuality
- Healthy and unhealthy relationships
- Assessing risk and assessing sexual health care
- Affirmative consent
- Bystander training

If you would like to preview the curriculum, please fill out this [request to preview the curriculum form](#) or visit <https://bit.ly/SexEdCurriculumReview>. If you have questions, please contact your student's teacher. You may also attend a curriculum presentation on **enter date and time**.

District policy allows you to opt out your student of all or a portion of instruction. If you do NOT want your student to receive sexual health instruction, please notify your student's teacher through email or complete an [opt out form](#) or visit <https://www.everettsd.org/Page/38405>. Students who opt out of instruction will receive alternative class assignment(s) not addressing sexual health topics. Teachers will begin the lessons to all students who have NOT opted out on **Enter Date**.

Please do not hesitate to contact your student's teacher with questions.

Sincerely,

**Teacher Name**