



March 7th, 2022

To: Parents/Guardians of middle school PE students

From: **Principal name and Name of School**

Regarding: Comprehensive sexual health education

Dear Parents/Guardians,

Starting in **May** your student's pe class will address topics in sexual health education. Consistent with [district policy 2123](#), content will address AIDS and sex education, including information about human anatomy, reproduction and related topics. AIDS prevention education will be limited to the discussion of the life-threatening dangers of the disease, its spread and prevention.

The district's adopted curriculum, *Get Real: Comprehensive Sex Education That Works*, will be used for instruction. The following topics will be addressed for Grade 8:

- Creating the Classroom Environment
- Healthy and Unhealthy Relationships
- Addressing Obstacles to Abstinence
- Comprehensive Protection Methods
- STI/HIV Transmission
- Living with HIV
- Refusal Skills
- Goals and Decision Making
- Bystander Training
- Affirmative Consent
- Conclusion and Review

If you would like to preview the curriculum, please fill out this [request to preview the curriculum form](#) or visit <https://bit.ly/SexEdCurriculumReview>. If you have questions, please contact your student's teacher. You may also attend a curriculum presentation on **enter date and time (buildings must host this at least 30 instructional days prior to the first day of instruction)**.

District policy allows you to opt out your student of all or a portion of instruction. If you do NOT want your student to receive sexual health instruction, please notify your student's teacher through email or complete an [opt out form](#) or visit <https://www.everettsd.org/Page/38405>. Students who opt out of instruction will receive alternative class assignment(s) not addressing sexual health topics. Teachers will begin the lessons to all students who have NOT opted out on **Enter Date**.

Please do not hesitate to contact your student's teacher with questions.

Sincerely,

Teacher Name