

INFRASTRUCTURE

SCHOOL FACULTY AND STAFF WITH EXPERTISE IN BEHAVIORAL HEALTH

The following school staff have been identified as having expertise in behavioral health. They will be available to assist and support students with behavioral health concerns and during a crisis.

Name	Position/Title	Office Number	Phone Number	Email	Notes on any Expertise
Stacy Robinson	Student Support Advocate		425-385-6017	lbrent2@everettsd.org	
Jason Himstedt	School Counselor		425-385-6024	jhimstedt@everettsd.org	
Anne Jensen	School Counselor	132	425-385-6023	ajensen@everettsd.org	
Kaitlin Kalkwarf	School Psychologist		425-385-6012	kkalkward@everettsd.org	
San Le/Laura King sub through January 2023	School Counselor		425-385-6022	sle@everettsd.org	
Elisabeth O'Brien	School Counselor		425-385-6139	solson2@everettsd.org	
Pam Richards	School Counselor		425-385-6025	prichards@everettsd.org	
Debbie Wade	School Counselor		425-385-6021	dwade@everettsd.org	
Ellen Winningham	School Psychologist		425-385-6009	ewinningham@everettsd.org	
Denise Redford	Intervention Specialist		425-385-6013	dredford@everettsd.org	

District Response Team: In the event of an emergency related to student death, the district-leads will launch the District Response Team, as needed, to assist the school in managing the social, emotional and mental health needs of students.

Name	Position/Title	Office/room phone	Cellphone	Email
Dave Peters	Director of Student Support Services	425-385-4063	425-870-3341	dpeters@everettsd.org
Laura Phillips	Director of MTSS	425-385-4043	(206) 388-7377	lphilips@everettsd.org
Erin Jackson	Regional Social Worker	425-385-5279	(425) 802-9545	Ejackson2@everettsd.org
Terry Coleman	Regional Facilitator		(206) 280-8583	tcoleman@everettsd.org
Randi Seaberg	Director of HR for EAP staff support	425-385-4104		rseaberg@everettsd.org

Media Relations: The following people will coordinate to address media inquiries and to manage social media

Name	Position/Title	Office/room phone	Cellphone	Email
Kathy Reeves	Director of Communications	425-385-4040		KReeves@everettsd.org
Michael Takayoshi	Principal	425-385-6001		MTakayoshi@everettsd.org
Jeanette Siemers	Assistant Principal serving in place of principal	425-385-6000		Jsiemers@everettsd.org
Jennifer Goodhart	Communications Coordinator	425-385-4042		jgoodhart@everettsd.org
Linda Carbajal	Communications Technicians	425-385-4210		lcabajal@everettsd.org

Safe Room: The following staff and places have been identified to support students in need of safe places and support (safe room and staff)

Staff	Spaces
Jason Himstedt	Library
Anne Jensen	Career Center
San Le	Conference Rooms
Elisabeth O'Brien	Counseling Office

Pam Richards	Counseling Office
Debbie Wade	Counseling Office
Stacy Robinson	Counseling Office
Denise Redford	Counseling Office
Katherine Mayan	Building 100
Jeannette Siemers	Building 100
Michael Takayoshi	Building 100
Mike Washington	Building 100

Student Information System Updates: The following people will ensure that the student information system is updated and that the student is removed from all rosters that produce mass communications:

Staff member	Role	Phone Number
Jackie Ellerbeck	Registrar	6015
Kaylee Songstad	Data Secretary	6003

The following staff will ensure that student information system will be updated to minimize

Multi-language speakers: The following School Staff members have been identified as being able to support families with diverse linguistic and cultural backgrounds.

Name	Position/Title	Office Number	Phone Number	Email	Additional Languages (if any)	Notes on any Expertise
Jason Himstedt	School Counselor		425-385-6024	jhimstedt@everettsd.org	Portuguese	Native speaker
Yu-Chin Huang	Chinese teacher		425-385-6000	Yhuang@everettsd.org	Chinese	Native speaker
Katherine Mayan	Assistant Principal		425-385-6000	kmayan@everettsd.org	Spanish	Native speaker
Leslie Brent	Student Support Advocate		425-385-6017	Lbrent2@everettsd.org		Non-native speaker
??Pooja Saxena	Occupational/P hysical Therapist		425-385-6032	psaxena@everettsd.org	??	
Simran Takhar	Technology Field Technician		425-385-6098	stakhar@everettsd.org		
Katherine Lockwood	German teacher		425-385-6144	klockwood@everettsd.org	German	Native speaker
Rebecca Richardson	French teacher		425-385-6142	Richardson@everettsd.org	French	Non-native speaker
Ryan Wolk	French and German teacher		425-385-6130	Rwolk@everettsd.org	French & German	Non-native
Ashley Femrite	Spanish teacher		425-385-6143	Afemrite@everettsd.org	Spanish	Non-native
Jamie Farman	Spanish teacher		425-385-6145	Jfarman@everettsd.org	Spanish	Non-native
San Le	School Counselor		425-385-6022	Sle@everettsd.org	Vietnamese	Native
Ruth Hunter	English teacher		425-385-6162	Rhunter@everettsd.org	German	Non-native speaker
Rita Bachour	Para-educator		425-385-6102	Rbachour@everettsd.org	?Farsi	Native speaker
Amy Crum	Math teacher		425-385-6158	Acrum@everettsd.org	French	Non-native speaker
LanguageLink	Interpreter Services	877-650-8023				

		Account: 6517				
Refugee and Immigrant Services Northwest	Interpreter Services	425-388- 9307				
Jose Cervantes- Aguilar	Spanish teacher					Fluent native speaker

The following staff are members of the schools Forefront Team:

Name	Position/Title	Office/room phone	Cellphone	Email
Pam Richards	School Counselor	x6025	206-270-9470	Prichards@everettsd.org
Elisabeth O'Brien	School Counselor	6139		Eobrien@everettsd.org
Stacy Robinson	Family Advocate	6017		
Denise Redford	Intervention Specialist	6013		
Michael Takayoshi	Principal	6090		
	Teacher			
	Teacher			
	Parent			
	Parent			
	Student			
	Student			

Student Health and Wellbeing Team: The following staff play a role in developing a responsive school culture aimed at developing a sense of belonging and making sure that suicide prevention and other behavioral health related trainings happen each year:

Name	Position/Title	Office/room phone	Cellphone	Email
Jeanette Siemers	Administrator			
Michael Takayoshi	Administrator			
Kelly Rogers	Teacher/ASB activities			

COMMUNITY BASED RESOURCES

Here is a list of national, state, and community-specific resources that can assist students and their families with behavioral health and related concerns.

Organization/ Practitioner Name	Address	Phone Number	Email address	MOU in Place? (Y/N)	Additional Notes
Care Solace		888-515-0595			www.caresolace.com/site/eps
Catholic Community Services	1918 Everett Avenue, Everett, WA 98201	425-257-2111 888-240-8572 425-258-5270	CCSNorthwestInfo@ ccsww.org		www.ccsww.org
The Center of Parent Excellence (COPE) project		253-732-4944	jasmine@acommonvoice.org		www.hca.wa.gov/about-hca/behavioral-health-recovery/center-parent-excellence-cope-project Support or Consultation Group: Second Wednesday of every month 11 a.m. to 12 p.m. Register: North Sound (a.m.) Fourth Wednesday of every month 6 to 7 p.m. Register: North Sound (p.m.)
Changes Parent Support Network	4634 Alger Avenue, Everett, WA 98203	888-468-2620	office@cpsn.org		www.cpsn.org Everett Support Groups: 6:30pm to 9:00pm (currently Zoom)

Organization/ Practitioner Name	Address	Phone Number	Email address	MOU in Place? (Y/N)	Additional Notes
Cocoon House	3530 Colby Avenue, Everett, WA 98201	425-317-9898	info@cocoonhouse.org		www.cocoonhouse.org/prevention
Compass Health – Federal Ave	4526 Federal Ave., Everett, WA 98203	425-349-6200			www.compasshealth.org Online referral form: https://www.compasshealth.org/online-referral-form/ Referral Line: 844-822-7609
Compass Health – Lynnwood	4807 196 th St. SW, Suite 100, Lynnwood, WA 98036	425-774-4269			www.compasshealth.org Online referral form: https://www.compasshealth.org/online-referral-form/ Referral Line: 844-822-7609
Compass Health – Smokey Point	3320 173 rd Pl NE, Arlington, WA 98223	425-349-8700			www.compasshealth.org Online referral form: https://www.compasshealth.org/online-referral-form/ Referral Line: 844-822-7609
Domestic Violence Services	PO Box 7, Everett, WA 98206	425-252-2873	info@dvs-snoco.org		www.dvs-snoco.org
The Everett Clinic – Behavioral Health Department	Multiple locations	425-339-5453			www.everettclinic.com/types-of-care/specialty-surgical/behavioral-health.html
Fairfax Behavioral Health	Multiple locations	425-284-8300			www.fairfaxhospital.com
Mill Creek Family Services	16000Bothell Everett Hwy, Mill Creek, WA 98012	425-357-9111			www.millcreekfamilyservices.com
National Alliance on Mental Illness	1107 NE 45 th Street, Suite 330, Seattle, WA 98105	425-347-5365	namicontact@gmail.com		www.namiwa.org
National Suicide Prevention Line		English: 1-800- 273-8255 Spanish: 1- 888-628-9454			www.suicidepreventionlifeline.org Have an online chat option
Newport Academy	Kept confidential	877-929-5105			www.newportacademy.com/locations/outpatient/seattle/
Northshore Youth and Family Services	19201 120 th Ave NE, Suite 108, Bothell, WA 98011	425-485-6541	info@northshoreyfs.org		www.northshoreyouthandfamilyservices.org
Parents Universal Resource Experts		954-260-0805			www.helpyourteens.com
Providence Intervention Center for Assault and Abuse	1509 California St., Everett, WA 98201	425-252-4800			www.providence.org/locations/wa/intervention-center-for-assault-and-abuse-everett

Organization/ Practitioner Name	Address	Phone Number	Email address	MOU in Place? (Y/N)	Additional Notes
Providence Institute for a Healthier Community, LiveWell	916 Pacific Ave., Suite S1- 016 Everett, WA 98201				https://pihchub.org
Refugee and Immigrant Services Northwest	Everett Community College Rainer Building/Room 228(M/S41) 2000 Tower Street Everett, WA 98201	425-388-9307	vkuno@everettcc.edu		www.risnw.org Interpreter Services
SeaMar -Everett Behavioral Health Clinic	5007 Claremont Way, Everett, WA 98203	425-609-5505			www.seamar.org
SeaMar – Everett Behavioral Health Child & Family Services	1920 100 th St. SE, Suite A2 & C3, Everett, WA 98208	425-312-0277			www.seamar.org
Seattle Children's Hospital – Children's Outpatient Psychiatry	4800 Sand Point Way, NE, Seattle, WA 98105	206-987-2164			www.Seattlechildrens.org
Seattle Children's Hospital – North Clinic in Everett	1815 13 th Street, Everett, WA 98201	425-783-6200			www.Seattlechildrens.org
Seattle Children's Hospital – Odessa Brown Children's Clinic	2101 E. Yesler Way, Seattle, WA 98122	206-987-7210			www.Seattlechildrens.org
Seattle Children's Hospital – Psychiatry and Behavioral Health Medicine Unit	4800 Sand Point Way NE, Seattle, WA 98105	206-987-2055			www.Seattlechildrens.org
Seattle Children's Hospital - WA Mental Health Referral Service for Children/Teens	4800 Sand Point Way NE, Seattle, WA 98105	833-303-5437			www.seattlechildrens.org/clinics/washington-mental-health-referral-service text "HOME" to 741741 Connects families with local mental health providers
Smokey Point Behavioral Hospital	3955 156 th St. NE, Marysville, WA	844-202-5555			www.smokeypointbehavioralhospital.com
Snohomish County Crisis Services	3000 Rockfeller Avenue, Everett, WA 98201	425-258-4357			www.snohomishcountywa.gov/604/Snohomish-County-Crisis-Services
Snohomish County Health District	3020 Rucker Ave. Everett, WA 98201	425-339-5200	SHDInfo@snohd.org		www.snohd.org

Organization/ Practitioner Name	Address	Phone Number	Email address	MOU in Place? (Y/N)	Additional Notes
Summit Counseling	518 Pecks Drive, Everett, WA 98203	425-353-4428			
Teen Link		866-833-6546 866- TEENLINK			www.crisisconnections.org/teen-link/ Phone Hours: 6:00pm-10:00pm Chat Hours: 6:00pm-9:30pm Text Hours: 6:00pm-9:30pm
Therapeutic Health Services	9930 Evergreen Way, Building Z150, Everett, WA 98204	425-263-3006			www.ths-wa.org
Thira Health	400 108 th Ave NE #700 Bellevue, WA 98004	425-454-1199	info@thirahealth.com		www.thirahealth.com
Trevor Project Helpline (LGBTQ)	PO Box 69232 West Hollywood, CA 90069	866-488-7386	advocacy@thetrevorproject.org		www.thetrevorproject.org
Tulip Health System	7520 Totem Beach Road, Tulalip, WA 98271	360-716-4511			www.tulaliphealthsystem.com/BehavioralHealth/
VOA Crisis Line	2802 Broadway Ave., Everett, WA 98201	800-584-3578	info@voaww.org		CHAT: www.imhurting.org TEXT: text HOME to 741741 http://www.crisistextline.org/ www.voaww.org/behavioralhealth
Washington State Health Care Authority – Apple Health					www.hca.wa.gov/health-care-services-supports/apple-health-medicaid-coverage Referral Specialist: 1-833-303-5437 (Monday through Friday 8am to 5pm)

The community resource list will be updated annually by the regional social worker and will be available on the school's counseling page and in the counseling center who supports schools in updating the Crisis management plan. The social worker will be responsible for updating the community resource list for the 2022-23 school year. The next update of the list will be on [08/2023].

ENVIRONMENTAL SCAN

In order to ensure all school buildings are suicide safe (i.e. medicine in nurse's office is properly locked, there are no chemicals around, etc.), [insert name of staff member, i.e. the custodian, athletic director, etc.] will conduct an environmental scan of the building [annually, bi-annually, monthly] and will write a brief report that will be sent to the [principal/designee, etc.]. In the event that [insert name of staff member conducting the environmental scan] does find something of concern in the school building, the [principal, vice principal, etc.] will be in charge of resolving the issue within [insert timeframe].

*Please fill out this Environmental Scan Checklist to help keep track of regular environmental scans. Please adapt and edit as it applies to your specific school.

Environmental Scan Checklist				
Item	Safe? Yes or No	Date Last Checked	How has this item been secured?	Notes
Medications are secured in nurses office				

Rooftop access is secured				
Cleaning supplies storage is secured				
Science lab access to materials is secured				
Outdoor storage area is secured				
Athletic/PE storage area is secured				
Stage equipment and area is secured as appropriate				
Perimeter of school building clear of safety hazards				
Controlled access areas (i.e. electrical panels, boiler room, mechanical room, custodial closets) are secured or have appropriate coverings				