

INFRASTRUCTURE

SCHOOL FACULTY AND STAFF WITH EXPERTISE IN BEHAVIORAL HEALTH

The following school staff have been identified as having expertise in behavioral health. They will be available to assist and support students with behavioral health concerns and during a crisis.

Name	Position/Title	Office Number	Phone Number	Email	Notes on any Expertise
Cappel, Bruce	Drug & Alcohol Interventionist/Graduation Success Coordinator		425-385-5123	bcappel@everettsd.org	
De King, Julie	Regional Social Worker		425-385-5278	jdeking@everettsd.org	
Ferdinandus, Melissa	Teacher, GRADS & Teen Family Program		425-385-5137	mferdinandus@everettsd.org	
Jensen, Megan	Psychologist		425-385-5100	mjensen2@everettsd.org	
Keiss, Michael	Success Coordinator		425-385-5100	mkeiss@everettsd.org	
Lahti, Elizabeth	Counselor		425-385-5112	elahti@everettsd.org	
Mountjoy, Belinda	Principal		425-385-5100	bmountjoy@everettsd.org	
Slater, Autumn	Counselor		425-385-5100	aslater@everettsd.org	
Souther, Shelby	Success Coordinator		425-385-5138	ssouther@everettsd.org	
Williams, Drew	Assistant Principal		425-385-5100	awilliams@everettsd.org	

District Response Team: In the event of an emergency related to student death, the district-leads will launch the District Response Team, as needed, to assist the school in managing the social, emotional and mental health needs of students.

Name	Position/Title	Office/room phone	Cellphone	Email
Peters, Dave	Director of Student Support Services	425-385-4063	425-870-3341	dpeters@everettsd.org
Phillips, Laura	Director of MTSS	425-385-4043		lphillips@everettsd.org
De King, Julie	Regional Social Worker	425-385-5278		jdeking@everettsd.org
Dustin Gowan	Regional Facilitator			dgowan@everettsd.org
Seaberg, Randi	Director of HR for EAP staff support	425-385-4104		rseaberg@everettsd.org

Media Relations: The following people will coordinate to address media inquiries and to manage social media

Name	Position/Title	Office/room phone	Cellphone	Email
Reeves, Kathy	Director of Communications	425-385-4040		kreeves@everettsd.org
Mountjoy, Belinda	Principal	425-385-5100		bmountjoy@everettsd.org
Williams, Drew	Assistant Principal serving in place of principal	425-385-5100		awilliams@everettsd.org
Goodhart, Jennifer	Communications Coordinator	425-385-4042		jgoodhart@everettsd.org
Carbajal, Linda	Communications Technicians	425-385-4210		lcarbajal@everettsd.org

Safe Room: The following staff and places have been identified to support students in need of safe places and support (safe room and staff)

Staff	Spaces
Elizabeth Lahti, Autumn Slater	Counselor's Office
John Ruiz, Aimee Dunbar	Nurses' Office
Belinda Mountjoy, Drew Williams	Administrator's Office

Student Information System Updates: The following people will ensure that the student information system is updated and that the student is removed from all rosters that produce mass communications:

Staff member	Role	Phone Number
Monroe, Betsy	Officer Manager	425-385-5100
Muya, Elvira	Registrar	425-385-5100

Multi-language speakers: The following School Staff members have been identified as being able to support families with diverse linguistic and cultural backgrounds.

[illegible]

Name	Position/Title	Office/room phone	Cellphone	Email
De Folo, Gozalina	Campus Security Officer	425-385-5100		GDeFolo@everettsd.org
De King, Julie	District Social Worker	425-385-5278		jdeking@everettsd.org
Lahti, Elizabeth	Counselor	425-385-5112		elahti@everettsd.org
Mountjoy, Belinda	Principal	425-385-5100		bmountjoy@everettsd.org
Slater, Autumn	Counselor	425-385-5100		aslater@everettsd.org
Williams, Drew	Assistant Principal	425-385-5100		

Name	Position/Title	Office/room phone	Cellphone	Email

There is a list of national, state, and community-specific resources that can assist students and their families with behavioral health and related concerns.

Organization/ Practitioner Name	Address	Phone Number	Email address	MOU in Place? (Y/N)	Additional Notes
Care Solace		888-515-0595			www.caresolace.com/site/eps
Catholic Community Services	1918 Everett Avenue, Everett, WA 98201	425-257-2111 888-240-8572 425-258-5270	CCSNorthwestInfo@ ccsww.org		www.ccsww.org

Organization/ Practitioner Name	Address	Phone Number	Email address	MOU in Place? (Y/N)	Additional Notes
The Center of Parent Excellence (COPE) project		253-732-4944	jasmine@acommonvoice.org		www.hca.wa.gov/about-hca/behavioral-health-recovery/center-parent-excellence-cope-project Support or Consultation Group: Second Wednesday of every month 11 a.m. to 12 p.m. Register: North Sound (a.m.) Fourth Wednesday of every month 6 to 7 p.m. Register: North Sound (p.m.)
Changes Parent Support Network	4634 Alger Avenue, Everett, WA 98203	888-468-2620	office@cpsn.org		www.cpsn.org Everett Support Groups: 6:30pm to 9:00pm (currently Zoom)
Cocoon House	3530 Colby Avenue, Everett, WA 98201	425-317-9898	info@cocoonhouse.org		www.cocoonhouse.org/prevention
Compass Health – Federal Ave	4526 Federal Ave., Everett, WA 98203	425-349-6200			www.compasshealth.org Online referral form: https://www.compasshealth.org/online-referral-form/ Referral Line: 844-822-7609
Compass Health – Lynnwood	4807 196 th St. SW, Suite 100, Lynnwood, WA 98036	425-774-4269			www.compasshealth.org Online referral form: https://www.compasshealth.org/online-referral-form/ Referral Line: 844-822-7609
Compass Health – Smokey Point	3320 173 rd Pl NE, Arlington, WA 98223	425-349-8700			www.compasshealth.org Online referral form: https://www.compasshealth.org/online-referral-form/ Referral Line: 844-822-7609
Domestic Violence Services	PO Box 7, Everett, WA 98206	425-252-2873	info@dvs-snoco.org		www.dvs-snoco.org
The Everett Clinic – Behavioral Health Department	Multiple locations	425-339-5453			www.everettclinic.com/types-of-care/specialty-surgical/behavioral-health.html
Fairfax Behavioral Health	Multiple locations	425-284-8300			www.fairfaxhospital.com
Mill Creek Family Services	16000Bothell Everett Hwy, Mill Creek, WA 98012	425-357-9111			www.millcreekfamilyservices.com
National Alliance on Mental Illness	1107 NE 45 th Street, Suite 330, Seattle, WA 98105	425-347-5365	namicontact@gmail.com		www.namiwa.org
National Suicide Prevention Line		English: 1-800- 273-8255			www.suicidepreventionlifeline.org

Organization/ Practitioner Name	Address	Phone Number	Email address	MOU in Place? (Y/N)	Additional Notes
		Spanish: 1- 888-628-9454			Have an online chat option
Newport Academy	Kept confidential	877-929-5105			www.newportacademy.com/locations/outpatient/seattle/
Northshore Youth and Family Services	19201 120 th Ave NE, Suite 108, Bothell, WA 98011	425-485-6541	info@northshoreyfs.org		www.northshoreyouthandfamilyservices.org
Parents Universal Resource Experts		954-260-0805			www.helpyourteens.com
Providence Intervention Center for Assault and Abuse	1509 California St., Everett, WA 98201	425-252-4800			www.providence.org/locations/wa/intervention-center-for-assault-and-abuse-everett
Providence Institute for a Healthier Community, LiveWell	916 Pacific Ave., Suite S1- 016 Everett, WA 98201				https://pihchub.org
Refugee and Immigrant Services Northwest	Everett Community College Rainer Building/Room 228(M/S41) 2000 Tower Street Everett, WA 98201	425-388-9307	vkuno@everettcc.edu		www.risnw.org Interpreter Services
SeaMar -Everett Behavioral Health Clinic	5007 Claremont Way, Everett, WA 98203	425-609-5505			www.seamar.org
SeaMar – Everett Behavioral Health Child & Family Services	1920 100 th St. SE, Suite A2 & C3, Everett, WA 98208	425-312-0277			www.seamar.org
Seattle Children's Hospital – Children's Outpatient Psychiatry	4800 Sand Point Way, NE, Seattle, WA 98105	206-987-2164			www.Seattlechildrens.org
Seattle Children's Hospital – North Clinic in Everett	1815 13 th Street, Everett, WA 98201	425-783-6200			www.Seattlechildrens.org
Seattle Children's Hospital – Odessa Brown Children's Clinic	2101 E. Yesler Way, Seattle, WA 98122	206-987-7210			www.Seattlechildrens.org
Seattle Children's Hospital – Psychiatry and Behavioral Health Medicine Unit	4800 Sand Point Way NE, Seattle, WA 98105	206-987-2055			www.Seattlechildrens.org
Seattle Children's Hospital - WA Mental Health Referral Service for Children/Teens	4800 Sand Point Way NE, Seattle, WA 98105	833-303-5437			www.seattlechildrens.org/clinics/washington-mental-health-referral-service text "HOME" to 741741

Organization/ Practitioner Name	Address	Phone Number	Email address	MOU in Place? (Y/N)	Additional Notes
					Connects families with local mental health providers
Smokey Point Behavioral Hospital	3955 156 th St. NE, Marysville, WA	844-202-5555			www.smokeypointbehavioralhospital.com
Snohomish County Crisis Services	3000 Rockfeller Avenue, Everett, WA 98201	425-258-4357			www.snohomishcountywa.gov/604/Snohomish-County-Crisis-Services
Snohomish County Health District	3020 Rucker Ave. Everett, WA 98201	425-339-5200	SHDInfo@snohd.org		www.snohd.org
Summit Counseling	518 Pecks Drive, Everett, WA 98203	425-353-4428			
Teen Link		866-833-6546 866-TEENLINK			www.crisisconnections.org/teen-link/ Phone Hours: 6:00pm-10:00pm Chat Hours: 6:00pm-9:30pm Text Hours: 6:00pm-9:30pm
Therapeutic Health Services	9930 Evergreen Way, Building Z150, Everett, WA 98204	425-263-3006			www.ths-wa.org
Thira Health	400 108 th Ave NE #700 Bellevue, WA 98004	425-454-1199	info@thirahealth.com		www.thirahealth.com
Trevor Project Helpline (LGBTQ)	PO Box 69232 West Hollywood, CA 90069	866-488-7386	advocacy@thetrevorproject.org		www.thetrevorproject.org
Tulalip Health System	7520 Totem Beach Road, Tulalip, WA 98271	360-716-4511			www.tulaliphealthsystem.com/BehavioralHealth/
VOA Crisis Line	2802 Broadway Ave., Everett, WA 98201	800-584-3578	info@voaww.org		CHAT: www.imhurting.org TEXT: text HOME to 741741 http://www.crisistextline.org/ www.voaww.org/behavioralhealth
Washington State Health Care Authority – Apple Health					www.hca.wa.gov/health-care-services-supports/apple-health-medicaid-coverage Referral Specialist: 1-833-303-5437 (Monday through Friday 8am to 5pm)

The community resource list will be updated annually by the regional social worker and will be available on the school's counseling page and in the counseling center who supports schools in updating the Crisis management plan. The social worker will be responsible for updating the community resource list for the 2022-23 school year. The next update of the list will be on [08/2023].

ENVIRONMENTAL SCAN

In order to ensure all school buildings are suicide safe (i.e. medicine in nurse's office is properly locked, there are no chemicals around, etc.), [insert name of staff member, i.e. the custodian, athletic director, etc.] will conduct an environmental scan of the building [annually, bi-annually, monthly] and will write a brief report that will be sent to the [principal/designee, etc.]. In the event that [insert name of staff member conducting the environmental scan] does find something of concern in the school building, the [principal, vice principal, etc.] will be in charge of resolving the issue within [insert timeframe].

**Please fill out this Environmental Scan Checklist to help keep track of regular environmental scans. Please adapt and edit as it applies to your specific school.*

Environmental Scan Checklist				
Item	Safe? Yes or No	Date Last Checked	How has this item been secured?	Notes
Nurses Office			Medications are secured in the nurse's office.	
Rooftop Access is secured			Access to rooftop is secured.	
Science Lab			Science lab cabinets are secured in the classroom and classroom is locked when staff is not present.	
Stage			Access to stage is secured.	
Outdoor storage area is secured			Access to outdoor storage area is secured.	
Athletic/PE Storage Area			Access to athletic/PE storage area is secured.	
School Perimeter			Perimeter of school building is clear of safety hazards.	
Controlled Access Areas (i.e. electrical panels, boiler room, mechanical room, custodial closets, cleaning supply storage)			Controlled access areas are secured or have appropriate coverings.	
Art Classroom			Access to art classroom is secured when staff is not present.	
Kitchen			Access to kitchen is secured when staff is not present.	
Shop			Access to shop class is secured when staff is not present.	

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Storage area is			Access to outdoor storage area is secured.			
Storage Area			Access to athletic/PE storage area is secured.			
Perimeter			Perimeter of school building is clear of safety hazards.			
Access Areas (electrical panels, boiler room, janitor's closet, cleaning closet)			Controlled access areas are secured or have appropriate coverings.			
Art Room			Access to art classroom is secured when staff is not present.			
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