

Name \_\_\_\_\_ Period \_\_\_\_\_

## LEARNING STYLES PACKET

### Instructions:

- **Log In:**

User Name: Student Number

Password: Day-Month of Birthday

Example: 06-25

- **Go to this site:** <http://www.usd.edu/trio/tut/ts/stylest.html>
- **Take the online inventory: “What’s your Learning Style?”**
- **Answer the following question:**

**My Learning Style is:**

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**Read the following:**

### Three Different Learning Styles

Knowing about your learning style can help you be more efficient when you study (if you are efficient you get more from less time).

If you scored mostly a’s you may have a **visual learning style**. You learn best by seeing and looking.

### Study tips for Visual Learners

- Take detailed notes
- Sit toward the front of the class
- Keep your study area neat and organized (so you are not distracted)
- Close your eyes briefly and create a picture for what you are learning
- Look at the pictures in the text book and be sure to read the captions
- Study in a quiet place (no TV, no radio, no foot traffic to distract you)
- If applicable, draw pictures to remember concepts

If you scored mostly b's you may have an **auditory learning style**. You learn by hearing and listening.

### **Study tips for Auditory Learners**

- Sit in a place in the class room where you can hear well
- Read material out loud to your self when studying
- Review with a friend so you can talk about what you have learned
- If available get books on tape
- Talk (out loud) the steps of problems when studying

If you scored mostly c's you may have a **kinesthetic learning style**. You learn by touching and doing.

### **Study tips for Kinesthetic Learners**

- When studying take frequent breaks
- Find a quiet non distracting way to move while studying (wiggle your toes, make a stress ball, find a place in the room to pace while looking at note cards
- Try to work along with the teacher as they explain how to work something
- Break directions or long problems into smaller chunks, read a chunk then try the problem, read another chunk, then work some more.
- Volunteer to act out parts of a story or participate in class discussions

**Answer these questions:**

**This means I learn best by:** \_\_\_\_\_

\_\_\_\_\_

**Using what I know about how I learn best, to help me focus better in class I can:**

1. \_\_\_\_\_

2. \_\_\_\_\_

**Two changes that I can make that will help me study at home and get my work done on time are:**

1. \_\_\_\_\_

2. \_\_\_\_\_

**Now, go back on the internet to the Everett Public Schools Website.**

**<http://www.everett.k12.wa.us/everett>**

**On the top, middle of the page, highlight “For Students”, then click on “Online Grades”. Click on “OK” in the pop-up.**

**Please enter your username and password.**

**(Same as logging on to the internet – ID# and Password MM-dd).**

**1. Click on Progress Reports. Look around!**

**Click on “Assessments”. Look at “Daily Attendance” and “Behavior Incidents” too.**

**2. When you see the list of assignments in “Progress Reports”, do you see missing work? \_\_\_\_\_ In how many classes do you have missing work? \_\_\_\_\_**

**3. In which classes do you need to improve and what is the problem?**

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**4. How can you use online grading (IMS) to help you be a more successful student?**

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