

Exploring Career Options-Bridges Interest Survey

7th grade

November/December

ASCA Standards: C:A2 Develop Employment Readiness, C:B1 Acquire Career Information, C:B2 Identify Career Goals

Purpose:

Students will take a short interest survey. The result is a list of 20+ careers that "fit" the student's skills and interests. From this career list (or using a self generated career list) students can explore careers using BRIDGES.

Materials needed:

Access to computers for each student or part of the class
Exploring Career Options worksheet
Printed copy and overhead of Interest survey

Lesson

- ❖ Start lesson by reviewing the Interest Survey using an overhead. This will cut down on the many questions that arise when students take the survey OR have all the students take the survey as a class and YOU read and explain the questions.
- ❖ Have students log onto a computer, or split the class so that some students are using a computer and the rest of the students are engaged in an activity while other students are using computers. Activities for the class could include a backpack organization, reviewing goals and action plans, working on Homework or reading silently (all activities help students be academically prepared and ensure success!)
- ❖ Have Students log on to www.bridges.com and log in using your school password. Have students click on "WORK" at the top of the page and then click on "Start with a quick quiz". Have students take the survey. It might be a good idea to go through the questions with the whole class - some of the vocabulary is sophisticated.
- ❖ Once students have their "Career Suggestions" have them explore 3 Careers (or fewer depending on your time and computer access) and fill in the answers to the "Exploring Career Options" worksheet.
- ❖ Have students file their "Exploring Career Options" worksheet in their class collection file. They will need the answers on this worksheet for November's career lesson "My top Career Pick"
- ❖ If you have time have students share some unexpected information they learned while researching their career. (i.e. I didn't know that veterinarians had to know math!)

Directions for **EXPLORING CAREER OPTIONS**-Bridges Interest Survey

1. Log on to the computer first and go to Eisenhower's home page.
2. Then at the top, type in: www.bridges.com
3. Click on the small orange box that says LOG IN
2. Site ID: (Your counselor will provide this)
3. Password: (Your counselor will provide this)
4. Click on "WORK" at the top of the page
5. Click on Career Finder—a quick quiz/survey
(answer honestly, check with a neighbor if not sure of a vocabulary word)
6. Once you have your 20 "Career Suggestions"
Choose 3 that are of most interest to you.
Use the worksheet, "Exploring Career Options" to record your research.
7. Place worksheet in your classroom MSLP file (we will use this again).

Directions for **EXPLORING CAREER OPTIONS**-Bridges Interest Survey

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Exploring Career Options

Using the list of Careers generated by your interest survey OR using Titles of jobs that you are interested in explore at least 2 careers and find out what you would do if you worked in that career. *Note if you use the list generated by your interest survey make sure you click on "More about....." after you click on the career title. If you want to find a career from a list go to "WORK" and look for your career in the Alphabetical list of careers.*

Career title	Job Responsibilities	Things I like about this Career	Things I dislike about this Career
	1. 2. 3.	1. 2. 3.	1. 2. 3.
	1. 2. 3.	1. 2. 3.	1. 2. 3.
	1. 2. 3.	1. 2. 3.	1. 2. 3.

Of the Careers you investigated which Career interests you most at this time?
