

Forefront in the Schools

Progress Monitoring Tool - Phase 2 & Beyond



This action planning worksheet is designed to help guide and track your school's annual progress in implementing the Forefront in

FIS Program Elements

1	LEADERSHIP & TEAM FORMATION		
a	Identify district level leadership responsible for this action plan who will assist with implementation		
b	Form a diversified building-level team and team lead(s) using team-driven shared leadership model		
c	All team members have completed (current year) FIS Team Roster/User Agreement & Portal login		
d	Team meetings are scheduled with active members listed on school's managed share drive		0%
2	CRISIS MANAGEMENT PLANNING		
a	Enhance crisis plan protocols including items from the FIS Checklist - " <i>Recommended Elements</i> " section		
b	5 essential elements are represented in your plan - 70% or higher score from Forefront " <i>Meets or Exceeds</i> "		
c	Screening protocols exist for behavioral health risks using best practices		
e	Crisis plan documents are accessible on school's managed share drive		0%
3	COMMUNITY & PARENT ENGAGEMENT PARTICIPATION		
a	Identify potential/existing partners that can help support students and their families		
c	Establish community partner's (i.e., ESD navigator) roles & responsibilities (i.e., on-site student support)		
d	Memorandum of Understanding (MOU) with at least one organization/entity		
e	Opportunities for caregivers to be involved in events, decision-making and school climate surveys		0%
4	DATA COLLECTION & SCHOOL IMPROVEMENT PLANNING		
a	Designate team member(s) to collect/submit data to Forefront		
b	Upload FIS data reports to school's managed share drive for continuous monitoring and tracking		
c	Student survey administration is used to help assess student behavioral health needs		
d	Students help to promote and review youth behaviors/school climate data		
e	Student survey data, multi-tiered system of supports and prevention efforts are presented to staff		
f	Data driven decision-making is used in continuous school improvement planning		
g	Semester 1 FIS Report - January 30		
h	Semester 2 FIS Report - June 15		
i	End of Year FIS Team Survey - June 15		0%
5	TRAUMA INFORMED TRAINING PLAN TO IDENTIFY & SUPPORT PEOPLE AT RISK		
a	Advanced LEARN - Intervention & Safety Planning for ESAs (*CEUs)		
b	Staff LEARN - Training of Trainer (ToT)		
c	Staff LEARN - Peer-led Training		
d	Parent/Caregiver LEARN - Training of Trainer (ToT)		
e	Parent/Caregiver LEARN - Peer- led in person or virtual		
f	Parent/Caregiver LEARN - Spanish Language Implementation Training		
g	Parent/Caregiver LEARN - Spanish Language Peer-led Training		
h	Student LEARN - Adult Coordinator ToT for Student & Staff-led Trainings		
i	Student LEARN - Training by Teacher and/or Student-led - (<i>Self-referral cards collected</i>)		
j	Mental Health & Substance Abuse Literacy for students		
k	Trauma Informed Training for Staff		
l	Postvention Training - Crisis Team members		0%
6	PROVIDE POSITIVE YOUTH DEVELOPMENT OPPORTUNITIES		
a	Student reps attend FIS school team meetings quarterly		
b	Students have opportunities to lead help-seeking prevention efforts in their school		
c	Positive student involvement is celebrated and recognized annually		0%
7	CREATE EQUITABLE PROTECTIVE ENVIRONMENTS		
a	Culturally inclusive behavioral health resources for students/families are posted quarterly		
b	Implement restorative practices that build and strengthen social/emotional health of all staff and students		
c	Parent/caregiver engagement and participation in crisis planning elements		
d	DBT Steps A: Training for Teachers and/or Training for Counselors/ESAs		0%
8	PROFESSIONAL LEARNING COMMUNITIES TO PROMOTE CONNECTEDNESS		
a	Share ideas and best practices with other FIS schools (virtual meetings, events, FIS forum)		0%

This action planning worksheet is designed to help guide and document new schools as they form active teams and assess annual progress

FIS Program Elements		Status
1	LEADERSHIP & TEAM FORMATION	
a	Identify district level leadership responsible for this action plan who will assist with implementation	0
b	Form a diversified building-level team and team lead(s) using team driven shared leadership model	0
c	All team members have completed (current year) FIS Team Roster/User Agreement & Portal login	0
d	Team meetings have been scheduled with Forefront Coach	0
		0%
2	CRISIS MANAGEMENT PLANNING	
a	Upload your current crisis plan - Receive feedback and baseline score from FIS eval team	0
b	Establish and enhance crisis plan protocols using FIS template, OSPI model plan & other tools	0
c	Review screening protocols for behavioral health risks using best practices	0
d	Re-submit plan - Receive updated score with personalized feedback	0
e	5 essential elements are represented in your plan - 70% or higher score from Forefront "Meets or Exceeds"	0
f	Crisis plan documents are accessible on school's managed share drive	0
		0%
3	COMMUNITY & PARENT ENGAGEMENT PARTICIPATION	
a	Identify potential/existing partners that can help support students and their families	0
b	Meet with community partners including your ESD navigator	0
c	Establish community partner relationships, roles & responsibilities (i.e., on-site student support)	0
d	Opportunities for caregivers to be involved in events, decision-making and school climate surveys	0
		0%
4	DATA COLLECTION & SCHOOL IMPROVEMENT PLANNING	
a	Baseline Team Survey is submitted as part of your FIS onboarding and application process	0
b	Review FIS Crisis Planning page for tools, templates and other materials	0
c	Review FIS and OSPI Data Informed Decision-Making/Programming materials	0
d	Student survey administration is suggested to help assess student behavioral health needs	0
e	Designate team member(s) to collect/submit data to Forefront	0
f	Upload FIS data reports to school's managed share drive for continuous monitoring and tracking	0
g	Semester 1 FIS Report - January 30	0
h	Semester 2 FIS Report - June 15	0
i	End of Year FIS Team Survey - June 15	0
		0%
5	TRAUMA INFORMED TRAINING PLAN TO IDENTIFY & SUPPORT PEOPLE AT RISK	
a	Advanced LEARN Training for ESAs (*CEUs)	0
b	Postvention Training for Crisis Team Staff	0
c	Crisis Plan Training - Admin/ESAs	0
d	Trauma Informed Training for Staff	0
		0%
6	CREATE EQUITABLE PROTECTIVE ENVIRONMENTS	
a	Culturally inclusive behavioral health resources for students/families are posted quarterly	0
b	Implement restorative practices that build and strengthen the social/emotional health of all staff and students	0
c	DBT Steps A: 3-day Implementation Training for Teachers	0
d	DBT Steps A: 2-day Overview Training for Counselors/ESAs	0
		0%
7	PROFESSIONAL LEARNING COMMUNITIES TO PROMOTE CONNECTEDNESS	
a	Share ideas and best practices with other FIS schools (virtual meetings, events, FIS forum)	0
		0%

Total Progress

Forefront in the Schools

Resources to Support Comprehensive Suicide Prevention



FIS Program Element	Resources: FIS Web Portal	Additional Resources
1 LEADERSHIP & TEAM FORMATION	TEAM TOOLS pg FIS Contact & User Agreement Form FIS Team Roster Template with Self-check Items	See CDC's model here: Suicide Prevention - CDC 2022
2 CRISIS MANAGEMENT PLANNING	CRISIS PLANNING pg Crisis Plan Upload Crisis Plan Template Crisis Plan Checklist with Score Card	OSPI Model Plan Screening for Behavioral Health Risk in Schools - SAMHSA Suicide Prevention for Schools - SPRC
3 COMMUNITY & PARENT ENGAGEMENT PARTICIPATION	TEAM TOOLS pg > PREVENTION Community Partnership Guide	Behavioral Health Agency Guide - WA DOH Community Engagement Boards - Info from ESD 112 ESD Behavioral Health Navigators Parent Engagement - CDC Sample MOU - OSPI School-Community Partnerships to Support Mental Health Whole Child Whole School Whole Community - WSCC-CDC WA Youth Mental Health Referral Service
4 DATA COLLECTION & SCHOOL IMPROVEMENT PLANNING	TEAM TOOLS pg Data Informed Schools Guide USE It Mapping Tool FIS Data Tracking Tool	Healthy Youth Survey Info

5 TRAUMA INFORMED TRAINING PLAN TO IDENTIFY & SUPPORT PEOPLE AT RISK	FIS LEARN TRAININGS / NEWS & EVENTS pg Self-referral cards used in Student LEARN Training	Grief Support Modules for School Staff Trauma Informed Training for Teachers - NCSCB Trauma Toolkit for Schools - MSEA Culturally Competent Approaches - SPRC Early Adversity Impact - Harvard Mental Health Literacy Library Trauma Resources for Teachers - NEA Books to Support Grieving Students FAST Materials - Seattle Children's
6 POSITIVE YOUTH DEVELOPMENT OPPORTUNITIES	Students Preventing Suicide - Strategy Toolkit	School Connectedness for Staff_CDC Stigma Toolkit - No Shame in Your Brain Thriving Schools - KAISER RISE
7 CREATE EQUITABLE PROTECTIVE ENVIRONMENTS	FIS Resource Packets for Students & Adults	Supporting Student Behavioral Health - DOE Protect our Kids - Firearm Safety Finding Mental Health Care in WAsate: A Class on Where to Start Supporting & Protecting the Rights of Students - DOE
8 PROFESSIONAL LEARNING COMMUNITIES TO PROMOTE CONNECTEDNESS	* See FIS Event Calendar Complete Team Roster & Discussion Forum Sign Up	

