

4 year HS Plan

8th grade lesson

March

ASCA Standards: A:A3 Achieve school success, A:B2 Plan to achieve goals, A:C1 Relate school to life experience PS:B1 Self-knowledge self application

Purpose: To help students understand how to create a 4-year high school plan and to create a DRAFT of their 4-year HS plan and a freshman schedule.

This is a great time to have as many adult helpers in class to work with students. Creating a 4-year plan raises many questions for student. Most of which cannot be pre-taught or pre-explained.

Materials needed:

- Each student should use their copy of “My High School Planning Guide”
- Course planning guides for feeder High Schools (Cascade, Jackson and or Everett)
- Copies of “Sample 4 year Plans”

Lesson: Have each student open their High School Transition guide to page 22 titled “Creating a four year HS Plan”. NOTE the sample schedule for a HS Freshman. Point out that there are different schedules depending on

- If a student takes Foreign Lang.
- If a student takes Band or Choir

Use pages 22-23 in the planning guide as examples for students to plan their schedule. Be sure each student creates his or her freshman schedule. **They will need to take their freshman schedule to their HS Transition appointment with their HS counselor.**

Use the course guides for each High School to explain the math sequencing, English sequencing and science sequencing.

*If you have access to computers you can get valuable up to date information from each Everett district high school web site.