

# Chapter 3

## Skiing



### Key Questions:

- What are the essential pieces of equipment of a prepared skier?
- Why do different resorts cater to different types of people?
- What are the different types of ski runs?

### Key Terms

Snow Bunny  
Skis  
Parka  
Thermals  
Ski Rack  
Chains  
Relaxing on the Slopes  
Poles  
Goggles  
Snow Plow  
Ski “Pie”  
Parallel Skiing  
Chair Lift  
Resorts  
Whistler

Snow...magical, mystical and white. This white stuff is the same as gold for those of us who ski. However, in order to be a successful skier, it is important to be prepared. Skiers need to have the proper clothes to stay warm and dry; they need to have the proper equipment to make it to the mountain and down the mountain, and they need to understand the proper techniques for being successful. Once learning how to ski, it is imperative to choose a good ski resort to enjoy all of the new learned skills and to practice, practice, practice!