"Home Training" by Bruce A. Jacobs

I remember how they clung to the white door of the Frigidaire: lessons that swung in and out with every trip for baloney or green Jell-O.

"Intelligence is like a river: the deeper it is, the less noise it makes." "Do unto others as you would have them do unto you."

To an eight-year-old, they seemed to spread from the kitchen like flat snails that traveled by night, affixed themselves at eye level, surprising us as we climbed stairs and turned corners.

Even the laundry chute bore a message: "Perseverance is the secret to success." It was as if my mother were afraid that walls without explanations would give us the wrong idea about playing outside.

While she slept afternoons in her night nurse's uniform, Rudyard Kipling held forth on the door of my bedroom about boys becoming men, and a pair of slender praying hands held out reminders about serenity, things one can and cannot change.

I had not yet read about white men with guns in India or declared boycott on church. But I felt I was old enough to drop my dirty underwear down a hole without instruction.

I did not know then about the power of signs, how two words posted on every Jim Crow rest room from Ohio to Arkansas on my childhood vacations had meant squatting in fields, or holding pride between one's legs like an eighteen-hour vise. My grandfather held it straight through from Toledo to the Voting Rights Act. One day he pulled up in our driveway in Rochester unable to say hello, then drove his pastel '58 Chevy straight to the hospital, where they unlocked his bladder with a catheter.

I did not know then about the dog-eared petition that white neighbors signed against our moving in, or how the hammered circles of my father's bare feet on the floor had something to do with his walking hat in hand to every bank in the city, finally needing a white patron to co-sign a loan for a pharmacy that hung his own name in red letters.

I did not know how the chase for polite proverbs, the embrace of cliché, the laying on of hands to placards printed in white men's language was my mother's set of instructions for nuclear weapons, her own code of war for ramming the atoms of forbidden existence, her way of clearing a circle for the perfectly ordinary, where brown children could dream free of police dogs, where her son could kiss a white girl and not pay at the neck, where "please" and "thank you" were tickets held at gunpoint and her fence line of red roses gave the world deadly warning.

Now my sister's small daughter runs free as dirt in the yard before being given a bath. I watch her, a brown girl in a white basin with promise foaming at her shoulders, while above her hang sayings taped to tile by my sister, an enduring ritual of words cleansing walls.