

If I Can Stop One Heart From Breaking

[Emily Dickinson](#)

If I can stop one heart from breaking,
I shall not live in vain;
If I can ease one life the aching,
Or cool one pain,
Or help one fainting robin
Unto his nest again,
I shall not live in vain.

http://womenshistory.about.com/library/etext/poem1/blp_dickinson_stop_breaking.htm