Rigor!

Interrelatedness of R-R-R-R

Challenge every student (top & bottom)

Higher expectations

"This makes my brain hurt!"

Analogy to sit ups

Repetition

"Adding on"

Effective instruction

Practice, practice, practice

Taking students beyond recall

'Hooking" students

Setting and meeting goals

Awareness of individuals

Problem solving

Reflection to challenge

Growing critical thinkers

Personal motivation

Taking it to the next level

Opportunities – providing lots

Engaged bell-to-bell

Making connections

Knowing when to let go of a lesson

Courage

Teachers thinking outside the box

Students thinking outside the text

Developing a deeper understanding

Collaboration: Teacher to teacher / Student to student

How students are engaged