

Sports Medicine Advisory Minutes
November 17th, 2008
6pm
Cascade High School Training Room

In Attendance: Kirsten Harvey, Carl Fender, Brenda Black, Tracy Theriault, Jaime Ablutz

6pm: Begin meeting

1. Proposal of changing meeting time from 6pm to 6:30 or 7 pm
*Check with Nancy and Ellen to see if this would be a better time for their schedules
2. What topics in the curriculum are on the right track with the current trends in allied health professions?
 - a. Modalities (e-stim, ultrasound, hydrocollator packs, etc.)
 - b. Stretches
 - c. Taping
 - d. Planes (terminology)
 - e. PNF
 - f. Basic Core work

*Suggestion of adding skin checks for skin conditions/infections
2. What are the current trends in Physical Therapy?
 - a. High demand for full time PT's
 - b. Functional Training
 - c. Diagnosis
 - d. Referred pain
3. What are the current trends in Nursing?
 - a. The shortage of nurses
 - b. Tough to get in to programs, but they are needed
4. What are the positives of these allied healthcare professions?
 - a. You feel valued. You're making a change in someone's life, you're making an impact.
 - b. Contributing to the community you live/work in

Last item of business: Would people prefer to meet at 6, 6:30 or 7 for the meeting on February 2nd, 2009?

7:30 pm: Meeting adjourned

Next meeting: Monday February 2nd, Jackson High School Training Room Time TBA