

Culminating Project

Name: _____

Seminar Teacher: _____

Period: _____

Date: _____

Draft: 1 2 3

Part 1 – Proposal Idea

Copy the goal from your Plan that you have selected to use for your project, using ONLY the Timeframe “By the end of high school”.

Goal: I want to be working as a Physical Therapy Assistant by the time I am twenty-five (assist physical therapists in providing treatments and procedures)

Timeframe	Actions	Resources
By end of high school	<ul style="list-style-type: none"> Researching programs to enroll in for physical therapy assistants Finishing my Math and Science classes with an A or B 	<ul style="list-style-type: none"> http://www.bls.gov/ooh/Healthcare/Physical-therapist-assistants-and-aides.htm http://www.scoop.it/t/building-a-plan-for-life-after-high-school

Part 2 – Proposed Action Plan

Create a more *detailed* Action Plan, toward the goal you have selected, using the designated timeframe. The Project

must be completed by: _____ .

Timeframe		Activities	Resources	Evidence
<i>Estimated Calendar Dates</i>	<i>Estimated number of hours to complete</i>	<i>Define in more detail what actions you will take during the course to work toward your benchmark goal.</i>	<i>Detail materials, locations, people equipment, and or costs for activity.</i>	<i>Name what tangible evidence you will have after completing these action steps (photos, notes, charts, emails, letters etc...)</i>
Nov. 1	1 hour	Make an appointment to interview both an assistant and a therapist at Impact Physical Therapy in Lynnwood following up on my initial research and recommendation from PTWA Western WA Director	6101 200th Street SW Suite 208 Lynnwood, Washington 98036 Phone: 425-778-2325 http://impactpt.net/cms/index.php?pid=4 - email option http://www.ptwa.org/	<ul style="list-style-type: none"> • Reflection Log • Copies of emails and notes from interviews
Nov. 2	1 hour	Research online about Impact Therapy and know their staff, structure and generate questions for interviewing both PT and PT assistant Plan end of interview questions related to following up with a job shadow	http://impactpt.net/cms/index.php?pid=1	<ul style="list-style-type: none"> • Research Log

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Nov. 3	1.5 hours	Create a chart of salary options using PTWA resources and those found in the ACT curriculum materials.	Websites that contain salary information from geographical locations around the country include: http://www.wetfeet.com/ the U.S. Bureau of Labor and Statistics www.advanceforpt.com www.wageweb.com/ www.medzilla.com www.payscale.com/salary-survey/ www.salary.com http://content.salary.monster.com/	<ul style="list-style-type: none"> Chart of PT/PTA salary options
Nov. 5	.5 hour	Make an appointment and create questions for the career counselor regarding scholarships that would be available now and where I would find them a year from now if I delayed starting school Benefit or risk of not going on right away	http://nces.ed.gov/das/epubs/2005152/	<ul style="list-style-type: none"> Program list of PT/PTA programs
Nov. 5-6	1.5 hours	Pick 3 programs of most interest and prepare questions for admissions <ul style="list-style-type: none"> Concerning cost Concerning areas I would most be interested working in Concerning career placement after graduation 	http://physicaltherapy.about.com/o.htm?zi=1/XJ&zTi=1&sdn=physicaltherapy&cdn=health&tm=12&qps=470_430_1567_776&f=00&tt=2&bt=0&bt=0&zu=http%3A//www.apta.org/AM/Template.cfm%3FSection%3DEducation%26Template%3D/TaggedPage/TaggedPageDisplay.cfm%26TPLID%3D146%26ContentID%3D40362	<ul style="list-style-type: none"> Questions and answers from admissions
Nov. 7	1 hour	Make a schedule for scholarships I think I qualify for and their due dates. Add to my phone calendar one week prior to their due date.	http://www.everett.k12.wa.us/counseling	<ul style="list-style-type: none"> Scholarship schedule
Nov. 8	1 hour	Meet with career counselor and take notes		<ul style="list-style-type: none"> Notes from counselors
Nov. 9	1 hour	Research scholarships I could use if I started next fall and ones I could apply for if I started a year from now.	http://www.everett.k12.wa.us/counseling	
Nov. 9-11	2.5 hours	Draft a minimum of three scholarship applications making certain to use what I have learned about physical therapy to sound more directed and focused.	http://www.everett.k12.wa.us/counseling	<ul style="list-style-type: none"> Scholarship Applications

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TBD – Target Nov. 12	1.5 hours	Take notes during interview – outline what I need to learn to do either job. If possible – follow up with job shadow.	http://ezinearticles.com/?Will-Volunteer-Experience-Help-Get-You-Into-Physical-Therapy-School?&id=3786487	
Nov. 13	1 hour	Make an appointment with career counselor or English teacher to review and revise my scholarship applications		
Nov. 14	2 hours	Revise scholarship applications based on recommendations		
Nov. 15	.5 hour	Submit my scholarship applications		
Nov. 16	1 hour	Create an outline of steps to apply for student loans; what amount I may need; how much interest I will have to pay back and a repayment plan	<ul style="list-style-type: none"> • http://www.fafsa.ed.gov/ • http://www.direct.ed.gov/student.html • http://www.studentaid.ed.gov/types/loans/subsidized-unsubsidized • http://www.wikihow.com/Pay-off-Student-Loans 	<ul style="list-style-type: none"> • Outline of student loan information and repayment schedule
Nov. 17-18	1.5 hours	Extend my initial research into budgeting: <ul style="list-style-type: none"> • Look into benefit risk of electronic versus paper checks • Determine how to build a credit rating • List out best advice for using credit cards 	<ul style="list-style-type: none"> • http://frugalliving.about.com/od/frugalliving101/ht/Frugal_Budget.htm • Career Ready 101 curriculum • Consumerjungle.com 	
Nov. 19	1 hour	Research and list 10 top money saving tips and savings options	<ul style="list-style-type: none"> • http://www.moneysavingtips.org/ 	<ul style="list-style-type: none"> • Top 10 money saving tips
Nov. 20-21	1 hour	Determine my monthly income if I continue in my part time job – full time for one year.	Manager	<ul style="list-style-type: none"> • Monthly budgets with just living expenses if I am in school
Nov. 23-27	2.5 hours	Create a monthly budget for myself – just with living expenses – then one that would work while in school and then a third of how I would budget when having to start making student loan payments	http://financialplan.about.com/od/budgetingyourmoney/ht/createbudget.htm	
Nov. 28	2.5 hours	Put together in an online folder with a reference page hyperlinked to folders content.		

Part 3 – Proposal Sign-off

☐ Check here if you have submitted your FERPA paperwork. (Please attach proof with proposal)

TO BE COMPLETED BY PARENT/GUARDIAN

As the parent/guardian, I am aware that my student is engaged in completing the Culminating Exhibition as part of the graduation requirements for the Everett Public Schools. I approve of the project proposed on this form. I also understand that I and my child assume risk for work the student chooses to do outside of school and we waive our right of recovery or to bring suit against the district for any injury, death, property damage or other consequences arising out of participation in these activities. In no way does signature below waive any rights to file a claim for damages or injury resulting from the District's sole negligence.

Students Name: (Print)			ID #:	
Student's Signature:			Date:	
Parent's Signature:			Date:	
Parent's Name: (Print)		Email:		
Home Phone:		Address:		
Work Phone:				

I prefer to be contacted at: (Please check) ☐ home ☐ work ☐ by email