# Lesson 4 My Values and Place in the World

## **Teacher Resources**

Resource	Description
Teacher Resource 4.1	Guide: Volunteering
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# **Guide: Volunteering**

This resource will help you to prepare the necessary resources and opportunities for your students to participate in a volunteer activity. Volunteering is a key component of this course, and you are encouraged to adjust the suggestions in order to make this a successful experience for your students.

# **Step One: Choosing Volunteer Options**

Ideally, students should have multiple volunteer opportunities from which they can choose based on their schedules and interests. However, finding opportunities that are appropriate for students can be difficult. For that reason, many schools have adopted an "on-campus volunteering" approach, as described below.

# Developing an On-Campus Volunteer Opportunity

Some students may have difficulty arranging an off-campus volunteer opportunity because of their schedules or transportation issues. English learners may face additional challenges because of potential communication issues with outside volunteer organizations. For that reason, offering an on-campus volunteer opportunity can help students complete this assignment. It can also be a powerful experience to help students recognize the impact they can have on their school community.

Some schools have successfully implemented a "school clean-up day"; identified another class they can "adopt"—for example, a class at a local elementary school; or tackled a particular on-campus task, such as repainting the bleachers. Working in a school garden or serving as volunteer tutors to struggling students are other good on-campus choices.

Depending on the school's location, a field trip within the community can be another successful approach—for example, a beach or trail clean-up day.

Consider teaming up with other teachers to coordinate one or more on-campus volunteer events; depending on the number of students involved, you may need additional adult supervision. Make sure to get permission from the principal or school administrators before promoting these events. You can also consult with your principal to find out what needs the school has that the students could address.

### **Off-Campus Opportunities**

There are many volunteer opportunities throughout the United States. With a little research, you should be able to find some local opportunities that are appropriate for your students. Use the websites listed below, explore local resources, or ask parents and colleagues for suggestions.

#### Online Volunteer Resources

- Do Something (<a href="http://www.dosomething.org/volunteer">http://www.dosomething.org/volunteer</a>)
- "Volunteer Opportunities for Teens" at About.com (http://teenadvice.about.com/cs/volunteering/)
- "10 Great Volunteer Ideas for Teens" at FamilyEducation.com (http://life.familyeducation.com/slideshow/volunteer-work/29594.html)

Serve.gov (<u>http://www.serve.gov/</u>)

# **Step Two: Determine Assessment**

The volunteer assignment is more effective when it is assessed. That communicates to students that this is an important component of the course, rather than something optional that can be skipped. However, different teachers prefer to assess the volunteer activities in different ways. Here are things to consider when determining how to assess your students' volunteer activities:

- Time commitment (e.g., a three-hour beach clean-up on one day vs. an ongoing, three-hours-per-week commitment to tutoring elementary school students)
- Effort (e.g., did the student show up on time? Participate fully in the activity?)
- Reflection of personal values (e.g., did the student choose something that is meaningful to him? Or did he just sign up for the easiest option?)
- Proof of participation (e.g., did you see the student complete the activity? If not, what proof does the student offer—a note from a supervisor, photographs, etc.?)

Many teachers find it helpful to have students complete a post-volunteer report. This could range from a simple worksheet with questions on it to having students write a reflective essay. In any case, the post-volunteer report should guide students to think about what they learned from the experience as well as how they might be able to see volunteering play a role in their future lives.

Some teachers prefer to assess students solely on the basis of the post-volunteer report, while other teachers give one grade for completing the volunteer work and a second grade for the report. You can give a letter grade, provide assessment criteria, or grade on a credit/no credit basis, depending on your students and your circumstances.

In any case, it is important to make these decisions about assessment before introducing the assignment to students. If you do plan to grade using assessment criteria, make sure to show those to students during this lesson.

# **Step Three: Create a Student Resource**

Before this lesson begins, create a student resource, to be distributed during Class Period 1. Make sure to include the following information:

- A description of each volunteer opportunity
- Contact information/how to sign up
- Location (address, etc.)
- \_ Date/Time/Schedule
- Any specific guidelines (for example, some opportunities may require permission slips, students may need to meet a minimum age requirement, or students may need to have a certain academic standing in order to miss class or serve as a tutor)

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Also	make	sure	to tell	students:
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- \_ How their work will be assessed/how this will affect their grades
- A final due date (when they need to have completed their volunteer work and/or written their report)

# **Assessment Criteria: People Who Love What They Do**

Student Names:					
Date:					
Using the following criteria, assess whether students met each one.					
	Met	Partially Met	Didn't Meet		
The responses are based on a careful reading of each profile.					
The responses indicate a good understanding of what each character values.					
The responses clearly describe the connection between the character's values and choice of work.					
All responses are neat and use proper spelling and grammar.	0				
Additional Comments:					

# Key Vocabulary: My Values and Place in the World

These are terms to be introduced or reinforced in this lesson.

Term	Definition
adaptable	Able to change to fit the situation.
attribute	A personal characteristic or quality.
cause	A series of actions toward a particular goal; something that a group supports or fights for.
charity	An institution or an organization set up to help those in need.
collaboration	Working with someone else or other people to produce or create something.
community	A group of people living in the same area; can also mean a group of nations or a group with the same interests, as in "global community."
community service	An act by a person or people that benefits a community.
cooperative	Willing to adjust to differences with others in order to obtain agreement.
curious	Inquisitive; prone to investigating; searching.
decisive	Characterized by the ability to make decisions quickly, firmly, and clearly.
devoted	Characterized by the giving of one's time or committing oneself for, on, or to a certain matter (e.g., "devoted to a cause").
donation	A voluntary gift, usually of money or service, to a cause.
efficient	Skilled in making good use of time and avoiding wasted time and effort.

Term	Definition
empathic	Showing understanding for another's emotions and feelings.
entrepreneurial	Having the qualities of a person with new business ideas and the willingness to take risks to launch them.
flexible	Able to adjust easily to new conditions.
frugal	Economical; avoids wasting money and other resources.
give back	To do something to help a community or a cause.
indecisive	Characterized by the inability to make decisions easily.
introspective	Thoughtfulness about your own situation and feelings; characterized by inward-looking, quiet manner.
motivated	Energized and goal-oriented.
mural	Artwork painted directly on a wall, ceiling, or other large permanent surface.
novelty	Something that is new, fresh, unusual, or original.
nurturing	Caregiving and protective of others.
observant	Able to pay close attention, especially to details.
open-minded	Willing to consider new and different ideas or opinions.
optimistic	Expecting the best in all situations.
organic	Grown or raised without synthetic fertilizers, pesticides, or hormones.
permaculture	A system of sustainable agriculture that renews natural resources and enriches local ecosystems.

Term	Definition
persistent	Characterized by a refusal to give up; determined.
personality	The set of traits and characteristics that describe an individual's temperament and typical way of being in the world.
prosthetic	An artificial body part.
punctual	Prompt or consistently on time.
random acts of service	Informal, unprompted, and usually anonymous efforts to help individuals or to improve the community.
reliable	Trustworthy; can be counted on.
self-esteem	How a person feels about or values himself or herself.
spiritual	Concerned with sacred matters or deeper issues of the soul; sometimes refers to religiousness.
studious	Enjoys pursuit of academic learning; diligent.
talent	A natural ability in some field or activity.
values	What a person holds dear, such as beliefs, ideas, certain possessions; ideals in which one is emotionally invested or uses as a guiding principle for behavior.
volunteer	Unpaid service or assistance to help a cause.
volunteerism	The practice of people working on behalf of others without being motivated by financial or material gain.

# Bibliography: My Values and Place in the World

The following sources were used in the preparation of this lesson and may be useful for your reference or as classroom resources. We check and update the URLs annually to ensure that they continue to be useful.

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