

Preparing for the Transition to Kindergarten

PK Parent Information Session at PK Sites

Goals:

- **Provide parents with information on importance of school-readiness skills (academic, social and self-management)**
- **Provide parents with materials and resources which promote school-readiness skills at home**
- **Establish positive connection between parents of incoming kindergarten students and the public school**
- **Encourage early registration to kindergarten**
- **Strengthen ties between pre-kinder providers and the public school—promote academic focus in PK**

Session Agenda:

1. Introduction
 - a. Purpose of the session
 - b. Identifying your family's public school
 - c. Five years old on August 31st
 - d. Kindergarten Registration dates, windows
 - e. Kinder Orientations at individual schools
 - f. We will provide Q&A at the end of our talk
2. Preparing Your Child For Kindergarten
 - a. Handout: *Widely Held Expectations*
 - b. Handout: *What Parents Can Do to Prepare Children for Public School*
 - c. Handouts:
 - i. *The Right Kind of Early Praise*
 - ii. *Promoting Willpower*
 - iii. *Web-based resources*
3. A Typical Day in Kindergarten
 - a. What do students do, and what social/emotional skills are needed to function successfully in this environment
 - i. Handout sample schedule
 - ii. Arrival and routines
 - iii. Stamina for academic success
 - iv. Social interactions, problem solving skills, deferred gratification
4. Questions and Answers