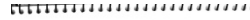


Name \_\_\_\_\_ Date \_\_\_\_\_ Period \_\_\_\_\_



### SPIES Visual Assignment

**Your Task:** Create a visual or schematic to illustrate and communicate your understanding of what Total health and Wellness looks like in each of the SPIES areas.

Final product must contain:

- ☐ All 5 areas of total health (the SPIES) illustrated and represented
- ☐ Image should communicate definition of area of total health
- ☐ NO Pencil and colored

Name \_\_\_\_\_ Date \_\_\_\_\_ Period \_\_\_\_\_



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