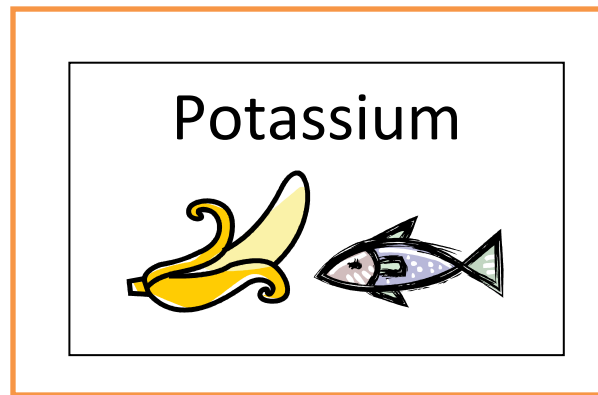


## Nutrient Study Activity

Directions: Your task is to create flash cards with the name of the vitamin, mineral, or nutrient on the front with a picture of a 2 good sources of food that contain it and the function in the body on the described on the back of the card.

FRONT



BACK

