

At the beginning of the year please visit these links:

<http://www.eatsmart.org/>

Click on the Free Resources Tab and order a set of food models and at least 4 choose my plate wheels. You can ask fellow teachers in your building who do not teach health if you can use their \$20 allotment so you can get the resources you need prior to the nutrition unit.

Schedule **"The Inside Out Organ Show"** at:

<http://washington.providence.org/hospitals/regional-medical-center/classes-and-resources/inside-out-the-original-organ-show/>

Also set-up guest speaking times with:

School Drug and Alcohol Intervention Specialist
School Resource Officer