



Parenthood

Child Development Class
Mrs. Gudgeon

What Changes Come With Parenthood?

- Parenthood begins with having a child by birth or adoption.
- Changes that occur are a change in lifestyle
- New Responsibilities
- Emotional Adjustments
- Changes in Relationships
- Changes at Work

SWBAT *examine possible demands of parenting and become informed on how a person could make a smooth transition into parenting.*

Rewards of Parenthood

- Many joys are brought by parenthood
- There is nothing quite like a baby's first smile or hearing a three year old say "I love you".
- Parents are able to see the world differently through their child's eyes as they discover it.
- Raising children can give parents a great sense of accomplishment.

Making Decisions About Parenthood

- You must have a clear picture of what parenthood is before you decide to become a parent.
- You need to realistically ask yourself if you are ready for parenthood.
- You must have emotional maturity to be able to handle the changes that parenthood brings.

Emotional Maturity in Parenthood

- You must be able to say that you are emotionally secure enough to be able to devote your entire attention to an infant without receiving any attention in return.
- If you have any doubts, it may be best to postpone parenthood.

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Unsound Reasons for Parenthood

- Our marriage is in trouble. Having a baby will not solve your problems.
- A baby is someone who will love me and belong to me.
- I feel like I'm nobody. Being a parent will make me somebody.
- I want someone who will take care of me when I'm old.
- Our parents want grandchildren

Sound Reasons to Become a Parent

- Having children will add depth to our relationship, which is already strong.
- I want to give a baby my care and love.
- I feel good about myself and believe that parenthood will be a rewarding experience.
- I want to experience the special bond between parent and child, which lasts a lifetime.
- I love children, and I want to be a parent.

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Management Skills for Parenting

- Whatever the decision, parents will need good money management skills, as well as managing other resources.
- Set goals
- Identify resources
- Make a plan
- Put the plan in action
- Reevaluate from time to time

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Please answer the following questions on a separate sheet of paper in complete sentences.

1. Which of the changes caused by parenting do you think is the biggest? Explain
2. How can parents-to-be prepare for the changes brought on by parenthood?
3. Why are the negative emotions of parenthood hard to accept?
4. What impact can having a child have on a working parent?
5. Use your own words to define emotional maturity.
6. Why is "Our parents want grandchildren" an unsound reason for having a baby?
7. List the five steps of being a good manager.