## Parenting styles

Mrs. Gudgeon Child Development

### Types of Parenting Styles and Outcomes

Most parents can be classified into three main types by the style in which they guide their children. As we discuss each, think about where your own parents fits most appropriately. Do each of your parents use the same style? Do you fit the outcome?

#### Authoritarian/Dictator: Limits without Freedom.

- Definition:
- Parents' word is law, parents have absolute control.
- Misconduct is punished
- Affection and praise are rarely give
- Parents try to control children's' behavior and attitudes
- They value unquestioned obedience
- Children are told what to do, how to do it, and where to do it, and when to do it.

## Some Common Characteristics of Children Parented by the Authoritarian/Dictator Style:

- Obedient
- Distrustful
- Discontent
- Withdrawn
- Unhappy
- Hostile
- Not High Achievers
- Often Rebel

### Some Common Outcomes from the Authoritarian/Dictator Style:

Children from authoritarian homes are so strictly controlled, either by punishment or guilt, that they are often prevented from making a conscious choice about particular behavior because they are overly concerned about what their parents will do.

#### Permissive/Passive: Freedom without limits.

- Definition:
- Parents allow their children to do their own thing.
- Parents make few demands on children.

- Parents are resources rather than standard makers
- Rarely punish
- Non controlling, non-demanding
- Usually warm
- Children walk all over the parents

## Some Characteristics of Children Parented by the Permissive/Passive: Freedom without limits

- Aggressive
- Least self—reliant
- Least self-controlled
- Least exploratory
- Most unhappy

# Common Outcomes of Children Parented by Permissive/Passive Style

Children from permissive homes receive so little guidance that they often become uncertain and anxious about whether they are doing the right thing.

### Authoritative/Democratic: Freedom within limits.

- Definition:
- Middle ground style
- Stress freedom along with rights of others and responsibilities of all
- Parents set limits and enforce rules/boundaries
- Willing to listen receptively to child's requests and questions.
- Both loves and limits
- Children contribute to discussion of issues and make some of their own decisions
- Firm control when necessary, but explain reasoning behind it.
- AT us Respect children's interest, epinions, unique personalities.

## Common Characteristics of Children Parented by the Authoritative/Democratic Style:

- Happy
- Mostly self-reliant
- Mostly self-controlled
- Content, friendly, generous
- Cooperative
- ·High-achiever'
- Less likely to be seriously disruptive or delinquent

# Common Outcomes in Children Parented by the Authoritative Style:

Children whose parents expect them to perform well, to fulfill commitments, and to participate actively in family duties, as well as family fun, learn how to formulate goals. They also experience the satisfaction that comes from meeting responsibilities and achieving success.

#### Group Work

- In groups of three or four have student develop a case study or story that fits each parenting style.
- Have group pass their stories to other group and have them read them to see if they can identify the parenting style.

#### **Exit Task**

How do each of these parenting styles foster or hinder the self esteem of children? Explain