| name | Date | Period |
|------|------|--------|
|      |      |        |
|      |      |        |
|      |      | 7 )    |

# **Motor Development Posters**

**Motor development** is the area of child development that considers the child's control of their body parts. (Motor development=Physical development)

Motor Coordination- refers to controlled and balanced movement of body parts.

## There are two directions in which motor development takes place in children-

- 1. Motor control from the head downward (i.e. baby controls head first, torso second, legs last)
- 2. Motor control from the center of the body outward (i.e.- baby rolls controlling chest and trunk before arms and legs)

#### Patterns of control of muscles:

- 1. Gross motor control (able to control muscles of legs, arms and body)
- 2. Fine motor control (able to manipulate hands, fingers, eye-hand coordination)

#### Gross Motor skills include:

-walking-climbing-pulling-pushing-riding trikes

-playing with large objects like: balls, boxes, and blocks

# Fine Motor Skills include:

-placing pegs in slots -eating with a spoon

-coloring -painting

-cooking, mixing, stirring -putting puzzles together

(any activity that involves use and control of small muscles. Especially fingers and hands.

### **Assignment-**

- 1. Make 2 posters (normal size 8.5 X 11 is fine) each containing 6-8 pictures
- 2. One poster for fine motor skill examples
- 3. One poster for gross motor skill examples
- 4. Drawn or collage by magazine
- 5. Labeled and colorful