

Name _____ Date _____ Period _____

Pregnancy Unit Quiz

Please write the letter that best represents the stages of labor in FRONT of the number.

Stages of Labor

A. First Stage

B. Second Stage

C. Third Stage

- ___ 1. Involves little or no discomfort.
- ___ 2. Episiotomy may be performed.
- ___ 3. At the beginning of this stage, contractions are about 2-4 minutes apart.
- ___ 4. Relaxation is important to prevent muscles from tightening.
- ___ 5. Mother may be asked to bear down to help baby along.
- ___ 6. Shortest stage
- ___ 7. Baby moves down into the lower pelvis and into position for birth.
- ___ 8. Near the end of this stage, contractions are strong and frequent.
- ___ 9. Longest stage
- ___ 10. Baby is born
- ___ 11. Uterus contracts to deliver placenta
- ___ 12. Cervix dilates and becomes thinner

13. Please list **FOUR** signs/symptoms of pregnancy

- 1.
- 2.
- 3.
- 4.

14. Please list **FOUR** considerations for expectant MOMs to be Careful of.

- 1.
- 2.
- 3.
- 4.

T/F- Please put a T or F in FRONT of the number of the statement.

- ___ 15. A baby always starts out as a Zygote.
- ___ 16. After being a Zygote the next stage is the fetus stage.
- ___ 17. A full term pregnancy is 36 weeks.
- ___ 18. The first three months of a pregnancy is where all the vital organs are forming.
- ___ 19. Pregnancy is broken up into quarters.
- ___ 20. By the ninth month the mother gains a pound a week.