# Module 2 Child Growth and Dev

Child Dev Class

# **Learning Target**

The Student will recognize that development is a continuum with identifiable basic milestones.

#### **Essential Question**

What are the basic milestones in child development and growth?

#### **Discussion Questions**

- 1. What is a continuum?
- 2. What are milestones and why are they important?
- 3. What are red flags?

#### **Development-**

Refers to the gradual and predictable process of increasingly complex changes that occur over the course of a lifetime.



#### **Growth-**

Differs from development in that it usually means an increase in size or physical maturation--not an increase in the complexity of changes.

## **Child Development Stages are**

Infants: 1 to 12 months

Toddlers: 1 to 2 ½ years

Ages 4 to 5 years

First grade--about age 6

Second grade--about age 7

Third grade --about age 8

# Development is also separated into Domains

- Emotional
- Social
- Intellectual
- Physical and Health

These domains are simply a way to focus on different areas in which children are developing.

#### **Child Development Continuum**

A continuum is a continuous sequence or progression. A developmental continuum outlines the predictable order, or expected progression of skills.

#### Development

- Moves from general to specific
- from large to small
- simple to complex
- concrete to symbolic

For example, children's first drawings of people are very simple-usually head with arms and/or legs. Over time they are more detailed.

## **Red Flags**

- Are warning signs that development may be delayed or atypical. These red flags are noticed when children don't meet the milestones as expected.
- Red flags are a cause for action but not alarm!