



High School & Beyond Planning — News & Information

November 2016

12th Grade

Resources & Support Services in College

There are many resources to help students transition to college and get personal, health, financial, and academic support. In many families, this child may be the first person to go to college. Colleges know these students--sometimes referred to as **first-generation**--may need more support and have programs designed just for them.

One program is called **TRiO Student Support Services Program or TRiO SSS**. In Washington State, 26 institutions offer TRiO — at both community colleges and four-year schools-- to help students who are low-income, first-generation or have disabilities. TRiO SSS focuses on making sure students have the social and emotional support they need to finish school. It also provides tutoring, teaches study skills, and offers academic counseling. Students also get help navigating the college system, like how to register for classes, access financial aid, and secure housing. Students are also welcome to participate in a variety of social and cultural events designed to help them build a supportive social network on campus.

Another great program is called **CAMP or College Assistance Migrant Program**. It helps students who are migratory or seasonal farmworkers (or children of these workers) during their first year at college. They can get free services like counseling, tutoring, skills workshops, financial aid stipends, health services, and housing assistance.

Campus **disability service offices** ensure equal access to educational programs and services by providing consultation on accommodations (placement testing, classroom, assistive technology, and more) for students with disabilities who are otherwise qualified for college.

Many schools offer a program called **First Year Experience**, which can help students transition to college throughout their first year. It is free and open to all.

There are also **free tutoring** and **writing centers** as well as **career counseling** and **academic advising** for students at all schools. Schools often have a **mental health counselor and health facility** on campus. Check out what supports are available at your college's website. Some programs may require an application.

Source: [Washington Student Achievement Council](#)



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resources

• [Naviance Test Prep](#)

SAT 2016

AP Biology
AP Calculus AB
AP Calculus BC
AP Chemistry
AP English Language & Composition
AP English Literature
AP Environmental Science
AP European History
AP Human Geography
AP Macroeconomics
AP Microeconomics
AP Physics 1
AP Physics C: Electricity, Magnetism, and Mechanics
AP Psychology
AP Spanish
AP Statistics
AP US Government & Politics
AP US History
AP World History

Did You Know?

Did you know that high school students may be able to get credit for a language, other than English, that they already know? Learn how through the **World Language Credit Program** at:

www.k12.wa.us/WorldLanguages/StudentsEarnCredits1.aspx

Source: [Washington Student Achievement Council](#)