



High School & Beyond Planning — News & Information

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9th GRADE STUDENTS

Extracurricular Activities Matter- To You and To

Colleges!

Getting involved in clubs, sports, work, or other pursuits outside the classroom can give you new skills, help build your self-confidence and self-esteem, and be fun! In addition, extracurricular activities can play a role in college admission and scholarship applications.

Extracurricular activities also play a role when you apply to colleges. Most college applications ask about activities. That is because the things that a student does outside the classroom show what he or she is passionate about. Colleges want to know more about students than what their grades and test scores can tell them. What you do in your free time can showcase important personal qualities.

For example:

- Serving in student government shows leadership skills.
- Being on the track team through high school shows long-term commitment.
- Doing volunteer work at a hospital shows dedication to helping others.
- Working a part-time job while keeping grades up shows responsibility and time-management.

The number one rule for extracurricular activities for students: **DO WHAT YOU LOVE (or at least what you are interested in)**. Freshmen and sophomores should try out many different activities to get a taste of what they enjoy, and then focus on a few key activities (perhaps even taking a leadership role) during the rest of high school.

Sources: [BigFuture](#), [Admission Possible](#), [Oregon GEAR UP](#)

Check online at your school to see the activities available!

[EHS Activities](#)
[CHS Activities](#)
[JHS Activities](#)



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It's **SCHOLARSHIP**
season!!

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Did You Know?

There is no way to predict what activities will impress college admissions folks. **What counts is how you are able express what your chosen activities mean to you.**

Source: [Admission Possible](#)