

PARENT MEETING AGENDA

The following information needs to be given to parents/guardians at a pre-season meeting. The order of the presentation is not critical but the information is. Have parents sign-in to show they attended the meeting and keep it in your files. Notify your building administrator of when your meeting will be held and then provide a quick, verbal summary of the meeting after it is complete.

Philosophy of Interscholastic (Educational) Athletics

Winning is important but is not the end all for HS/MS programs

Reasons why students play sports – Parents need to know which one their kids choose. Social aspect – it is fun to hang out and play the game

- Competitive aspect
 - o Parents should adopt athletes reason for playing

Value of sports – life lessons learned whether starter or non-starter

Participation is a PRIVLEDGE not a RIGHT

Goal is participation, skill development and matching by ability

- Leveling similar to all other educational programs
 - o Exceptional math student or talented band student moved to higher levels; not based on grade or age but rewards ability...same in athletics

Expectations of Athletes and Families

Athletic Code

- Athletic fee due before first contest. Parents talk to building AD if concerns.
- In effect 365 days/year
- No use of drugs, alcohol, tobacco
- Attendance at functions where underage use taking place same as using
- Must pass all classes at each grade check
- Students must be enrolled in minimum of 5 HS classes or 6 MS classes
- Students must pass minimum of 5 HS classes or 6 MS classes in previous semester or serve probation
- Students must attend all scheduled classes to be eligible for practice or game. Exceptions can be made with building athletic director only.
- Students must represent school, team, and self to highest standard
 - o Respect for all in school – no bullying
 - o Be a school leader

Safety Guidelines – Read the form to the families so they know what they signed

Parent Communication Form – Point out highlights

Roles of Athletic Program Members

- Conflicts occur when a member of one group tries to assume different role (parent as official or coach; player as coach or official; coach as parent or official)
 - o Athletes – primary focus of the program
 - o Coaches – professionals who implement the program
 - o Officials – professionals who administer the contest
 - o Parents – supporters of players (not just their own) and program

Expectations of Parents/Fans

- Sportsmanship
- Support for all athletes and coaches from all teams
- Address concerns head-on and privately rather than complaining in the stands
- Treat officials with respect. They are not perfect and will make mistakes just like the kids, coaches and parents. Officials associations are looking for new members if they feel they can do it better.

Team Rules/Expectations

Health and Safety

MRSA

- Keep cleanliness a focus. Tell athletes to wash clothes and shower regularly. Do not share clothes or towels.
- Football coaches should have players spray down helmets/shoulder pads weekly with bleach solution (Saturday morning or Friday night so it has weekend to dry).

Injury

- Athletes need to report all suspected injuries
- If see a doctor for an injury and he/she prescribes no activity, the doctor must provide a release to return to play
- Athletic trainer may override release to return to play if they deem the injury will not allow full activity without additional damage

Concussion Awareness/Sudden Cardiac Arrest (ALL SPORTS)

- Handouts/educational information for parents
- Discuss signs and symptoms of both health issues
- Remind parents that if suspect symptoms, get care from physician.
- Concussions:
 - o Only a physician or certified athletic trainer can release an athlete to play
 - o Athletic trainer can override return to play release
 - o Second Impact Syndrome serious and dangerous. Don't chance it.
- Show videos from WIAA website

Inform of athletics website (<http://www.everettsd.org/Page/199>)

- **Electronic eligibility forms now online beginning for both MS & HS**
- Includes educational information
- Includes eligibility information
- Includes college eligibility information
- Includes way to evaluate coaches/program for coach improvement

Other team related items

******HS parent meetings only******

Contest Information

*Game Schedule

- Wescoathletics.com
 - o Provides electronic notification when games cancelled
 - o Address of game site typically listed
 - o All schools in Wesco use website
 - o Handout on how to sign-up

*Transportation Guidelines

- No bus for games after 4:15PM within district and Mariner, Kamiak, Glacier Peak (JHS), Lynnwood (JHS)
- Drop only bus before 4PM to same locations above.
- Schools may choose to pay for these trips

*Admission Prices (if applicable)

- League contests
 - o Adults \$6/\$3 students
 - o May purchase 10-punch card for \$45 at school or contest
 - o Punch card good for 10 free admission to all in-district league events/\$3 discount on one adult admission at regular season WESCO events
- Post-season
 - o Nearly all sports charge admission to post-season events
 - Exceptions are golf, cross country, bowling, tennis
 - o \$7 adult/\$4 student with ASB
 - o Prices increase for state level events
- Proceeds support athletic programs and cover staff and equipment costs to put on the events

***Everett Memorial Stadium events** (Football, soccer, track, EHS baseball)

- Spectators enter from south parking lot only. Exception is varsity football where north entrance can be used.
- Exit from south parking lot that goes behind grandstand will be available after varsity football games
- Strongly encourage all to turn right onto Broadway then right to 41st street for easier exit and ease congestion